Southeast Unitarian Universalist Winter Institute in Miami



Charles Somervill. Director 2012-2013

beyond the end of the world **Director's Greeting:** SWIM2012's theme is: "Beyond the End of the World"

Hi! My name is Charlie Somervill. I have been going to SWIM off and on for over 35 years. Obviously there is something I love about this magical community that keeps me coming back. If you have never been, I highly suggest you come down and check it out for yourself to see what I mean. If you have been away for years and have forgotten, well come on home and we'll help you remember the magic.

This year the theme is "SWIM beyond the end of the world." That was sort of a no brainer considering the Mayan calendar has our destruction slated December 21st. I've been in direct communication with ancient Mayan Gods, and anyone who goes to SWIM this year will get at least a temporary reprieve. In fact all of South Florida will survive at least until the beginning of 2013 so that SWIM can happen!

Seriously though, about the theme, there has been hype for years about the world ending in 2012. But there has been hype about it ending before. Personally I think we are going to survive this one too. "SWIM beyond the end of the world" is about new beginnings. Let us destroy our worlds together so that we can build a new and better world for ourselves. Come to South Florida this winter and let us work on creating a new world together.

Charles W. Somervill, SWIM Director 2012-2013 (maybe--if the Mayans were wrong.)



President, Ellė

SWIM Board President's message:

I found this greeting very difficult to begin. How to describe SWIM. I've been at SWIM for almost 40 years. For me, the New Year Bell tolls at SWIM. The old year has its 'wake before death' at SWIM. Through good years and bad, SWIM holds me close.

SWIM is a small, intimate gathering - close to the earth. A week of storing up good feelings, spectacular moments, profound insights. Some of my best times have been at SWIM: creating friendships that become lifelong - creating memories that I hold most dear - creating order out of chaos. We take time to explore the meaning of life, evaluate the expiring year and plan another. We take time, get to know one another and ourselves.

So – I'm not going to tell you what SWIM is. Or explain why I travel every year to southern Florida for a week in the winter, sailing on warm oceans, camping in air-conditioned cabins on the edge of the Everglades. Come experience SWIM for yourself. Come. Begin 2013 in the close embrace of SWIM.

Ellé Long (Eleanor P.), President of the SWIM Board, 2011-2012

First-Timers

Yes, SWIM is one of the best bargains for enjoying Florida in December, but it's so much more than that. If this is your first SWIM, you'll be tempted to sign up for trips and workshops in every time slot. Resist! You don't need every time slot filled. You'll want to allow time to just hang out and enjoy the wonderful people who are a part of the SWIM Community. Spontaneous gatherings are likely to occur at any time to chat, play or listen to music, create a trip not in the schedule, go around the block for sticky buns, or just spend time getting to know one another. For your first SWIM, try to limit yourself to 5 to 6 trips and workshops so you can relax. You're learning and playing with new and old friends, after all.

Health Concerns

Please use common sense about hand washing, pacing yourself, getting enough sleep, limiting sun exposure, and drinking water. SWIM is more fun when you are healthy!

SWIM makes every effort to provide a healthy, safe environment, and some of our staff are familiar with basic first aid. Our first aid and safety coordinator, will address these issues. However, we are not in a position to support someone with serious illness. We cannot supply nor prescribe medication but there is a pharmacy nearby. There is a hospital to which we can refer and transport you if necessary. You must have your own insurance. Should you have any condition requiring emergency medication, please be sure you have such medication with you on site and on trips. Inform companions and trip leaders of the whereabouts and use of such medication in the event you are unable to do so. Minors with special medical needs must carry on their person and provide staff a copy of pages 2-4 of our registration forms showing medical needs and information.

Your SWIM Board of Trustees

Ellé Long, President, At-Large Trustee thru 2012 Pete Leary, Past Director 2010-2011 <u>swimdirector1011@swimuu.org</u> Charlie Somervill, Director: 2012-2013 Doug Hughes, Treasurer Kerry Keys, At-Large Trustee thru 2014 Laura Hadden, At-Large Trustee thru 2014 Candy Gayle, Florida District Rep thru 2014 Alex Gale, Teen Rep thru 2012

Volunteer Responsibilities:

We are an all-volunteer organization.

Every person, ages 13 and up, volunteers to do at least one job. This reduces the cost of SWIM, and working together helps to build our treasured sense of community.

Each adult signs up for ONE volunteer shift serving before, helping with Serendipity or the New Year's Eve festivities. Volunteer jobs are a great time to socialize while getting the work done. When you register, you'll see a place to indicate your volunteer preferences on the registration form.

We will do our best to give you the jobs you ask for on a first-come basis. Pre-registrants will have a better chance of getting their choice since our Sup Vol Sup tries to complete a schedule for volunteers before SWIM. You can also volunteer for any job that you see needs doing. There's no limit to the number of helpful things you can do. Also, there's no limit to the thank-you hugs we can give.

Please keep in mind that staff members serve at the information table and **are all** volunteers, too! More information online.

Let's work and play together!

Your SWIM Staff As of press time, some staff positions are still open (TBA). If you are qualified and interested, please contact director and apply. Director 2012-2013. Charlie Somervill, director@swimmuu.org Ms. Information/website/slideshow, Mary Ann Somervill info@swimuu.org Chaplain, Rev. Dr. Morris Hudgins Registrar & Carpool, Jerry Elsenrath, 8708 N. Lynn Lane Tampa, FL 33604-1316 registrar@swimuu.org Community Day, Phoenix Cockerham & Nancy McDermott SWIM Store, TBA Mugbook, Vonnie Hicks, mugbook@swimuu.org Auction, Nancy McDermott Equipment, Bob Jacober, Stuart Dodd Health & Safety, Dotti Doyle Karma Monitor. Phoenix Cockerham Serendipity Music. TBA Serendipity Concessions, Chris Woodard Workshop Coordinator, Phoenix Cockerham workshops@swimuu.org SWIM NUUS, Kat nuus@swimuu.org

Outdoor Adventures Cocoordinators,

Mark Harris and Laura Hadden outdooradventures@swimuu.org **Outdoor Adventures Staff**, Mark Harris, Marc Robinson. Laura Hadden & Ernie Wilson Van/shuttle Coordinator, Marc Robinson shuttle@swimuu.org First Timers and Welcoming, TBA Christmas Dinner, Janice McArthur xmasdinner@swimuu.org 12/25 Home Hospitality, Bob Jacober 305-234-0610 homehospitality@swimuu.org **YA Coordinator, TBA** youngadult@swimuu.org Youth Program Coordinator. Kathy Smith, youth@swimuu.org Youth staff, 2-TBA Teen Program Co-coordinators, Kerry Keys, Rachel Stevenson, teens@swimuu.org Teen Staff, 2-TBA Campfire Music, SONiA Campfire Keeper, Stuart Dodd Sup Vol Sup, Jean McCauley 4 Vol Sups, TBA Kitchen Goddess & Manager, Sharon Zens Kitchen staff: Cory Cockerham, Jim Woods & 4 TBA

Camp Owaissa Bauer

Go to www.swimuu.org for camp photos.

Accessibility

Camp Owaissa Bauer is generally flat, with paved walkways between buildings. There are four handicapped-accessible cabins with lavatory in the cabin, and the dining hall building and bathhouse are handicapped-accessible as well.



Youth Program (Ages 3–13) Parents/guardians of youth at SWIM <u>MUST</u> attend a brief Orientation Meeting in the youth room at 7 p.m. on Registration Day.

Programming for the SWIM children is a flexible combination of play, art, hugs, adventure, music, stories, nature activities, with field trips, beach day, fruitpicking, and even a wildlife hunt. Youth gather at 9 for morning activities, which run until noon. Afternoon activities go from **1 p.m. to 4 p.m.** A guardian is expected to pick up and sign out their youth at noon and at 4pm. There is a parent co-op available for time outside of Youth Programming.

Parents are encouraged to join us for youth activities and trips, and children are welcome to join parents for many workshops and outdoor adventures as well. Sturdy shoes are a must for the safety of our children, and play clothes that can get dirty will give children freedom and comfort to enjoy the activities.

Feel free to contact our Youth Program Coordinator, **Kathy Smith at youth@swimuu.org** with any questions. Watch for additional information in the Confirmation NUUS which will be sent to all pre-registrants.

Florida state law states... Parents must provide car seats for children ages three and under.

Child care Co-op Parents and/or guardians are encouraged to work cooperatively on child care outside of the Youth Program hours. Children must be in the care of an adult at all times, but it need not be their parent or guardian. We suggest you make time on Registration Day to arrange an informal schedule of child care so that all children are cared for, and all adults have the opportunity to participate fully in SWIM activities.

Families

Parents and guardians of young children (and individuals offering child care outside of the regular youth program schedule) should take the opportunity to meet one another on Registration Day during and after the 7 p.m. mandatory Youth Program Orientation in the Youth Room. Families with young children are housed in the same area, which provides families the opportunity to arrange bedtimes, share and coordinate late-night child care, and possibly hire care during times when parents are not able to be present outside of the youth program schedule. Although SWIM does not provide specific programs for youth under the age of 3, there are usually people willing to volunteer to provide a child care break for parents of very young children.

There are lots of activities to do together and separately each day. We work hard to avoid conflicts and make all of our programs work well for families. Here are a few examples.

The youth program starts each day at 9am with a half-hour transition time. Parents may stay for this time and still attend the morning workshops.

Many trips during the week are ideal for families. Although it's good for all youth to have some time on their own, parents are encouraged to join some youth program activities.

Time without parents is more significant for teenagers who are establishing their own separate identity among their peers and in the larger society. Parents who want to spend more time at SWIM with their teenagers should ask their teenager to help pick out a trip or activity during the week that they can do together. *All parents and guardians of teenagers should also set a specific time each day to touch base (not just wave at) with their teenagers.*

SWIM Guardians

If you chose to become a temporary guardian for any minor at SWIM, we certainly appreciate your assistance to the SWIM Community; however, you are also assuming responsibility for this young person. In awareness of this responsibility you should:

• Limit the number of youth/teens for whom you are responsible.

• Stay in touch with your charge/s each day during the week.

• Attend any meetings pertinent to your charge/s and their activities.

• Know where they are and let them know where you will be.

• Have detailed contact information for the parents or legal guardians for yourself and available to SWIM in case contact with them is necessary.

• Be aware that should illness, injury, or behavior require removal of your charge from SWIM, YOU MAY BE RE-QUIRED to accompany them back to their parents or guardians.

SWIM Teen Program

Mandatory Orientation: 9 pm Registration Day. All parents and guardians of teens at SWIM <u>MUST</u> attend with their teens. We'll go over the expectations of the teen dorm and take questions, followed by a teens-only orientation and discussion of the week's schedule.

The SWIM Teen program is a 24-7, tightly knit community which comes together within the sphere of the larger SWIM community to have fun, to relax, to adventure, to learn about ourselves, to learn about each other, to challenge our ways of thinking, to create ideas about the world, and to grow.

We have made every effort to keep costs low, and all teen activities are included in SWIM costs. However, it would be useful for teens to have some pocket \$\$ for Thrifting, possible 7-11 runs, and the Mystery Trip.

Some of the week's highlights include: **Thursday, Day 1** Exploring Owaissa Bauer, hanging out, getting to know each other. And Day 1 is Community Day, so we'll spend time having fun with everyone in our SWIM Community. We will once again do Teen Haircut and color for everyone interested.

Late night coffee-talk <u>(this will be happening every night after Serendipity is</u> <u>over--- It's a teen dorm check-in, coffee not</u> <u>required!</u>)

This is the evening for the Teen Night Canoe. There is a cost of \$15 for this trip, so plan to bring some \$\$. Friday, Day 2: Teen Volunteer Morn-

2

Registration Day Schedule December 26, 2012

12:00 - 2:00 Staff Only for Set-up
2:00 - 4:00 Arrive, Register, Move In
5:00 -- 5:30 Ingathering, Important
Information and meeting each other.
6:00 - 7:00 Dinner
7:00 - 7:30 Youth Orientation with Parents/Guardians! <u>Required!</u>
7:45 - 8:30 Orientation & Welcome WORSHIP Service <u>Recommended</u>
8:30 - 9:15 SONiA concert Meet Your Neighbors!
9:30 - 10:00 Orientation, Teens & Parents/Guardians! <u>Required!</u>
9:30 - 11:30 Campfire
10:00 - 12:30 Serendipity

SWIM's Daily Schedule Community Day 1

Morning 10-noon workshops most drop in Afternoon 2-6 games for all ages, Music Jam, cards, board games, bean bag toss etc. December 27 - 31

7:30 - 9:00 Breakfast 8:45 – 9:00 Daily opening circle 9:00 - 12:00 Youth Program 10:00 - 12:00 Morning Workshops 12:00 - 1:00 Lunch / SWIM NUUS Deadline 1:00 – 4:00 Youth Program 2:00 – 4:00 Afternoon Workshops 4:00 - 6:00 Late Afternoon Workshops & Community Time Day 4 Pre-Packing /Pre-Clean Up! 5:00 - 6:30 Dinner / SWIM NUUS Release / Announcements 7:00 - 7:45 Worship 7:45 - 8:45 Days R 1-3-5 Family Campfire & Storytelling 9:00 - 10:00 Day 2 Auction 8:30 - 10:00 Day 4 Coffeehouse, Day 3, - Florida day, Locals invited 8:00 – 9:00 Evening Workshops 8:45 - 10:00 Days R-1-3 & 5 Campfire Music 9:00 - 10:00 Reg. Day Waltz lesson 10:00 - 11:00 Day 1-2 & 4 Serendipity, Dance Music & Lessons 11:00 -12:30 Serendipity -Club Music 11:00 –1:00 Film Festival 11:30 - 1:?? Nights 1 & 3 Moonlight Grill Special Evenings Day 2, – 9-10 pm Auction Day 4, -8:30-10 pm Coffeehouse Day 5, -- New Year's Eve Ball 10 pm - 2 amAnnual Meeting of the Board 12:30 - 12:55 am **January 1, 2011** 8 am - 9 am Out of the Tents & Cabins! **Camp Cleaning!**

9:15 – 9:30 Closing Circle!

Teen program continued

ing! This is when we help out the SWIM Community! We'll volunteer in the kitchen for breakfast, lunch! And Beach Day will be the main event.

Saturday, Day 3: Teen Mystery Trip -all teens, all day.

Sunday, Day 4: A leisurely day at camp with plenty of time to plan for the teen led worship at 7:45 that evening.

Monday: Day 5: Teen Thrifting trip in the afternoon so as to find some neat stuff for the New Year's Eve party.

1/1/2013: Conclusions and departures Feel free to contact our Teen Program Coordinators, teens@swimuu.org with any questions. Watch for additional information in the Confirmation NUUS which will be sent to all pre-registrants.

For details on the SWIM Board's new teen policy, see SWIM Community Behavioral Expectations on page 11.



Young Adults

Young Adults interested in the YA program should meet in the Young Adult dorm at 10 p.m. on Registration Day. How do we use the time we have at SWIM as Young Adults? Many of us work on staff during the day, but at night, we gather, sharing our lives as YA's within the SWIM community. Young Adult programming is not a mandate, is determined by those present, and should not exclude participation in other SWIM activities. It's an opportunity to come together and experience what each of us has to offer. Mix in the plans we'll make together with your own pick of Workshops, Outdoor Adventures, & Evening Programming.

We'll enjoy our first night together, get to

know each other, & talk about how to get the most out of our week at SWIM! If you'd care to make suggestions before SWIM for trips or activities, or if you have questions, email youngadults@swimuu.org Day 3: Make sure to sign up for the lunch and dinner volunteer slots on this day so we can all work together.

Every day after Dinner

12 Step Group

We will meet daily from 6:10-6:50 pm Location TBA.

Worship

Registration Day: 7:45 - 8:30 Welcome WORSHIP service led by director, and friends.

Daily Worship 7:00 – 7:45

SWIM 2012 Chaplain



Reverend Dr. Morris Hudgins is celebrating his 40th year in the ministry, has retired and completed a book titled, "Wrestling With God." He began his UU ministry at Boca Raton,

FL, was Southeast Florida Cluster President and involved in the early years of SWIM. He is presently serving on the SUUSI and is the former President of the Board. He will be available to discuss your SWIM or private concerns and will conduct the worship on Days 1, 2 & 3 and help as needed with the Teen worship.

Day 4: Teens plan & present the worship. **Day 5:** Mary Ann Somervill and Friends will lead our traditional intergenerational Wiccan Ritual of Transition.

SWIM NUUS

Editor: Kat

Each day at dinner you will be greeted with a brand-new edition of the SWIM NUUS, full of schedules, reminders, human interest stories and humor - but only if you put it there! The first edition will be the Confirmation NUUS in your confirmation packet or by e-mail. We will collect all contributions each day by lunch. On Day 3, we'll feature the views of candidates for the SWIM board.

Staff: To publish important pre-SWIM information, send write-up to nuus@swimuu.org **by 12/1.**

SWIM Store

Attention Swim Shoppers: The SWIM Store will be located in the dining hall and open daily. SWIM 2011 clothing items (based on theme art) will be available in limited quantities. Please pre-order your SWIM wear when you register to guarantee availability.

Books, music, and handcrafts from SWIM artists will also be available at the store. If you would like to sell anything, please contact: store@swimuu.org

The SWIM Thrift Shop Boutique is back by popular demand. No time to visit thrift shops in the area? Not to worry, as we bring the thrift shop to you! You are invited to bring used garments to sell, as well as to stop and shop. SWIM receives

20% of all sales for scholarships.

SWIM Mugbook & Hitchhiker's Guide

Order a SWIM Mugbook and you will have pictures and contact information for SWIM participants at your fingertips so that you can keep in touch all year - or visit with SWIM friends while traveling. We recommended you pre-order on the registration form. Vonnie Hicks is doing Mugbook, so don't forget to stop at the mugging station during Registration so he can take your picture. Your Mugbook will be sent to your address in the mug book if it is not printed and finished by the end of SWIM.

Note: We do not share this information outside the UU community. mugbook@swimuu.org



Community Time 4:00 - 6:00

If you're not involved with a late afternoon workshop this time is great for board games, ping pong, Music Jam-N-Sing or just chilling out together after a busy day. Day 4 is Pack-up and Clean-up Time. If your stuff has started to sprawl it may be

time for you to pull out just what you'll need today, tomorrow, or for travel and begin putting the rest away! We're hoping you'll pitch in and help clean the whole camp too!



SONiA

From the Opera House in Sydney, to the Open House in Jerusalem, SONiA (Rutstein aka disappear fear) writes and performs captivating love songs and confronts the hypocrisies and biases of our culture with a positive message of openness and optimism. Singing in English, Spanish, Hebrew and Arabic, her powerful honestv touches people of varied social and ethnic backgrounds, especially those moving towards a positive world vision.

Having performed in Israel/ Palestine and in many parts of the world, SONiA's Judaic roots live in the colors of her songs and paintings. SONiA has performed in 16 countries and has just as many award winning Albums to her credit.

She has received the GLAMA Award for Female Artist of the Year, Best Band, Best Song, WAMA Award for Best Vocalist, Out Music Award for OUTstanding World Music CD, OUTstanding Single, Best in Blues Finalist for IMA Awards, and Finalist for the Telluride Song Competition.

www.disappearfear.com

Join SONiA for First night concert, at community music Jam, and Campfire to see why she wowed SUUSI this vear.

Campfire

After worship the entire SWIM community gathers around our campfire for an evening of community sharing.

Days: R, 1, 3, 5.

We share stories, sing-along songs, roast marshmallows, tell jokes (present ears appropriate), play music, and get to know each other in the glow of the campfire underneath the stars.

The first hour of campfire is specifically set aside to focus on our younger generation to help them feel a part of the shared campfire experience. During this time, we encourage them to share their thoughts, songs, jokes, and stories.

SONiA a first time SWIMer will be running the campfire music this year. She has terrific original songs and can play back up to other singers as well! Everyone is invited to bring their energy, voices, instruments, song books and talents to share with the gentle kindred spirits of campfire. Experience this primal return to the ancient ways of community celebration. Campfire schedule may vary at the discretion of Mother Nature.



Serendipity 10:00 - 12:30

We at SWIM like to have fun. Serendipity is where we dance the night away. Bring your favorite CDs, Mp3, etc. Variety is the spice of Serendipity and we strive to provide something for everybody. **10:00–11:00** – Music for Socializing

11:00–12:30 – Club Music & Requests. Have a song request? email dj@swimuu.org

As usual, Serendipity Concessions will have your favorite beverages for donations. The Dining Hall at Camp Owaissa Bauer has space for cards, dice, puzzles, plus your favorite classic board games.

Film Festival '11

Each night, from 11pm to 1am, you can join our volunteer cinephiles as they continue the tradition of showing movies at

SWIM. Each title will be lovingly selected from your own private collections. Do you have a DVD of a great movie? Bring it. **Self run**

Single Evening Events 11th Annual Auction

Day 2 Friday 9-10:00 pm

Always a crowd pleaser, the Auction is where we donate gifts and services and boost SWIM and our scholarship fund. And whether you bid or not, the Auction is always a lot of fun! Packed with great goods and services, donated by you, the SWIM community! In the past we've offered a private plane ride, fine handmade crafts, homemade candies, musical serenades and home hospitality from Key West to Canada. You never know what great surprises await you! Some items will be put out early in the week for silent auction. So pack the items you have to donate and tell us at Registration or early in the week.

Annual Coffeehouse

Day 4 Sunday 8:30-10:30 pm It's at Coffeehouse that we discover the amazing talent within our group! This is our night to perform and enjoy the performances of many of our talented SWIM friends. Please sign up at registration or the information table. SWIM youth, teens, YA's, and adults will amaze you with our talents. Coffeehouse, is for everyone so let us know if you need help or collaboration to entertain your fellow SWIMers!

Hint: Use **Community Time** to practice or form groups.

New Year's Eve Ball!

Day 5 Monday 10 pm – 2 am Our gala New Year's Eve Party! Volunteers have worked all day and have blown up balloons, hung lights, and prepared goodies. And now our hall has been transformed into a magical place. We are in our creative costumes, or fancy dress best! Some local UUs may join us for the best New Years Eve Party ever. Donation from Serendipity Concessions will purchase champagne, and SWIM cooks will prepare a sumptuous post count down repast. At SWIM, we always bring in the New Year most joyously and with great inspiration!

Onsite Workshops

We have workshops for you to learn, grow, enjoy, play, and share while you are at SWIM. Adults and Teens are encouraged to

sign up for workshops. Many workshops are intended for all ages. Workshops with age limits may be open to younger ages if accompanied by an adult (who may not have to be a parent - please check with instructor). All of our workshop leaders are actually volunteers, so SWIM participants can experience fantastic workshops at little or no cost. If you have something you'd like to share next year, please contact: Workshop Coordinator, Phoenix Cockerham workshops@swimuu.org Workshop leaders get lots of appreciation and choice of a free SWIM T-shirt or free Mug book! Multi-day workshops are numbered and listed according to the first time they meet. Workshop #code Workshops, 2nd digit = time of day Day 1 - 000s - Dec. 27 Dav 2 - 100s - Dec. 28 Day 3 - 200s - Dec. 29 Day 4 - 300s - Dec. 30 Day 5 - 400s - Dec 31 Outdoor Adventures #code 2nd digit = time of day Day 1 - 500s - Dec. 27 Day 2 - 600s - Dec. 28 Day 3 - 700s - Dec. 29 Day 4 - 800s - Dec. 30 Day 5 - 900s - Dec. 31

Please check http://www.swimuu.org for more information and add/changes



Day 1, Thursday Community Day

Look for coordinators **Phoenix** and **Nancy** in awesome hats. On this day we get to know each other better. We will stay on site and weather permitting, the pool may be open. All morning and afternoon workshops are FREE and dropping in on any of the events today is acceptable. We have a variety of workshops for you to enjoy. More may be added. As the time for SWIM draws closer, please check the website for updates Please pre-register for those that require supplies so the presenter can bring enough. There will be a Bocce Ball court, a bean toss, face painting, bubbles, Music Jam, and intergenerational games. So wander around, get to know us all and the camp. Check the notice board for schedule.

Morning Workshops, 10-12

011 Tarot Reading; Limit 12, Preregister, Free

Mary Ann is continually amazed at the insights people gain from these cards. Mary Ann Somervill has been doing Tarot readings at SWIM for over a decade.

012 Singles 101 10-10:30 No limit; free

We are a diverse community composed of families of all sorts, youth, teens, young adults and adults, ranging in age from just beyond teens to senior citizens. In all that diversity, it's easy to get lost. The aim of this workshop is for singles at SWIM to touch base, learn who we are, interact a bit, and plan to reach out to one another during the week. Self led.

013 The Art of Hand Massage 10:30-12 Free, no age limit, drop ins welcome Pairing off we will learn hand massage from finger tips to wrist. No oils or creams; just caring hands. One hand can even do the other when needed.

Pete Leary is a musician who knows the value of well maintained hands.

014 Knitting Lessons with Dee

No limit. Free, or slight materials fee. Bring your own yarn and needles or purchase them from Dee. We'll get started together, and the knitting circle will continue any time people want to knit. Dee Medley has gone from simply knitting to being a total fabric junkie, participating in alpaca sheering, spinning and dying yarn, and creating lovely knit items.

015 Bocce Ball-In the Beginning...

Free. Ages 12+1-4 people per team. 16 people limit per workshop.

Two courts will be available all week. This morning will be the introduction and opening of the courts. Let the good times roll! Italian lawn bowling. Learn as you play! Easy and fun but you can also make it challenging. Let's form some teams and have a tournament!

Steve and Carolyn Baker love playing Bocce Ball and have often led this workshop at SWIM.

Community Day Afternoon 2-6 pm

Community Day!!! All our Community Day workshops (2-4) are FREE with no limit in numbers or ages. Drop in on one, move on to another, going from workshop to workshop all afternoon.

021 Beaded Nametag Cords

Want to dress up your nametag with beads rather than string? This workshop is for you! We'll have beads of all sizes and colors and instructions on how to put them together. **Mary Ann Somervill loves making pretty things and helping you to do the same.** (This workshop is for adults and teens only, as Mary Ann will do the same workshop for the youth on Day 2.)



022 Face Painting

2:00-3:00 only!

What could be more fun than a lovely hand painted adornment for your face—a huge mask or tiny butterfly.

Laura Hadden loves doing face painting, and does an outstanding job!

023 Tea & Croquet On the Lawn with Laura

3:00-4:00 only!

Come enjoy a relaxed game where taunting and sabotaging your friends is encouraged. Tea will be served.

Laura Hadden is awesome and personally challenges you to a game

024 Teen Hair The End of Your Hair as We Knew It!

Always a favorite at Community Day. Our creative SWIM teens and their outrageous staff will cut and/or color your hair for SWIM week!

SWIM Teens are amazing. Come and enjoy their creativity.

025 Crafts and Games

with the SWIM Youth

They're fun! They're creative! They love playing games! What more need be said about the SWIM Youth and their workshop? No matter what crafts and games they come up with, it will be sure to be a lot of fun! The spectacular SWIM youth and their staff. Self-led workshops have become a tradition at SWIM. So that leaders don't have to stick with one workshop and miss all the fun of the rest, these are up to you and your creativity. So have at it! Stuart Dodd will be milling around and cheering you on while enjoying Community Day activities!

026 Bean Bag Toss

The games of our childhood may be new to the children of today. Inviting young and old and in between to come out and play! Bean Bag Toss, sometimes known as Corn Hole, is one of the golden oldies!

027 Happy Feet

We'll have an assortment of colored nail polish available for one and all. This workshop has happened so many times at SWIM that we know what to do even without a leader. Have Fun!

028 Bubbles and More Bubbles!

Everyone loves bubbles! We have yet another self led workshop for your playing enjoyment. We'll provide soapy water and bubble wands, and you provide the energy and joy! Let the inner child a come out and play.

029 Sidewalk Chalk Art.

What would you miss if the world came to an end? One thing might be the opportunity to use those fat chalks and just draw. You've used sidewalk chalk before, so this will be a refresher course.



020 Board and Card Games. Many of us like to play board and card games, so we'll put them out for you. All you need to do is pick them up and play.

Late Afternoon 031 Beer Tasting 4-5 pm

Fee: Bring a 6-pack Age 21+

A popular favorite returns! Is your favorite yeasty beverage an epicurean eyeful, does it titillate your taste buds, or even cause an olfactory orgasm? If not, help is available! Required – One six-pack per person will admit you to all 4 beer tasting sessions this week. Bring a favorite (unusual & interesting) six-pack.

Jon Hoskin is a home brewer with a Ph.D. in food science.

032 Drum Circle Jam 4-6

All ages, no limit. Free. Drop ins welcome. Bring your drums, rattles, any percussion instruments and let's liven up the afternoon with a jam session.

Yet another self led workshop.

Evening Workshops

041 12-Step Support Group 6:00-6:45 Free, drop in.

A support group for all 12-steppers, be they AA, NA, Alanon, Codependents Anonymous, or any other 12-step fellowship. Elizabeth Norval has coordinated this group at several SWIMs.

042 Wine Tasting, 8-9 pm

Fee: Bring a bottle of wine, Age 21+ Come carouse with the deities and bring your inner Bacchus. Required: One bottle per person will cover admission to all 3 wine tasting sessions this week.

Jon Hoskins has a Ph.D. in Food Science. He has been a university faculty member in Dairy and Food Science Departments and a member of nutrition programs. Jon loves to taste beverages.



051 Waltz Lessons 9-10 pm Free. All ages Learn the waltz dance step and have fun while doing it. **Sid Kere loves to dance and will be facilitating this workshop.**

Late Night

11:30-ish~after the movie 053 Moonlight Grill 11:30

Teens and Adults. Youth with parent supervision (both must pay).

Fee: \$8 for one night, \$12 for both Nights 1 and 3. No limit.

At SWIM we affirm and promote a free and responsible search for late night nourishment. This is a casual workshop and focus is on mingling and community. The grill will be lit around 11:30 and food ready sometime thereafter. Regular/veggie/burgers and dogs, along with chips and salsa, are likely to be served. More elaborate food may be possible if the kitchen is drowning in avocados. BYOB if you are of age and care to imbibe.

Day 2, Friday December 28 Morning, 10-12

111 American Sign Language, a Taste of Sign. (First of a Two Part workshop. Both required.) (**211** Pt 2, day 3) Free. Ages 13+.

Learn a little bit about American Sign Language and how it is used.

Dee Medley planned to learn Spanish when she retired, but when her youngest grandson was born deaf she started learning ASL.

112 Wildflowers for Gardens

All ages, no limit. Free

We'll discuss types of wildflowers, how and where they grow best, and how they can add to your garden.

Ernie Wilson has been leading nature walks at SWIM for years, pointing out the flora and fauna.

113 Yoga @ 11

Free. All ages, no limit. Bring your own mat and towel and come refresh your body and spirit. Ellé Long and Jorge Medina have been doing yoga almost forever and look forward to sharing it with you.

Afternoon 2-4 pm

121 Reiki Part 1. (First of a Two Part workshop. Both required. Both parts will result in your certification.) Free. no limit. Adults Reiki is an ancient oriental healing technique that centers on sending loving energy

to the places of disease. Judy Montgomery and Nancy McDermott are

Reiki Masters and enjoy Reiki circles.

122 Framing Our New Beginnings Limit 12

Adults and teens. Free.

Bring a 4" x 6" photo that represents your new beginning—a person to bring closer, a hero to emulate, a place to visit, a symbol like a playground for beginning to lighten up. We'll decorate a frame for our photos as we share our ideas about our beginnings. **Candy Gale believes that every day is a new beginning.**

Community Time

131 Beer Tasting 4-5pmSee 031 for details.132 Community Sing & Jam 4-6 pm

Free, all ages, no limit. Drop-ins welcome. Bring your instruments, your voice, your self! This will be an informal gathering to enjoy the gifts of music together. Emphasis is on fun rather than skill! We are delighted to welcome SONiA of Disappear Fear to SWIM to sing along and

lead us in this shared music event.

133 Zumba and Relaxation 4-5

Age 13 + Free, no limit

This is one of those serendipitous occasions when two workshops morphed into one. We'll start out with the popular zumba for the first half hour. Then we'll have a day each of basic stretching, meditation, and relaxation.

Ellé Long and Jorge Medina will lead zumba.

Stuart Dodd will lead the relaxation portion.

All three are very interested in fitness.

Evening

141 12 Step Support Group6:00-6:45 pm See 041 for details.142 Wine Tasting8-10 pm See 042 for details.

AUCTION 9:00-10:00

Saturday Day 3 December 29

Morning Workshops 10-12 211 American Sign Language, Part 2 See 111 for details.

212 Beginning Japanese Flower Arrang-



ing

Free. Limit 5

Learn the beginning steps of Ikebana, a Japanese art form using flowers and plants in a container, with special regard for balance, harmony and form. This workshop is suitable for anyone who has the strength to impale a stick on a pin. After a discussion of the basic principles, you will create your own arrangement of flowers and plant material using a kenzan/pinholder/frog to hold the flowers in place. Participants should ²COSTS

The basic full week cost

(Camp fees, Program, and 17 meals)

\$490 for adults ages 18 and up **\$328 for teens** 13–17 **\$216 for youth** ages 3–12

FREE for Infants, under three years of age

- Does not include optional activity fees.
 Families with more than two children
- should contact the director for a possible discount.
- Deduct \$100.00 adult sleeping off-site.
- Deduct \$100,00 adult not eating in.
- Teens and youth will not go hungry.

Day visit \$10.00 plus meals cost. Single meals:

Breakfast \$9.00, Lunch \$11.00, Dinner \$15.00

Full day/night cost

You must preregister for attendance per-day (Includes program, one day/night camp fee, 3 meals) \$119 for Adults, ages 18 and up \$80 for Teens, ages 13-17 \$53 for Youth, ages 3-12 FREE for Infants, under three years of age

Enter days attending on the registration form Stay all week and save.

NEW YEAR'S EVE PARTY ONLY

\$55.00 per Adult person (Includes dinner, party, and overnight camp fee) You must be the guest of a full-time ADULT SWIM participant.

Refunds

If you need to cancel your registration, please email the <u>registrar@swimuu.org</u>. We will refund your fees less a \$25 service charge plus any additional expenses incurred by SWIM.

ONLINE REGISTRATION

When online registration opens this October, you may complete your full registration for yourself and your family online! You can select your workshops and trips, your volunteer task, order SWIM wear, and even pay for SWIM. Electronic ease; no wasted trees! Keep checking **www.swimuu.org**

Paper registrations in the center of this Brochure and online may by sent with payment by USPS.

SCHOLARSHIPS

See page 11

www.swimuu.org

Workshops Continued from page 6

bring along a pair of plant pruning clippers and a bowl for arranging flowers. Bowls should not be deeper than 2 inches. They should be at least 6 inches in diameter. Plastic bowls are fine for a traveling workshop. I will have a limited number of bowls and clippers on hand for people to borrow. Elizabeth Norval studied Ikebana under a teacher in Zimbabwe 26 years ago. She has been using the concepts to arrange flowers for her home, church & school ever since. Her goal is to empower you to create something of beauty with confidence and joy.



213 Election's Over-Now What? Free. Adults. No limit.

With the Presidency and Congress decided, what can we look forward to or worry about politics, the economy, and as humanistic advocates? A reprise workshop of the 2008 one. Free. Teens and Adults. No limit. Joel Simons retired from the NY Times 4.5 years ago where he edited business/financial stories and before that, foreign news. He likes participatory workshops.

Afternoon Workshops 2-4 221 Reiki Part 2

See 121 for details

222 Let's Write about Endings and Beginnings

This is an exercise in creative writing, with the focus on our theme of...beyond the end of the world.

Ellé Long has led creative writing workshops at SWIM for years.

231 Beer Tasting 4-5 pm See 031 for details. 232 Community Sing and Jam 4-6 pm See 132 for details.

Evening

231 Beer Tasting 4-5 pm See 031 for details. 232 Community Sing and Jam 4-6 pm See 132 for details. 233 Zumba & Relaxation See 133 for details.

252 Moonlight Grill See 051 for details.

Day 4, Sunday December 30 Morning Workshops 10-12

311 Trash to Treasure

All ages, no limit. Free

This will be a light-hearted intergenerational workshop where we make gifts & wrappings from recycled materials. Materials you are encouraged to bring: old magazines, newspaper, paper bags, toilet paper & paper towel rolls, glass jars, bottle caps limited only by our collective imagination. Dotti Doyle is a crafty lady with a great imagination. She has been interested in environmentalism for years, and views trash to treasure as a fun way to recycle.

312 State of the Universe (Assuming There Still Is a Universe!) Free What happened last year? How did the universe begin? How will it end? Were the Mayans right? What is the answer? What is the question? Some scientific toys – and much, much more. Always a favorite SWIM workshop. Ron Edge is a Distinguished Professor of

Physics Emeritus at the University of South Carolina and Past President of the American Association of Physics Teachers.

313 Yoga @ 11

See 113 for details

314 Wrestling With God, Part 1 Free. Adults. No limit.

Unitarian Universalists have been wrestling with the issue of God through the centuries. In this workshop Rev. Hudgins will share portions of his book on the subject, which traces the evolution of UU views on God. Participants will also share their own personal views on their journey of faith as well as unbelief.

Rev. Dr. Morris W. Hudgins is our SWIM chaplain for the second year. He has an M.Div. from Duke University Divinity School and a D.Min. from Lutheran Theological Seminary. He was a part of the early years of SWIM and is on the Board of SUUSI.

Afternoon Workshops 2-4

321 Spiritual Endings and Beginnings. The world did not end! What has ended for you? What beginnings do you anticipate? This workshop will follow the whims of the participants. Anything from end of the word theories to New Year's Resolutions to Drop-ins welcome. spiritual practices for 2013 and more can be included

Mary Ann Somervill is a spiritual crone who believes in happy endings and bright beginnings.

322 Natural Fiber Dyes

\$10 materials fee. No limit. Ages 13+. Learn how to use natural plant materials to dve animal fiber for knitting, spinning, and felting.

Dee Medley has been hooked on fiber arts for a number of years. Ernie Wilson is a botanist who loves collecting plants and finding interesting uses for them.

Late Afternoon

331 Beer Tasting 4-5 pm See 031 for details. 332 Community Sing and Jam 4-6 pm See 132 for details. 333 Zumba and Relaxation See 133 for details.

Evening

341 12 Step Support Group 6:00-6:45 See 041 for details.

> **COFFEEHOUSE** 8:30 to 10:00 pm

Day 5, Monday December 31

Morning Workshops, 10-12 **411 Could Poncho's Never Ending Workshop Actually End?** Free This is one of SWIM's most popular workshops. Come with an empty string and gather pearls of wisdom from Poncho and your fellow SWIMsters. The theme this year is "How will it end for you?" Poncho Heavener doesn't like to brag about himself, so he hasn't given us any biographical information in years. We love him anyway.

412 Mayan Culture and Civilization Free, ages 13 +

In her workshop Paula will share information about the Maya calendar. Mayan cosmology, mythology, and contemporary Maya culture. She acquired her knowledge of the Mayan Culture through on site study and research.

Paula Heusinkveld, retired professor of Spanish at Clemson University, has visited well over 30 archaeological sites of the ancient Mayans in Mexico, Belize, Guatemala, and Honduras. In 1999 she spent nearly a month in the village of Tinum in the state of Yucatan, Mexico.

413 Yoga @ 11

See 113 for details.

Afternoon Workshops 2-4

421 Well Loved Poems

Free

SWIM is a perfect setting for reading poetry out loud. Bring poems that are your personal favorites and a listening ear as we share the words and the feelings they evoke.

Elizabeth Norval has always enjoyed the rhythm and rhyme of poetry. She feels that poetry should be heard, not just read. This workshop has given her the opportunity to

spend a few hours each year hearing poetry read aloud. Elizabeth is a first grade teacher in Raleigh. North Carolina. She learned to enjoy poetry during her formative years in South Africa.

422 Lifestyle to Survive the End of Society. Free

We'll take a look at current lifestyles and see how they can be altered to keep our society and our planet going for a while longer.

Bob Jacober has a playful approach to some serious topics. He's led numerous SWIM workshops.

423 Wrestling With God Part 2 See 314 for details

Late Afternoon Workshops

431 Community Sing & Jam 4-6 pm See 032 for details.

432 Zumba and Relaxation See 132 for details Evening 441 12 Step Support Group 6:00-6:45 See 041 for details.

Evening

441 12 Step Support Group 6:10-6:50 See 041 for details.

OUTDOOR & CULTURAL ADVENTURES

We will be in South Florida in Decem**ber**—this means that the weather will be either wet or dry and the temperatures will probably be somewhere between 32° and 90°. We expect sunshine in the 70's, but we can't promise. So you should bring clothing which can be layered for warmth and for protection from wind and rain if necessary, and which can be shed as the temperature and your physical efforts increase.

All trips require shoes. For most hiking and water adventures you should wear shoes that don't mind getting wet. Flipflops and loose sandals may be great for the beach, but dangerous when worn on a swamp walk. Sturdy tied shoes are needed for hiking! On swamp walks, you can count on your shoes getting soaked.

With the exception of trips that specify that you must bring money for meals, any adventure that extends over meal times at Owaissa Bauer will include culinary delights packed by our excellent kitchen staff. We borrow and rented vans, which are used by our entire community. Be respectful, considerate and clean. If your trip could leave you wet and dirty, take precautions. Think about bringing plastic bags and a change of clothes.

For many trips, such as dinners out, the costs listed are for transportation only.

You will need money for food or shopping, as indicated by the \$\$ in the descriptions. Outdoor Adventures often plans trips based on vehicle occupancy but many of our trips can include more if you carpool. We need volunteers to drive on those trips! We are happy to reimburse these volunteer carpool drivers. If you wish to volunteer to drive your own car and take others with you, please let Laura Hadden know prior to the event. Volunteer drivers in carpools must refrain from the use of alcohol and must provide their license number and car insurance company.

There are also many self-led trips that may appeal to you. We have info for many and will be happy to help you figure out any trip you have come up with. We may even want to come along!

Outdoor adventures would like to leave on time - or even early! Come to the dining hall porch 10 minutes before your trip is scheduled to leave with all required clothing, equipment, water, and any extras you may find useful.

Children are welcome on many trips. Age restrictions are included in trip descriptions. If you are leaving children at camp, they must be under the care of a responsible adult. If your trip will extend beyond the times for youth programming you must make arrangements for their care and supervision.

Trip numbers indicate the day of the trip. 500's are the 27th/Thursday, 600's are the 28th/Friday, 700's are the 29th/Saturday, 800's are the 30th/Sunday, and 900's are New Year's Eve/Monday.

Day 1 Thursday Morning



511 Owaissa Bauer Walk 9:30a-11:30a

At SWIM, there is a lot to see in our own back vard! A naturalist will take us on a trek through the tropical hardwood hammock, the pinelands, the poisonwood areas, and the "solution holes" or "bear caves" on the camp property. You'll be amazed at the incredible diversity of plant life that thrives in our corner of S. Florida. All ages [no limit]

Free

Afternoon

521 trip for Frozen Yogurt [no limit] 4p-5p

Desert before Dinner! Come have some frozen yogurt in the new trendy way (low fat and probiotics), serving yourself a variety of soft serve flavors with lots of toppings. \$3

All ages

Evening

541 Cuban Dinner @ La Carreta [limit 15]

5p-8:30p

Treat your taste buds to an authentic Cuban dinner as you can find only in South Florida. This is a can't miss meal! Bring \$\$ for dinner (\$10—\$20). Fee is for transportation only.

All ages \$8



542 Teen Night Canoe [limit 14] 10:30p-3:30a Teen Program only. Glow sticks encouraged (red). Don't forget to bring some bug spray. Teen

\$15

Day 2 Friday Morning

611 Manatee Bay Canoe [limit 14] 7:30a-12:30p

We'll glide out onto the Bay. The water will gurgle, the fish will jump, birds will abound, and the wind will sigh. Wear bathing suit. Bring wet-able shoes, sunscreen, mosquito repellent. Early breakfast in the Dining Hall at 7am!

Ages 13+

\$30

612 Chekika Park hike [limit 7]

9:30a-12:30p

Check out the natural everglades hardwood hammocks in this state park. Although the mineral springs are capped, the nature trails still exist; and due to its isolation, there is an abundance of wildlife. Bring drinking water, mosquito repellent, sunscreen, and binoculars if you have 'em. All ages

\$8

613 Thrifting, Cauley Square & Lunch @ the Tea Room [limit 7]

10:00-12:30p

We'll wander through a thrift store to get ready for the 'trash to treasure' workshop and NYE. Then hit the shops in Cauley Square historic district of Homestead. Bring \$\$ for purchases and lunch in the Tea Room. Fee is for transportation only Ages 13+

\$8

Afternoon



621 Crandon Beach Day [no limit] 1p-5p

For years, our all-camp activity has been this trip to the beach, walking the beach and playing in the sand and surf. Feel free to join the youth and the teens on this trip out to Crandon Beach on Key Biscayne. There is limited van space, so some adults need to arrange their own carpools between SWIM and Crandon Beach.

All ages

\$8

622 Crandon Beach Day with Low Tide walk [limit 7]

1p-5p

Go back in time to the ANCIENT fossil reef completely unique to the area and quite a surprise at low tide, between 2-4pm. We'll explore the tidal life along this exposed reef as we wade along its boundaries and the adjoining mangrove forest. Don't forget your camera and sunscreen.

All ages

\$8

Evening

641 Dinner Out @ Tap Tap Haitian Restaurant [limit 7]

4:15p-9p

"The whole place looks like an overgrown tap tap, a brightly painted jitney common in Haiti. Every inch is painted in vibrant neon hues (blue, pink, purple, and so on) and the atmosphere is always fun. It's where the Haiti-philes and Haitians, from journalists to politicians, hang out." The food is 'exotic' but they have tame fare if that's more your speed. Cash is Prefer

All ages \$10

642 South Beach Night Life [limit 7] 9p-?am

In a word, Fabulous. SoBe is world renowned for it's night life and it's THE place to see and be seen. Let's walk/bike (\$10/2h) around and take it all in, stopping for some drinks, maybe dancing and/or a moonlight dip. Can be \$\$, but we will do it on the cheap. Ages 21+

Ages 217 \$10

Day 3 Saturday Morning

711 Service Project with Miami UU Congregation [limit 7] 9a-1p

Each month the UU congregation has been working on their grounds. There is a lot of maintence involved keeping the invasive plants from taking over the native plant life. Let's give them a hand and help to reestablish our once flourishing relationship with the land where SWIM began. All ages

Free

712 Airboat Ride at Everglades Alligator Farm [limit 7]

9a-1p

Not only will we go on a "fast and furious" airboat ride into the Glades but we'll also see wildlife exhibits, and animal shows; alligator feeding is at 12p. Caution: bring sunglasses, bug spray and ear plugs. Optional gift shop \$\$. Ages 11+

\$30

713 Airboat Ride at Everglades Alligator Farm (youth) [no limit]

9a-1p Same as 712, but for children under 11 Under age 11 \$22

Afternoon

721 North Key Largo Hammock [limit 7]

1p-5p

The Florida Keys were once covered with tropical forest. Many of the species could not live on the mainland because the occasional cold snap killed them. The park has the largest extant forest left in the Keys and has several rare animals. Since we were last there, the buildings have been torn down and whole parts of the park which were closed to visitors are open. Many of the local people now use the park for walking and we will too. The park contains much of interest and Ernie Wilson will bring it all to light.

Ages 13+ \$15



722 Day Sail [limit 14] 12:30p-5:30p

Sail the warm, protected waters of Biscayne Bay on a sailboat with experienced sailors. Sit back and enjoy the afternoon sun. We will stop for beer, wine, soft drinks and munchies on the way to the docks. Bring snack \$\$. Ages 13+

\$38 Ages 1

723 Snorkeling [limit 7]

12:30p-5p

On this fantastic snorkel trip, enjoy the undersea habitat of many different species without having to be certified. Participants must be competent swimmers (pun not intended) in deep water. All equipment is included in the price. Bring waterproof sunscreen. Wetsuits available for an additional \$6.

Ages 10+

\$47

All Day

731 Teen Mystery Trip [no limit]

Teen Staff always finds some special adventure to surprise everyone. Teen Cost included in teen programming

ost included in teen programmin

Evening

741 Dinner Out @ Punto Peru [limit 7] 5p-8:30p This is a casual dining experience with great food you may not get to experience without a trip to South America. One of the wonderful things about our SoFla location. Bring \$\$. All ages

\$8

Day 4 Sunday Morning

811 Fruit and Spice Park [limit 7] 8:30a-12p

This park is expanding and improving every year! The guided walking tour is wonderful and we get to taste and smell some exotic and everyday plants. Exciting for all our senses, even our noggin. Sunscreen, hats and mosquito repellant.

All ages

\$15

812 Biscayne Canoe [limit 14] 9a-12p

There is a lot to see in the park and we have several choices of newly added spots. Should be fun. Sunscreen, hats, water and mosquito repellant. All ages

Afternoon

821 King Mango Strut [no limit] 12p-5:30p

Miami's most out-rage-ous, mock-parade provides a surreal and comical all-ages afternoon of entertainment. (Tough? it will be suggestive and you may not want to explain it all!) Bring your kazoos and craziness! Chances are good that you'll see someone you know in the parade. Sunscreen and a hat!

All ages \$10

Evening

841 Dinner Out @ Disco Fish [limit 7] 4:30p-9p

Mark Harris says this place is great. It really is Miami. English will not be spoken at this local dive, but the fish is tropical, fresh and reasonably priced. All ages

\$8

842 Night Owl Canoe [limit 14]

10:30p-3:30a

Always an adventure. Enjoy stirring up the water and getting the bioluminescent worms to glow. Ages 18+ \$15

Day 5 Monday Morning

911 Anhinga Trail Hike [limit 7] 9a-12:30p

This is the best little trail in Everglades National Park to see sleepy gators sun themselves. We will also visit the welcome center and another trail if time permits. All ages \$10

Afternoon

921 Miccosukee Indian Arts Festival [limit 7]

1p--5:30p

This vibrant arts and crafts festival has been a lot of fun with a wealth of cultural experiences from storytelling to singing, dancing and alligator wrestling.

All Ages \$20



922 Teen Thrifting [no limit 1p-5p Teens go off in search of exciting NYE outfits. Bring \$ Teens Free

923 Hot Tubs [limit 14]

12p-5p

We will return again to Magic Waters hot tub center. Tub rooms accommodate 6—8 people; the "executive" tub holds 12 and has a sauna adjacent. Magic Waters provides towels, cool showers, hair dryers, and stereo music. No glass containers, soap, shampoo, or oils allowed. Bathing suits optional. Bring \$\$ for snacks. Ages 18+

\$22

All Day

931 Key Canoe [limit 14]

9a-4p

Spend the last day of the year paddling around the Keys. We are likely to see starfish, stingrays and small sharks. Enjoy a picnic lunch. Bring wet-able shoes, sunscreen, mosquito repellent, swim suit, snorkel equipment if you have it, and a change of clothes.

All Ages

\$30



Evening 941 Dinner & Gaming @ Miccosukee [limit 7] 5p-9:30p

Enjoy a delightful meal in the exciting atmosphere of the Miccosukee gaming resort. Try your hand at some slots, card games or even bingo. It's our last chance this year to 'win'. Bring \$\$ for dinner and \$\$ to gamble. Ages 18+ \$8





SAFE TRIP BOX

No sandals/flip flops or Crocs on canoe trips.

Cheap water shoes or anything that can be tied or closed securely with Velcro will be allowed

Required for all Outdoor trips

Water, proper shoes, towel and dry change of clothes (if you get wet), bug repellent, sunscreen, raincoat/poncho

Helpful

Sunglasses, hat, bird/plant identification book, camera, layered clothing, binoculars, a sense of adventure

? ? ? ? ? ? ? ? ? ? ? ? ? ? ? ? ? ? ?

SWIM Community Behavioral Expectations

SWIM has long asked participants to sign a brief statement regarding appropriate behavior at SWIM, but we believe that expanding and clarifying that statement is in order. Our behavioral expectations are for the entire community, with specifics for teens.

SWIM is an intentional community. We expect behavior that contributes to the spirit of community rather than detracting from it.

Drug use by anyone and alcohol use by minors will not be tolerated. Florida law prohibits use of tobacco by minors and distribution of tobacco to minors. Distribution of drugs to anyone, and of alcohol to minors is unacceptable. Firearms are not permitted at camp. Sexual harassment is demeaning, abusive of our community, and is thus not tolerated. Violation of these behavioral expectations, depending on the severity of the infraction, may result in removal from SWIM. In addition, all gathering places and entrances are smoke free.

Our Teen Program, too, is grounded in a community of love and respect.

SWIM Teen Policy

adopted by the SWIM board 3-2011 All Youth and Teens at this event must follow the "Big Four Rules", as observed at most UU youth events :

1. No use of illegal or controlled substances is allowed. Over-the- counter medications may only be used with permission and used as directed on the package. Youth may only take a prescription drug if listed on this or registration forms.

No engaging in sexual relations. Sexual relations are defined as inappropriate sexualized or intimate touching that is disrespectful to the community or event goals.
 No bringing or using weapons, such as firearms, knives, fireworks, or any object that is intended to be a weapon.

4. No use of violence in words or action. *If there is reasonable suspicion of a violation of the Big Four, the youth's personal belongings are subject to search by the attending adults. If evidence is found that the youth violated one of the Big Four, the consequences up to and including immediately sending the youth home at the cost of the parents, shall be determined by a spirit committee consisting of the SWIM staff, director, chaplain, and/or advisors.

Parents/guardians are expected to discuss with their teens SWIM behavioral expectations and their own expectations regarding appropriate behavior at SWIM.

Scholarships

First priority will go to first time requests and those willing to help out during SWIM as able. Please register and make your request by Thanksgiving weekend, since we want to respond by December 1st. If you are requesting a scholarship or more information, please note this on your registration form and contact any member of the scholarship committee, Pete Leary, Susan Enwright-Hicks, or Charlie Somervill. Guidelines will be available online.

www.swimuu.org

The Principles of the UUA

- We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:
- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- The living tradition which we share draws from many sources:
- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.
- Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

 Passed by majority vote at the Unitarian Universalist Association's 1984 General Assembly

	Day 1 12/27, Thursday	Day 2 12/28, Friday	Day 3 12/29, Saturday	Day 4 12/30, Sunday	Day 5 12/31, Monday
Morning 10-12	011 Tarot Readings 012 Hand Massage 013 Singles 014 Knitting Lesson w/ Dee 015 Bocce Ball	111 American Sign Lan- guage Part 1 112 Wildflowers for Gardens 113 Yoga @ 11	211 American Sign Lan- guage Part 2 212 Japanese Flower Ar- ranging 213 Yoga @ 11	311 Trash to Treasure 312 State of the Universe 313 Yoga @ 11 314 Wrestling with God Part 1	411 Poncho's Never Ending Workshop 412 Mayan Culture 413 Yoga @ 11
Afternoon 2-4	Community Day Whole Group Game or activity 021 Beaded Name Tags Cords 022 Face Painting 2-3 023 Croquet 3-4 024 Teen Hair 025 Crafts & Games 026 Bean Bag Toss 027 Happy Feet 028 Bubbles 029 Sidewalk Chalk 020Board Games	121 Reiki Part 1 122 Framing our New Begin- nings	221 Reiki Part 2 222 Let's Write about End- ings & Beginnings	321 Spiritual Endings and Beginnings 322 Natural Dyes	421 Well Loved Poems 422 Life Style to Survive the End of Society 423 Wrestling with God Part 2
		Nominations for Board due to Secretary by NOON		VOTE today For SWIM Board	
Late Afternoon 4-6	031 Beer Tasting 4-5 032 Drum Circle Jam 4-6	131 Beer Tasting 133 Zumba & Relaxation 4-5 132 Community Sing & Jam Session 4-6	231Beer Tasting 233 Zumba & Relaxation 4-5 232 Community Sing & Jam Session 4-6	331 Beer Tasting333 Zumba & Relaxation 4-5323 Community Sing & JamSession 4-6	433 Zumba & Relaxation 4-5 432 Community Sing & Jam Session 4-6
Evening 6-10	041 12 Step Support Group 6-6:45 042Wine Tasting 8-9 051 Waltz Lessons 9-10	141 12 Step 142 Wine Tasting AUCTION 9:00-10:00	241 12 Step 242 Wine Tasting	341 12 Step COFFEEHOUSE 8:30 to 10:00 pm	441 12 Step Gala New Years Eve Party

ONSITE WORKSHOPS 2012

053 Late Nite Grill 11:30

253 Late Nite Grill 11:30

Carefully read your confirmation newsletter for changes to workshops and trips

You can register online at WWW.SWIM.ORG

	Day 1, Thursday 12/27	Day 2 , Friday 12/28	Day 3 , Saturday 12/29	Day 4 , Sunday 12/30	Day 5 , Monday 12/31
	511 9:30a-11:30a Owaissa Bauer Walk	611 7:30a-12:30p Manatee bay canoe			911 9a-12:30p An- hinga Trail Hike
Morning			712 9a-1p Alligator Farm & Airboat Ride	812 9a-12p Biscayne Canoe	*
	10a-12p Community Day	613 10a-12:30p Thrifting, Cauley Square & Lunch @Tea Room	713 9a-1p Alligator Farm Youth	*	*
	1p-4p Community Day	621 1p-5p Beach Day	721 1p-5p North Key Largo Hammock Hike		921 1-5:30p Micco- sukee Arts Festival
Afternoon	521 4p-5p Trip for Frozen Yogurt	622 1p-5p Beach Day & low Tide Walk	722 12:30p-5:30p Sailing	*	922 1-5p Teen Thrift- ing
	*	623 1p-5:30p South Beach Excursion	723 12:30p-5p Snor- kel	*	923 12p-5p Magic Waters
All Day	Community Day	*	731Teen Mystery Trip	*	931 9a-4p Key Canoe
Evening	541 5p-8:30p Dinner Out@ La Carreta	Beach)	ner@PuntoPeru	841 4:30P-9P Din- ner@ Disco Fish	941 5p-9:30p Dinner & Games@ Micco- sukee
	542 10:30p-3:30a Teen Night Canoe	642 9p-? South Beach Night Life	SoFla Evening	842 10:30p-3:30a Night Owl Canoe	*
		Auction			NYE

2012 Outdoor & Cultural Adventures

Schedule time to relax

12

SWIM's Mission

Southeast Winter Institute in Miami (SWIM) is a one-week Unitarian Universalist intentional community which provides religious, inspirational, educational, growthoriented programming. SWIM was founded and continues to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

SWIM's Vision

SWIM is a gathering to form an intergenerational, intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment; encouraging self awareness and personal responsibility unhindered by limiting societal expectations.

SWIM is an all-volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience. SWIM celebrates diversity both within and outside our community, and expects all participants to demonstrate personal responsibility and respect for self and others, as well as our environment. SWIM offers a myriad of experiences and opportunities which are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, outdoor adventures, worship, art, dance, music, campfire, and athletics.

ARRIVING IN MIAMI 12/25?

We have a treat in store that afternoon and evening. The Miami UU Church will prepare a Christmas Dinner for early SWIM folks at the UU Congregation of Miami 7701 SW 76th Avenue, Miami, FL 33143. Chef Is Janice McArthur at xmasdinner@swimuu.org & Bob Jacober will prepare a traditional dinner of turkey, all the trimmings and desserts. All entrees except the turkey are vegan/vegetarian. We also extend an invitation to members and friends of all local UU churches to join us. The church will open at 2 p.m. for our social hour. Dinner will be served at 6 p.m. We will make arrangements for home hospitality the night of December 25 th.. Check online at swimuu.org **NOTE:** It is important that we know how many to expect both for dinner and for home hospitality. You must register in advance for the dinner and for sleeping accommo-

dations. If you need transportation to the camp the next day, please indicate that on your registration form.

The cost of the meal is \$20 per adult and \$10 per teen, free 12 and under. The home hospitality cost is \$20 per person. We can camp or sleep at the church for a \$5

per person/\$10 per camper donation. These amounts *must* be included in

your advance payment.

MOTEL ACCOMMODATIONS ON YOUR OWN

If you stay off-camp, you will need to make the arrangements yourself.

SWIM is offering Shuttles

(Must provide your group cell number) from Miami Airport and the South Dadeland Metro-rail station. If you are planning on taking a shuttle, read ALL of the following information **BEFORE** making flight reservations. On 12/26 there will be 2 SWIM shuttles at \$35/person or \$70/family from the Miami Airport. One will leave by noon, and one will leave by 2 p.m. There will be shuttles available from the Metro-rail South Dadeland station for \$20/ person or \$35/family. The SWIM shuttles will head to the train station from the airport, arriving by 1p.m. and 3p.m.

(family members must register & arrive together for family rate.)

1/1: There will be several vans leaving for Metro-rail station and Miami airport on the 1st. The earliest shuttle departure from camp will be 11 am, with estimated arrival at the Metro-rail station by 11:45 am, and the airport by 12:30 p.m. The last shuttle will leave camp at 1p.m, arriving at the Metro-rail by 1:45 p.m. and the airport by 2:30 p.m. Pricing is the same as shuttles to camp. If you are planning to take the SWIM shuttle, please indicate it on your registration form <u>AND</u> email Marc Robinson by December 15th at <u>shuttle@swimuu.org</u> with your travel plans and shuttle questions.

WHAT TO BRING

Bring your own towels, pillow & bed linens. Remember that while we're still in Florida, it will be cool at night, so a **blanket and jacket** would probably be necessary. Even Florida gets cold in the winter on occasion. A few warm items of clothing are recommended. Other items that may add to your comfort are casual clothing that can get wet and be layered as the weather changes, fun clothes to wear out to dinner or on New Year's Eve and other fun nights, a folding chair, a flashlight, your own toiletries in something you can carry to and from the bathhouse, musical instruments and games, etc. Don't forget to bring any trip-required gear and workshop-related materials. Also the only animals allowed are seeingeye dogs and the local wildlife.

To meet the requirements of Florida state law, parents must provide car seats for children ages three and under participating in youth programs or off-site activities. Of course, all weapons and illegal items are strictly prohibited.



FOR TENT CAMPERS

We will be in a level, grassy field with no electrical hookups. You will need all usual camping items like air mattress, sleeping bag, sheets, pillows, blanket, bathroom tote, chairs, flashlight, etc. You are limited only by your travel space and your creativity.

This Brochure	Bed linens & Pillows
Musical Instruments	Blankets
Prescription Meds	Insect repellent
Special diet needs	Games
Water bottle	Favorite drinks
Sunscreen	Campfire chair
Shower items Toiletries	Also if Tenting
Batteries	Tent
Costumes	Sleeping bag
Snacks	Air mattress & pump
Flashlight	LED lantern

PACKING CHECK LIST

 Emergency contact information
 Signed forms for minors
 Confirmation Newsletter
 Mugbook & Hitchhiker's Guide
 New Year's Eve Ball Attire
 <u>Add to this list as you sign up</u> for trips & workshops

1		
]		
]		

See Safe Trips Box Page 11



swim c/o UUFR **send no registrations** 3313 Wade Avenue Raleigh, NC 27607

Non-profit org. U.S. POSTAGE PAID Raleigh, NC PERMIT NO. 24



After SWIM: Stop to Sleep!

Yes, it will all come to an end on New Year's Day. We hope that you will leave SWIM revitalized and refreshed but for many of us, New Year's morning is not a time characterized by energy and wakefulness. Many members of our community live not far from camp or from the main roads we take to drive home. Some will offer their homes for much-needed sleep. At closing circle we will ask those who have homes to share to step forward.

We do not want anyone to drive when they are tired and sleepy, so please take advantage of the kindness of those UUs offering home hospitality! We have space on the registration form for you to volunteer your home, and the SWIM NUUS

Arriving December 25? When you register, sign up for Christmas Dinner

UU Congregation of Miami **305-667-3697** 7701 SW 76th Avenue Miami, FL 33143-4125

Social hour 2-6 p.m. Dinner 5-7 p.m. Adults \$20 Teens \$10 Children 12 & under free Overnight \$5 person or \$10 camper \$20 home hospitality

Janice McArthur 305-234-0610

See inside back cover for details

GETTING TO SWIM at Camp Owaissa Bauer

17001 SW 264 Street, Miami, FL 33031 Camp phone (305) 247-6016 Camp opens 1:30 p.m. on 12-26-2012 FLYING INTO Miami? take SWIM shuttle Details inside back cover or by a car (with food stops) via I-95 to US1 south to 264th St. Turn right on 264th Street Five blocks to camp on right





