

SWIM 2016 Catalog

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WELCOME TO SWIM 2016

SWIM, the Southeast UU Winter Institute in Miami (sometimes), is delighted to invite you and yours to join us for a week of joy, adventure, and Community from December 26 through January 1. Now in our 44th year, SWIM brings you many opportunities to *create community* with other Unitarian Universalists and friends with similar values. We offer you this opportunity to play and learn and worship and just be-- with us as we join together in community once again.

Please note that our initial edition of this catalog is being posted in July for an event in December. Odds are there will be numerous changes between now and then. Our website at <http://www.swimuu.org/home/>, and this online catalog will be updated regularly. In addition, we will have updates in our Confirmation NUUS, sent to all pre-registrants, and schedules and changes will be posted at camp during the week.

Under the leadership of Director, Nancy Applegate, the SWIM Board of Trustees and the SWIM Staff have arranged some amazing activities for you. You will find it all within these pages and on our website. We hope to see you in December!

Southeast UU Winter Institute in Miami
Creating Community since 1973



SWIM's MISSION

Southeast Winter Institute in Miami is a one-week Unitarian Universalist intentional community, which provides religious, inspirational, educational growth oriented programming. SWIM was founded, and continues, to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

SWIM's VISION

SWIM is a gathering to form an intergenerational intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment, encouraging self-awareness and personal responsibility unhindered by limiting societal expectations. SWIM is an all volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience.

SWIM celebrates diversity both within and outside our community and expects all participants to demonstrate personal responsibility and respect for self and others as well as our environment. SWIM offers a myriad of experiences and opportunities that are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, Trips, worship, art, dance, music, campfire, and athletics.

DIRECTOR'S MESSAGE



Welcome home! Whether this is your first SWIM or your forty-second, or somewhere in between, this is -- or will be -- your home during this special week every year.

When I first came to SWIM, in 2012, I immediately felt the sense of family -- of community -- and I was hooked. I hear that same story from lots of SWIMmers, by the way.

Our theme this year is "Creating Community." We are an intentional, intergenerational community that comes together for one week each December to have a break from our usual routines and to form amazingly strong bonds. Sometimes we see our SWIM friends during the year; in other instances, we see them only at SWIM. But whichever, they become some of our *closest* friends. Our own Community.

As you'll learn, SWIMmers come to SWIM each year from fairly far away; over the last few years some have come from Los Angeles, Ohio, Texas, British Columbia, Seattle, and Montreal, Quebec. And one SWIMmer came all the way from England!

How do we create our community? In many, many ways: We meet each morning after breakfast at an Opening Circle, during which we make a few announcements and sometimes hear a reading a SWIMmer has chosen, often sing a song familiar to most of us (many from the UU songbooks), and usually listen to some encouraging words for the day. We also build community by eating our meals together.

We have Community Time each afternoon from 4 to 5:30, during which we play games and sports, swim (if a lifeguard is available), play music, or just sit and chat -- and meet new friends in the process.

During the day we're busy with taking workshops or going on excursions -- or in just talking with each other, perhaps at lakeside. We also help by helping out in the kitchen and/or by preparing the Dining Hall for meals -- making coffee, and by setting out condiments, wiping tables and sweeping the floor. We do ask that you sign up for at least one of these shifts. Working together can be a lot of fun -- and working with other people is of course a great way to get to know them better.

The campfire is lit most nights, and we encourage anyone who sings or plays an instrument not only to attend, but also to participate. Singing together is of course an excellent way of bonding with other people! And what better venue than around a burning campfire???

Our Community Meeting is important for all SWIMmers to attend. It's here that we discuss SWIM business, make suggestions for the Board or the Director (or both!) to consider, discuss how camp is going so far, and get an idea of what the majority -- and, of course, the minorities -- favors in a number of areas.

On another evening we hold the annual SWIM Coffeehouse! It's truly a showcase of stars -- not the professional performers in our midst but just us "regular folk." You can read a poem, sing a song, play an instrument, tell a joke, demonstrate a skill, join up with some other SWIMmers to read a scene from your favorite play -- whatever you might want to do! The audience gets to know the performers much better, and the performers have a wonderful time sharing their abilities and skills.

Younger children and teenagers have separate programs, but they're not separated from us all day. They eat their meals with us, they participate in Community Time, many of them perform during our Coffeehouse, and of course they come to the campfire most evenings. And they sing!

I'm sure all this is elsewhere in this catalogue, but together it shows just how we're Creating Community. I keep coming home to SWIM for lots of reasons -- the opportunity to get away from my everyday routine is important, of course, but so is eating someone else's food! And learning new ideas or skills in our workshops. And getting to know some of our amazing younger people, since I almost never interact with any when I'm at home. And having the chance to play my guitar and sing, sing, sing! But the main thing that keeps me coming back to SWIM is the community. It's home.

Nancy Applegate, Director

PRESIDENT'S MESSAGE



I am excited to serve as a team member to produce and present SWIM, a U.U. intentional community of family fellowship and friendship that happens in the last week of each year! We start by coming together the day after Christmas to celebrate our lives and to share our challenges and accomplishments that we have experienced throughout the year. And we finish the week by celebrating and ringing in the New Year together with resolutions the support each other in our goals and dreams for the year to come!!

I have attended SWIM for the past two years. Many of our group have attended SWIM for decades! And they keep coming back! Why?

Well, it's a laidback, spiritual and family friendly community break from the stress of the holidays and the cold and snow for those up North. We come together to reconnect with the friends made in the past and to enjoy the making of new friends.

This year we will be at Camp Cloverleaf again in Lake Placid, FL. With a clean, cool lake in which to swim and canoe and kayak. with programs for the children and teens and young adults. With workshops for all and plenty of kickback time to read, walk, play, sleep....whatever you want to do! Come join us! We'd love to share the week with you!

See you in Florida! Mindy Simmons, President

LOCATION

We will again be at Cloverleaf 4 H Camp in Lake Placid, Florida! Cloverleaf was such a picturesque and welcoming location that there was no question about returning.



http://florida4h.org/camps/_cloverleaf/

(Cloverleaf 4 H Camp, 126 Cloverleaf Rd, Lake Placid, FL 33852)



The camp is on beautiful Lake Frances, equipped with canoes and kayaks as well as a fire circle near the lake. Cabins are small and cozy; there are hook ups and a dump station for RVs (limited RV spaces assigned on the basis of registration date). Tent sites abound (no electricity or water) on grassy spots near cabins and bathhouses. There's an auditorium in addition to the comfortable, multipurpose dining hall.



Wi-Fi in the dining hall, fishing from the dock, swimming, kayaking and canoeing! What a camp! (BYO equipment and license. <http://myfwc.com/license/recreational/freshwater-fishing/>)

A note of caution here: Since we are on a lake, let's us all, please, be mindful of safety precautions, particularly regarding the children of our Community. Camp rules prohibit swimming/wading in the lake without a lifeguard present, for all of us. But let's especially keep an eye on our younger ones.

Lake Placid <http://www.lpfla.com/>, in southwest central Florida, boasts 27 lakes in the area, a clown school, numerous murals depicting local history and wildlife. Near by Highland Hammock State Park has hiking trails and a tram ride (also camping, in case you're arriving early or staying after). Archbold Biological Station is a center for research on wildlife and the environment. And there are thrifts shops on nearly every block.

ACCESSIBILITY

All of Cloverleaf's buildings are accessible. There is a paved walkway from the dining hall past the cabins and bathhouses to the lakefront. While the camp is totally accessible, some trips may not be.

WEATHER INFORMATION

If you think Florida means shorts and tank tops year 'round, you might want to think again! Lake Placid is about 150 miles north of Miami and our previous camp, so it may be a bit cooler. Weather in any part of Florida in December varies considerably, so we can never be sure what to expect. Prepare for both warm (75-80•) and cool (down as low as 45• and on rare occasions even lower). By all means bring long pants, a jacket, and a blanket and hope that you don't need them!

BOARD OF TRUSTEES

SWIM By Laws provide for a Board of Trustees, as pictured here. As always, there will be an election for new board members. Nominations are due to the secretary by noon on Day 2, and the election will be held on Day 4. Board members are compensated for their hard work only through our appreciation and their love of SWIM.



**Mindy Simmons,
President**



**Nancy Applegate
Director**



**Doug Hughes
Treasurer**



**Jon Hoskin
Secretary**



**Candy Gale
Director Emerita**



**Paula Heusinkveld
At Large**



**Stuart Dodd
UUA Rep**



**Mary Figuera
Florida District Rep**



**Anna Flaherty
Youth Rep**

STAFF

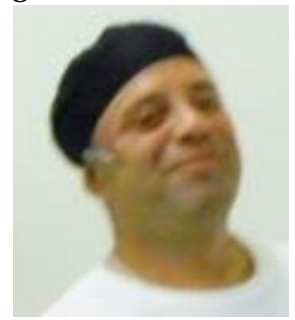
Staff members do not receive remuneration for their efforts other than some reduction in SWIM expenses (except that the head cook receives an honorarium which is never enough!). SWIM is our labor of love, and our goal is to help us all on the way to finding joy and meaning in life.



Nancy Applegate
Director



Marty Beech
Community Assistants Coordinator



Ameer Afseh
Kitchen Deity



Jerry Elsenrath
Registrar/Carpool/
Lodging



Dan Resler
Registrar/SOAR Guru



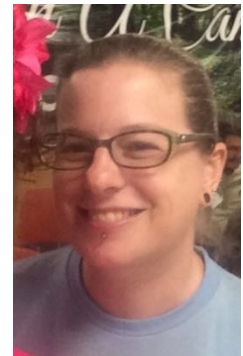
Russell Patterson
Transportation



Kathy Smith
Teen/Children Coordinator
Staff/Teen Staff



Elizabeth Norval
Children's Staff



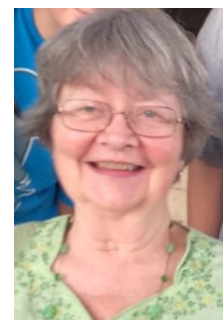
Kat Dow
Young Adult
SWIM NUUS



Paula Heusinkveld
Workshops/Store



Mary Ann Somervill
Ms. Info/Catalog/Website



Dee Medley
Breakfast Goddess



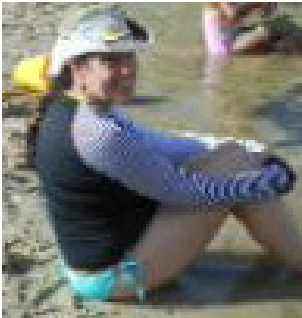
Ernie Wilson
Outdoor Excursions



Marc Robinson
Offsite Adventures



Fred Sidel
Informal Music Coord.



Jenna Fairhaven
Mugbook



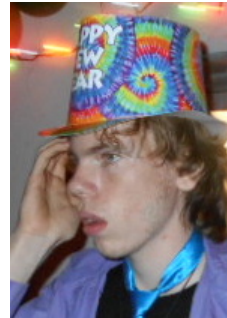
Amy Edge
Communications Coord.



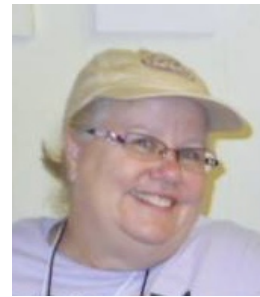
Carolyn Baker
Asst. Comm. Coord.



PJ Hardin
Athletics Coordinator



Trevor Juhl
Fire Tender



Candy Gale
Website

PICTURE YOURSELF HERE!

There are a few staff positions still available, so, if you are interested, please contact Nancy Applegate director@swimuu.org

SPECIAL STAFF MEMBERS

~SWIM 2016 Artist in Residence~



~Greg Greenway~



Singer, composer, artist on keyboard and guitar, as well as member of the popular trio, Brother Sun, Greg Greenway will be with us to entertain, playing for us and with us during the week of SWIM. Greg is known to those who attend SUUSI, for his solo work as well as his participation in Brother Sun. We are delighted to welcome him to be with us during SWIM. Greg will do a major concert on the evening of Day 1 and an afternoon concert later in the week. In addition, he will do a workshop for SWIM participants.

~Chaplain~

Rev. Duncan E. Teague~



Before pursuing professional ministry, Duncan had a career in HIV/AIDS education, advocacy, and research coordination. He is currently leading an emergent congregation in Southwest Atlanta, Abundant LUUV, Unitarian Universalist. This work is in the infancy stage of new UU communities. He worked at *Georgia Equality* as Faith Outreach Consultant with the former *Freedom to Marry* organization for the 2015 Georgia legislative session. He was ordained by the UU Congregation of Atlanta and credentialed by the UUA in 2014. He was a 2015 inductee into the Board of Preachers of the Martin Luther King, Jr. International College of Ministers and Laity. This past General Assembly he was joint Saturday morning preacher in Columbus, OH with Rev. Chris Buice, his mentor. He served as the Friday chaplain at his first ever SUUSI 2016. He has served on UUA Board Appointments Committee and is currently on UU Minister's Association's Committee on Anti-Racism and Multiculturalism, (CARM). He was senior member of the nationally recognized performance poets, The ADODI Muse; A Gay Negro Ensemble. Duncan lives with his husband, David Thurman, a semi-retired neuro-epidemiologist with the Emory School of Medicine, and the National League Against Epilepsy.

CHILDREN'S PROGRAM (Ages 3–12 Or 13)



Children's programming starts at 9:15 a.m., after Opening Circle, and runs until noon, and from 1 to 4. Typical activities include stories, songs, crafts, cooking, outside time and lots of games and play, all grounded in Unitarian Universalist values. In the afternoon parents can share activities at camp with their children or visit interesting places in the area as a family with other SWIM campers. Our staffers, led by Elizabeth Norval, retired elementary school teacher, children@swimuu.org, are experienced adults who love children and have lots of ideas for fun times at camp! Some commonsense rules to keep in mind:

There is a mandatory parents/guardians meeting at 7:00 on Registration Day in the Craft Building. Florida state law requires that parents provide car seats for children three and under. Sturdy shoes are a must for the safety of our children, and play clothes that can get dirty will give them freedom and comfort to enjoy the activities.

CHILD CARE CO-OP



SWIM does not structure child-care outside of Children's Programming, but that child-care will happen if you (parents/guardians) work together to make it happen. Parents and/or guardians are encouraged to work cooperatively on child-care outside of Program hours. Children must be in the care of an adult at all times, but it need not be their parent or guardian. We suggest that parents/guardians make time on Registration Day to arrange an informal schedule of shared child-care so that all children are cared for, and all adults have the opportunity to participate fully in SWIM activities.

FAMILIES



Parents and guardians of young children (and individuals offering child care outside of the regular youth program schedule) should take the opportunity to meet one another on Registration Day during and after the 7 p.m. mandatory Youth Program Orientation in the Craft Building.



Families with children are housed in the same area, whether in cabins or your own tents. This arrangement makes it convenient to manage bedtimes, share and coordinate late-night child-care, and possibly hire care during times when parents are not able to be present outside of the program schedule.

Although SWIM does not provide specific programs for children under the age of 3, there are usually people willing to volunteer to provide a child care break for parents of very young children. But you must let it be known that you would appreciate their help.

GUARDIANS

If you chose to become a temporary guardian for any minor attending SWIM without a parent, we certainly appreciate your assistance to the SWIM Community and to that young person; however, you are also assuming responsibility for this minor. In awareness of this responsibility you should:

Limit the number of youth/teens for whom you are responsible.

Stay in touch with your charge/s each day during the week.

Attend any meetings pertinent to your charge/s and their activities.

Know where they are and let them know where you will be.

Exchange cell phone numbers for use at SWIM.

Have detailed contact information for the parents or legal guardians for yourself and available to SWIM in case contact with them is necessary.

Be aware that should illness, injury, or behavior require removal of your charge from SWIM, YOU MAY BE REQUIRED to accompany them back to their parents or guardians.

TEEN PROGRAM



The teen program, under the leadership of DRE, Kathy Smith, teens@swimuu.org, is varied and exciting! We include off-site trips as well as in-camp activities. Much of the schedule is planned in advance, but there is great flexibility during the camp week. We may choose to add a field trip, drop a planned activity, or adapt our schedule to include an impromptu game or cookie-baking session, depending on what the teens request at our check-in meetings. Parents/guardians and the SWIM director are always aware of where we are going, but we can't predict our schedule in advance because of our need for input from those most involved, the teens themselves! Part of the excitement of the teen program at SWIM is how much involvement each individual teen has in planning our community and our activities. Come be a part of a community YOU help plan and create!



The teen program runs 24/7 in their own teen cabin/s. Teens are housed with their staff, who are responsible for teens during the entire week. Parents and guardians **MUST** attend a mandatory meeting at 9:30 on Registration Day. And, of course, parents and guardians are expected to connect with their teens at least daily.

YOUNG ADULTS



Young adult programming at SWIM is loosely organized, largely determined by participants at the outset of the week. As many of our regular YA attendees are on staff, we'll try to arrange evening and late-night activities so our whole cohort can gather.

Those interested in participating in YA programming should meet with Kat Dow in the YA cabin at 10 p.m. on Registration Day. (Although many YAs at SWIM choose to tent camp, we are hoping to have a dedicated cabin as well.) We'll get to know one another and plan our SWIM!

Not sure if you qualify as a YA? Well, neither is Kat, now in her late 30s. If you get lumped in with "Millennials" (whether you really are one or not), you're probably a YA for our purposes.

Some possible activities include: A trip to TreeUmph! Adventure Course; Midnight kayaking on the camp's lake; Karaoke at a nearby watering hole; Go-Kart racing; Moonlight Grill; and Thrifting. Got more ideas? Email youngadults@swimuu.org with your suggestions, and we'll see you in December!

COMMUNITY ASSISTANTS NEEDED



Part of being in Community involves a willingness to assist within that Community as needed. To keep our Community running smoothly, all SWIM participants are expected to contribute to our welfare through being responsible for a community assistant task at least one time during the week. We will need three assistants in the dining hall for each meal, to help with set up, serving, and clean up. We also need at least two assistants each night to help with Serendipity. In addition we need daily Karma Monitors (to clean bathhouses!) Be sure to sign up when you register and indicate which day and task you want to do. Other volunteer opportunities may come up. Just ask! comast@swimuu.org

SWIM NUUS

Editor: Kat, nuus@swimuu.org. Each day at breakfast you will be greeted with a brand-new edition of the SWIM NUUS, full of schedules, reminders, human interest stories and humor - but only if you put



it there! The first edition will be the Confirmation NUUS in your e-mail confirmation packet. We will collect all NUUS contributions at camp each day by 9:00 pm. On Day 3, we feature the views of candidates for the SWIM board.

STORE

Attention SWIM Shoppers: The SWIM Store will be located in the dining hall and open 24/7, on the honor system.

SWIM 2016 t-shirts will be available in limited quantities. Please pre-order your SWIM wear when you register to guarantee availability.

Books, music, and handcrafts from SWIM artists will also be available at the store.

SWIM receives 20% of all sales for scholarships.

The SWIM Thrift Shop has been discontinued. But we do have a thrifting trip scheduled, so you can pick up your delightful discounted items then.

MUGBOOK

All participants will receive an electronic copy of the SWIM Mugbook at no extra cost. You'll have pictures and contact information at your fingertips so you can keep in touch all year – or visit with SWIM friends while traveling. Jenna Fairhaven is creating our Mugbook, so don't forget to stop at the mugging station during Registration so she can take your picture. Your Mugbook will be sent to your email address soon after SWIM.

Note: We do not share this information online nor outside the UU community.

SCHEDULES

Registration Day Schedule December 26

10:00 – 2:00 Staff Only for moving in prior to Set-up

1:00 Staff Meeting

1:30 Staff Registration

2:00 – 4:00 Arrive, Register, Move In

5:00 - 5:30 Ingathering: Meet Each Other and Share Important Information

6:00 – 7:00 Dinner

7:00 – 7:30 Children's Orientation with Parents / Guardians! Required!

7:45– 8:30 Welcome WORSHIP Service

9:30 – 10:00 Orientation, Teens & Parents / Guardians! Required!

9:00 – 11:30 Campfire

10:00 YA's 'organize'!

10:00 – 1:00 Serendipity & Games



SWIM Daily Schedule

All meals will be in the Dining Hall. Other large group activities will be in the Auditorium.

7:00 – 8:00 Yoga Meetup

7:45 – 8:45 Breakfast / NUUS Distribution

9:00 - 9:15 Opening Circle

9:15 – 12:00 and 1:00 – 4:00 Youth Program

10:00 – 12:00 Morning Workshops

12:00 – 1:00 Lunch



1:30 -- 3:30 Open Swim

When lifeguard is present

24/7 Daily Teen Program

2:00 – 4:00 MOST Afternoon Workshops

4:00 – 5:30 Daily Community Time – games, music, several Meet-Ups, and general fun!

5:30 – 6:30 Dinner

5:30-until...~Day 2 Costume Night

7:00 – 7:45 Worship



8:00-9:00 ~Day 1 Greg Greenway in Concert and 4:30-5:30 on Day 3

8:00-9:00 ~Day 2 Community Meeting

8:00-10:00 ~Day 3 Coffeehouse

8:00 – 9:00 ~Day 4 Auction

9:00 – 10:00 Campfire Music (most evenings)

9:00 NUUS Deadline

10:00 – 12:30 Days 1 & 2 (and other days after events) Serendipity and Games

10:00-2:00 ~Day 5 NYE Extravaganza



***Trip times vary.

Check Catalog, Information Table or White Board for departure times.***



Schedule for January 1

Annual Meeting of the Board 12:30 – 12:55 am (yep-am!)

8 am – 9 am Out of the Tents & Cabins! Camp Clean Up!

9:15 – 9:30 Closing Circle!

11:30 On your way! Have a safe trip home. We'll see you next year at SWIM!

DAILY EVENTS

In addition to the lists of Workshops, Trips and Activities in later sections of the catalog, and the various activities identified above, we have a number of daily events at SWIM.

Opening Circle 9:00-9:15

Our days begin with this brief time to come together and share a moment of inspiration, reconnect with the beauty of our natural setting and with each other, sing a song or two, and hear the announcements of the day.



Community Time 4:00-5:30

Between afternoon workshops and dinner, we'll gather for informal intergenerational fun. There will be games, music, athletic events, meetups and more!

Worship

chaplain@swimuu.org

Registration Day: 7:45 – 8:30 Our first worship is a Welcoming Worship Service led by our director, Nancy Applegate, and friends. This first service sets the tone for the week.



Daily Worship, 7:00 – 7:45 pm on Days 1-5, is led by our Chaplain, Duncan Teague, SWIM staff, and others. Evening worship presents an opportunity for our entire community to draw together and focus on the spiritual elements of being together at camp together.

Campfire 9-10 is a big favorite each night, except when Coffee House and Auction occurs on Day 3. Bring your instruments, including voices and clapping hands. A great time to gather a group to perform at Coffee House.

Serendipity and Games 10-12:30. There are many who like to dance the night away at Serendipity. The music will be a mix of all your danceable favorites. At the same time there will be some enticing games of Bananagrams and bridge along with puzzles and board games. Both take place in the Auditorium.



SINGLEDAY/EVENING EVENTS



Greg Greenway in Concert, Day 1, Tuesday~8-9

Those who have heard Greg, SWIM's Artist in Residence, at SUUSI or at his many concerts, know what a delight these concerts will be. A talented musician and composer, Greg brings his full attention and his awesome spirit to his music!

Costume Night Day 2, 5:30 until...

We'll have a fun time dressing up. No particular theme—just let your creativity take over. We'll come to dinner in costume and continue that way through the evening.



Community Meeting Day 2, ~8:00-9:00

Let's talk about it—about SWIM, of course. Having spent two years at Cloverleaf, what's your thinking about this camp? If we're no longer near Miami, is a name change in order? This is our annual Town Meeting. Do join us.

Community Meeting Day 2, ~8:00-9:00

Let's talk about it—about SWIM, of course. Having spent two years at Cloverleaf, what's your thinking about this camp? If we're no longer near Miami, is a name change in order? This is our annual Town Meeting. Do join us.

Greg Greenway Afternoon Concert, Day 3, 4:30-5:30

Coffeehouse Day 3, ~8:00-9:00

Ahhh.... The amazing talent to be found amongst us! This is your time to share your talent and our time to enjoy the various performances. Please sign up at Registration or at the Information Table. Coffeehouse is for all ages in our intergenerational community. Form groups with fellow SWIMmers or go it on your own. We always look forward to this event.



Auction Day 4, 8:00-9:00 13th Annual Auction What a fun event this is! You don't need to bid to have a good time, though we welcome your additions to our scholarship fund. Home hospitality across the nation highlights the donations. Musical serenades, handmade crafts, tie-dye shirts... You never know what great surprises await you! Some items will be put out early in the week for silent auction. So pack the articles you have to donate and tell us about them at Registration or early in the week.



Gala New Year's Eve Ball, Day 5, ~10-2

Decking the hall begins usually on Day 1 and continues all week with special emphasis on Day 5. A host of volunteers magically turns the Auditorium into a glorious ballroom. Some come in costume, many in fancy dress, and some in shorts and t-shirts. Your call. What's important is that you be there and enjoy our last evening together at SWIM and the last evening of 2015. Our kitchen staff provides a sumptuous fare. At SWIM we always bring in the New Year most joyously with great inspiration and expectation!



WORKSHOPS AND ACTIVITIES ON SITE AND TRIPS OFF SITE

Please be aware that there is no extra charge for workshops unless a small materials fee has been added. Workshop attendance is included in your Registration Fee. There is a slight transportation fee for trips and in some cases a payment to the vendor. We try to keep your costs for SWIM to a minimum. Nowhere in south central Florida could you experience a week's lodging and meals plus workshops and trips at the rate we offer them at SWIM!

Code for Identification Numbers for Workshops and Trips

Workshops and Activities:

Day 1 – 100s – Tuesday, Dec. 27

Day 2 – 200s - Wednesday, Dec. 28

Day 3 – 300s - Thursday, Dec. 29

Day 4 – 400s - Friday, Dec. 30

Day 5 – 500s - Saturday, Dec 31

The second digit indicates the time.

x0x – early morning

x1x – morning workshops, usually 10-12

x2x – afternoon workshops, usually 2-4

x3x – late afternoon, varied times

x4x – evening

Multi-day workshops are numbered and listed according to the first time they meet.

Trips:

Day 1 - 600s - Tuesday, Dec. 27

Day 2 - 700s - Wednesday, Dec. 28

Day 3 - 800s - Thursday, Dec. 29

Day 4 - 900s - Friday, Dec. 30

Day 5 - 1000s - Saturday, Dec 31

Please check <http://www.swimuu.org> for possible changes.

Athletics will be included within Workshops and Activities and Trips



WORKSHOPS AND ACTIVITIES

We have workshops and activities for you to learn, grow, enjoy, play, and share while you are at SWIM. Adults and Teens are encouraged to sign up for workshops. Many workshops are intended for all ages, including children.

Included in our Workshops offerings are what we call “Meetups” and suggestions for meetups. Meetups are leaderless activities. People with a common interest are invited to join together to share that interest. It is not necessary to register for meetups and you can move from one to another during the same time frame.

*****Please REGISTER for all non-meetup workshops and activities when you register for SWIM!***** It is important that leaders know how many, if any, participants to expect. Cancellations. If there are any, will be posted as soon as we become aware of them, here, on our website, and at camp.

All of our workshop leaders are volunteers, so SWIM participants can experience fantastic activities at little or no cost. Leaders get lots of appreciation and a free SWIM T-shirt.

If you have something you’d like to share next year, please contact our workshop coordinator.



DAY 1 - Tuesday 12/27

MORNING

101 Yoga Meetup Limit: None

Gather with like-minded people to practice yoga.

Free 7:30 am–8:30 am Ages: All

102 1 Mile Walk Limit: None

Explore Camp Cloverleaf and get some exercise on a morning walk.

Free 7:15 am–8 am Ages: All

112 Creative Writing Limit: None

Bring a writing utensil, paper and a smile. Whether you are an experienced writer, or just starting, this workshop will spark your creativity. At the first meeting the group will determine other times during the week to get together to write.

Ellé Long comes to SWIM every year from California.

Free 10 am–12 pm Ages: 12+

113 Bocce Ball Limit 16

Bocce is a cross between bowling, shuffleboard and croquet. Fun for all ages. This is an introduction. The court will be up all week for you to enjoy.

Carolyn and Steve Baker enjoy sharing this game with others.

Free 10 am–12 pm Ages: 12+

114 Basic Canoeing Skills Limit: 12

Whether you are a beginner, or just need to brush up on your skills, you can learn the basics right here at Cloverleaf.

Marc Robinson has been leading SWIM canoe trips for years.

Free 10 am–12 pm Ages: Adult with some swimming ability

AFTERNOON

121 Mexico 2016 – Beyond the Stereotypes No limit

In this election year we have heard many unflattering stereotypes about Mexico. Where do all those nasty stereotypes come from, anyway? Which ones may be attributed to Hollywood hype, and which ones may have emerged from genuine cultural differences? What are the Mexicans' stereotypes of people from the USA? As we learn more about Mexican perspectives on life, we gain new insights into our own culture.

Paula Heusinkveld has been observing and interpreting Mexican culture for over fifty years. She has conducted numerous workshops on cross-cultural awareness in Mexico as well as the USA.

Ages 12+ Free 2:00-3:30 pm

122 Eating fat to lose weight and get healthier No limit

The low carb/ high fat diet (LCHF) movement is growing and probably disappointing many who make money off our poor health. It used to be only the U.S. that had an epidemic of obese two-year-olds; now the rest of the world shares our problematic diet. A high fat diet will allow effortless weight loss, and more importantly, it will reduce the impact of diabetes, cancer, heart disease, and maybe even Alzheimers.

Jon Hoskin has a Ph.D. in food science

Ages 12+ Free 2:00-4:00 pm

COMMUNITY TIME-Late Afternoon

In the spirit of this year's SWIM theme, Creating Community, we gather for all kinds of intergenerational fun. There are many options, limited only by our imagination.

Possible meetups: Music, Scrabble, Bridge, Jigsaw puzzles, Bocce Ball, Ping-pong, Frisbee...You name it!

134 Beer Tasting Limit: None

Bring a sixpack of interesting or outrageous beer for admission. Bring your favorite joke or tall tale to share.

Jon Hoskin will guide us in a discussion. One six pack provides admission to all tastings.

Fee: Beer 4:30 pm-5:30 pm Ages: Adult



EVENING

141 12 Step Meeting Limit: None

Gather together for this support group. At the first session the group will decide where and when to meet during the week. No registration necessary.

Free 6 pm-6:30 pm Ages: Adult

DAY 2 - Wednesday 12/28

MORNING

201 Yoga Meetup

See 101

202 1 Mile Walk

See 102

212 Tai Chi Limit: None

Tai Chi is a Chinese martial art that is reported to have health benefits. No prior experience needed. Ron Phillips practices Tai Chi with a group of Unitarian Universalists in Tampa.

Free 10 am–11:30 am Ages: 12+

213 Ikebana for Beginners Limit 8

Ikebana (pronounced ee-kay-bah-nah) is the ancient Japanese art of flower arranging. By the end of this workshop, you will have created your own simple Ikebana arrangement.

Elizabeth Norval has been enjoying Ikebana for 30 years.

Materials fee: \$5.00 10:00 am-12:00 noon Ages 12+

214 Dangerous Southern Liberal Religious Poetry

What if we articulate our radical and simple spirit-filled ideas poetically? This may be the chance to see if this is even possible. Come join the new SWIM chaplain in this fun and possibly serious endeavor. Bring the instrument of choice to write poetry and notes. Remember you do use a different part of the brain to write with your hands instead of typing.

Duncan Teague, SWIM's chaplain, is also a poet.

AFTERNOON

221 - Let's Write a Song Together in Two Hours No Limit

This is a fun little distillation of the process that has led to all of my hundreds of songs. There are definitely ways to do this, and they're illuminating and surprising. We'll inspire ourselves, find words for our inspiration, find music in those words, and find the story behind it all. Tada! A song! There will be some benevolent guidance (I get to be musical Zeus for two hours), but it will be a communal process. Who knows we might even co-write the next great UU Holiday song.



Greg Greenway is SWIM 2016's Artist in Residence.

Free Ages 15+

223 Watercolor Limit: 10

Watercolor is an easy to learn painting technique. Come and create!

Ellé Long has much talent, and is great to be around in general!

Materials Fee: \$5 2 pm–4 pm Ages: 12+

COMMUNITY TIME

232 Kickball Game: World vs Florida Limit: None



No prior experience is needed for the kickball game. Anyone can play! And if you're not into playing, we can always use cheerleaders!

234 Beer Tasting

See 035 , only starts at 5 pm

Meetups Music, Scrabble, Bridge, puzzles, ping pong, etc.

EVENING

241 Twelve-Step Meeting See 141

244 Wine Tasting Limit: 30

Bring one bottle of your favorite wine for admission to both wine tastings.

Jon Hoskin will lead the discussion and teach us the fine points of wine tasting.

Fee: Wine 9 pm–10 pm Ages: Adult

DAY 3 - Thursday 12/29

MORNING

301 Yoga Meetup

See 101

302 1 Mile Walk

See 102

312 Silk Scarves!

Who doesn't want to design their own beautiful silk scarf? Dee will bring scarves and materials for making our own beautiful fashion statements.

Dee Medley creates in a number of media, but seems happiest with fabric art of various types.

\$10 Materials Fee 10am-12pm Ages 15+

113 Gentle Yoga Limit: None

Practice gentle stretches and simple postures that enhance flexibility, mobility and balance. People with inflexible or aching bodies are especially welcome.

Paula Heusinkveld has found gentle yoga to be very helpful in her life.

Free 10 am–11:30 am Ages: 12

AFTERNOON

320 Travel on the Cheap Limit:

Ray Clayton is a savvy world traveler, having visited over 80 countries and circumnavigated the globe six times! In this session he will demonstrate how he retro-fitted his car to be a miniature camper-van. He recently traveled over 8,000 miles throughout the western USA for less than \$800. He loves to share his photos and tips on how to do it

Free 1:00-2:00 pm Ages 15+

322 Introduction to Tarot Limit: None

Tarot cards hold many stories and can be used in many ways. We'll take a look at the cards, their meanings and uses. If you have a deck, bring it. Several decks will be available.
MaryAnn Somervill has been reading cards at SWIM for many years.
Free 2:00-4:00 Ages: Adult

323 SWIM Salon Limit: None

Currently focused on national affairs and cultural trends, *The Atlantic* magazine is aimed at an audience of "serious national readers and thought leaders." *Read the December issue of *The Atlantic* to spark our conversation.
Alice Alexander loves robust discussions and is motivated by global compassion.
Free 2:00-3:30 pm Ages 12 +

COMMUNITY TIME

Meetups

Greg Greenway Concert in the Afternoon, 4:30-5:30. No limit.

More of our Artist in Residence, Greg Greenway. You heard his evening concert on Day 1. Now come enjoy an afternoon concert. A fun and relaxing time.
Free. All ages.

EVENING

335 Wine tasting See 244

341 Twelve-Step Meet-up See 141.

DAY 4 - Friday 12/30

MORNING

401 Yoga Meetup
See 101

402 1 Mile Walk
See 102



413 Tai Chi See 213

414 Mini Memoirs-Writing Life Stories Limit 12

Everyone can write! We will share prompts and exercises to recall meaningful people and events in our lives. Then we will each create our own memoir style life stories.
Rebecca Moon believes in the transformative power of writing! She is in several writing groups and she also studies memoir writing. She is writing her memoir-one story at a time.
Free 10am-12pm Ages 12+

AFTERNOON

420 Spanish Conversation Limit: None

Come and chat in Spanish with some English as needed.

Paula Heusinkveld taught Spanish at Clemson University for many years.

423 The State of the World Limit: None

It's that time of year again, when you take stock of everything that's transpired, and conclude that it's all turning to compost. No doubt you have questions, or even complaints at the great mess we're in. Whether it's ISIS, national politics gone amok, Brexit, or the international conspiracy you sense, why not direct your questions to a retired journalist with a proper sense of the absurd?

Joel Simons retired in 2008 as a business and previously a foreign editor at *The New York Times*, and since then has been reading, traveling and seeking to disport himself creditably.

Free 2 pm- 4 pm Ages: 15+

424 Cuba: Then and Now – No limit All ages

Come enjoy photos and music of Cuba from four separate trips spanning nearly forty years.

Carolyn Baker sailed her boat to Cuba twice in the late 1970s, returned to Cuba on a one-week group tour in 2014, and traveled there independently in 2015. She loves to share her experiences and her perspectives on a changing Cuba., (*Note: Will need to be scheduled in a room where Carolyn can connect her computer to a TV screen.*) Free

COMMUNITY TIME

433 Music Meet-Up

Meet-Ups

Kickball Game ??? Limit: None

434 Beer Tasting

See 134

EVENING

441 12 Step Meetup

See 141

444 Wine Tasting

See 244.

DAY 5 - Saturday 12/31

MORNING

401 Yoga Meetup

See 001

502 Early morning walk

See 102

513 Poncho's Never Ending Workshop Limit: None

Poncho Heavener has been leading this workshop since 1976 and has changed many lives for the better. Come see what the magic is all about!

Free 10 am-12 pm Ages: All

514 LGBT Rights, Then and Now

We will look at gay history, particularly in Florida, and the terminology in use today. By looking at where we've been, we will formulate ideas on where we're going and what we can do, as LGBT or allies, to insure rights.

Terry Schneider has had a long involvement with the gay rights movement, having organized the first Gay Pride weekend in Miami in 1976.

AFTERNOON

521 Tarot Readings Limit: 13

The last day of 2016 is a good time to look at the cards to see what may be in store as you move into 2017.

Mary Ann Somerville is often amazed at the insights that people gain from these pretty little cards.

Free 10 am-12 pm Ages: 13 +

522 Native American Spirituality with Steve Baker 2:00-4:00 pm

Description to follow

523 Service Project Limit: None

Help pack up the kitchen to close up camp.

Free 2 pm-4 pm Ages: All

COMMUNITY TIME

Meetups

534 Beer Tasting

See 134

EVENING

541 12 Step Meeting

See 141

TRIPS

There are trips planned to acquaint you with a part of Florida that may be new to you. Explorations into nature on foot or by canoe are included as well as trips to Lake Placid and nearby Sebring to sample what these small towns have to offer.



SAFE TRIP BOX

No sandals/flip flops or Crocs on canoe trips. Cheap water shoes or anything that can be tied or closed securely with Velcro will be allowed.

Required for all Outdoor Trips: Water, proper shoes, towel and dry change of clothes (if you get wet), bug repellent, sunscreen, raincoat/poncho

Helpful Sunglasses, hat, bird/plant identification book, camera, layered clothing, binoculars, a sense of adventure.

DAY 1 - Tuesday 12/27

621 Highlands Hammock State Park Bicycle Trip

Day 1:00 - 5:00 Limit 11

Highland Hammocks State Park Bicycle Trip

Highland Hammocks was the first park in the Florida system. It is one of the most beautiful. We will ride through the park along the circular park road for three miles under a canopy of palms, live oaks and hickory, all coated with Spanish moss. We will stop several places to walk and sample the wild citrus. We'll also make a visit to the CCC museum.

\$22.00 + \$\$ for bike rental at \$4.00 per hour

Ages: All

831 Fisheating Creek Canoe

Limit 11

9:00-5:00 pm

Water level and weather permitting, we will take a shuttle ride upstream, then meander through forests, pastures, and marshes as Fisheating Creek makes its way towards Lake Okeechobee (the Big Lake). It is the only body of water remaining that flows naturally into the Big Lake. Much of the river and land around it remains untouched. This is Florida at its most natural and you may encounter a variety of wildlife, including swallow-tail kites, bald eagles, deer, wild boar, river otters, and alligators. Black bears and Florida panthers roam freely in the park. Alligators are abundant in Fisheating Creek and swimming is not recommended here! If time allows, there is a spring fed lake at the campground where we can swim at the end of the trip. Wear bathing suit and SEE Safe Trip Box

\$30.00

Ages: All, though children 14 and under must be accompanied by parent or guardian

DAY 2 - Wednesday 12/28

MORNING

Archbold Biological Station

Limit 11

8:00 am-12:00 pm

711 Archbold Biological Station, an independent, non-profit research facility devoted to long-term ecological conservation, is the leading center for study of the Florida scrub, which is a community unique to Florida containing many plants and animals found no where else. We will walk a nature trail to get familiar with the scrub habitat and visit the museum which provides the history of the station. There is no fee to enter the station, however you can make a tax-deductible donation at the main office that goes toward an acquisition fund to preserve and maintain additional acres of threatened scrub ecosystems.

\$15.00

Ages: All

Afternoon

Limit 11

721 Thrifting in Lake Placid

12:30-3:30

Finery for the New Year's Eve party, or an amazing get up for Costume Night, or a really neat outfit to wear at home? Loads of thrift shops, so odds are you'll find something special.

\$10.00

Ages: All

DAY 3, December 29

Morning

9:00-12:00

811 Lake Placid Mural Tour

Limit: 11

Lake Placid, the small Florida town where our camp is located, has nearly 50 murals. We will walk around town after seeing a short movie at the Chamber of Commerce which provides historical background. On our stroll we will observe many of these murals and then drop by the Caladium Arts and Crafts Co-op downtown.

\$10.00 (which does not include the \$3.00 mural book available at the Chamber) plus cash for shopping

Ages: All

8:00-11:00

No limit

812 Lake Francis Canoe/Kayak Tour

We will use the canoes and kayaks available at camp to check out the beautiful lake where Cloverleaf Camp is situated. An easy morning, this lake tour will be fun for all ages.

Free

Ages: All—if lifeguard is available.

Afternoon

2:00-5:00

822 Lake Francis Canoe/Kayak Tour

See 812 above

Free

Ages: All—if lifeguard is available.

DAY 4, December 30

Morning

9:00-12:00

911 Archbold Cattle Ranch

Limit: 11

Florida has one of the biggest cattle industries in the U.S. The impact on the environment is intense. A part of the Archbold property is devoted to ecological cattle raising in which new methods for doing this are tried. We will tour the ranch and learn their techniques for raising cattle while protecting the environment. We did this tour in 2008 and it proved to be our most interesting tour that year.

\$25.00

Ages: All

912 Solomon's Castle Tour

9:00 a.m.-12:00p.m.

Limit: 11

This is a real castle created many years ago primarily from printing plates. Solomon did it on his own, as well as creating the unusual art displayed in the castle. You will enjoy experiencing his amazing creativity as well as his quirky sense of humor. We'll spend time walking the grounds and browsing in the gift shop. **THEY DO NOT ACCEPT CREDIT CARDS, SO BRING CASH FOR SHOPPING.**

\$20.00 Adults, \$14.00 Children 12 and under.

Afternoon

12:30-4:00

921 Arbuckle Creek Kayak Paddle

Limit: 11

After a 30 minute ride to the outfitter, we will paddle up the creek about 2 1/2 miles where we will stop for a snack (BYO!) prior to returning to the park. An ideal trip for all ages. Pack some snacks and beverages and prepare for a peaceful and serene voyage through one of the most beautiful waterways in this area. Not strenuous. Canoes are available in lieu of kayaks, but we must notify 24 hrs. in advance. Also, please specify if you prefer single vs. double kayak.

\$49.00

Ages: All

DAY 5, December 31

Morning

1011 Henscratch Farms Vineyard & Winery and Historic Downtown Sebring Limit 11

9:30 am – 12 noon Ages: All

This unique Florida Farm and Winery grows native southern muscadine and scuppernong grapes, has a hydroponics strawberry production system, and a blueberry patch (in season), as well as over 100 free range laying hens that supply the country store with fresh eggs. Stroll around and take the self-guided tour, pick some berries, sample the wine, shop in the country store and gift shop, and have one of their "famous" shakes. Then on to Sebring, a nearby town, to tour the Circle in the downtown area.

\$10.00 plus money for purchases.

Ages: All

10222 Treeumph!*

8:30-6:00

TreeUmph! Adventure Course is a challenging and fun trip through the trees that takes climbers through a variety of obstacles. The 3-4 hour course starts with simple obstacles and becomes more challenging as it progresses, and includes zip lines! Participants should bring some cash for gloves (recommended) and other incidentals, as this will be an all-day trip. Bag lunch included.

\$65.00 plus money for purchases.

Ages: 13+

Eight registrations needed by Oct. 15 to help ensure this trip can be booked with this popular attraction! If you are interested but unable to register that early, please contact youngadult@swimuu.org to make arrangements.



COSTS

In our ongoing efforts to keep SWIM costs as low as possible while still being able to pay our bills, we are happy to announce that there will be **NO INCREASE** in the cost of SWIM! Plus there's a \$40 per person reduction for all camped in tents or RVs all week.

There is no cost for workshops except for an occasional materials fee. Trip costs include transportation and what we must pay to vendors.

\$490 for adults ages 18 and over

\$328 for teens 13-17

\$216 for children ages 3-12

FREE for infants and children under 3 years of age

Sleeping offsite deduct \$100

Eating offsite deduct \$100

One Day & Night including lodging and 3 meals: \$85

One Day only: \$10 plus meals*

*To register for One Day only, please send an email regarding which days you will attend, and or come for Registration day. Send you email to Jerry Elsenrath, Registrar, at registrar@swimuu.org

There will be a reduction of \$40.00 **per person** for all paying tent campers and those staying in RVs. In order to qualify for the reduction, you must be camped in either tent or RV for the entire week.

Meals:

Breakfast \$9.00

Lunch \$11.00

Dinner \$15.00

New Year's Eve Party only: \$55.00 per Adult (Includes dinner, party, and overnight camp fee. You must be the guest of a SWIM participant.)

UU Ministers: We would love to have you share in our special community. So we are inviting you for one day as our guest. We are also extending a 50% discount for any time at SWIM beyond a single day.

SCHOLARSHIPS

First priority will go to first time requests and those willing to help out during SWIM as able. Please make your request as early as possible, since we want to respond soon. If you are requesting a scholarship or more information, please contact any member of the scholarship committee: Nancy Applegate, Stuart Dodd. Also be aware that staff positions carry a discount of varying amounts, and at this time there are still **staff positions** available.

HOW TO REGISTER



SOAR (SWIM Online Activity Registration) will open in the fall.

We prefer that you register online. Go to our website and click on the link for SWIM Online Activity Registration, SOAR. It is not necessary to complete the online registration in one sitting. Take as much or as little time as you choose. If you are a **new staff member**, please register **NOW!** We need to have your email address in the system asap. Then later you can take all time you need with the full registration.

If you prefer, you can print and fill out the paper Registration Forms, which are available on the website, and mail them with appropriate payment to our Registrar, Jerry Elsenrath, whose contact information is on the form. Jerry will get your information into SOAR, and you will be ready to go! He is also happy to talk with you on the telephone and work out any problems.

Changes and additions to the information in this catalog will also be posted here, on the website, and in SOAR, so that is clearly the best way to register!

Remember, RV hookups are limited. The best way to guarantee having one is to register early.

SWIM COMMUNITY BEHAVIORAL EXPECTATIONS

SWIM has long asked participants to sign a brief statement regarding appropriate behavior at SWIM. The following is an expansion of that statement. Our behavioral expectations are for the entire community, with specifics for teens.

SWIM is an intentional community. We expect behavior that contributes to the spirit of community rather than detracting from it.

Drug use by anyone and alcohol use by minors will not be tolerated. Florida law prohibits use of tobacco by minors and distribution of tobacco to minors.

Distribution of drugs to anyone, and of alcohol to minors is unacceptable. Firearms are not permitted at camp.

Sexual harassment is demeaning, abusive of our community, and is thus not tolerated.

Violation of these behavioral expectations, depending on the severity of the infraction, may result in removal from SWIM.

In addition, all gathering places and entrances are smoke free.

A detailed version of our behavioral expectations and policies may be found linked to our website at www.swimuu.org. We request that you sign the statement in our registration forms or in our online SOAR registration program to acknowledge that you are aware of and willing to abide by these expectations.

Our Teen Program, too, is grounded in a community of love and respect.

SWIM TEEN POLICY

All Youth and Teens at this event must follow the “Big Four Rules”, as observed at most UU youth events:

1. No use of illegal or controlled substances is allowed. Over-the-counter medications may only be used with permission and used as directed on the package. Youth may only take a prescription drug if listed on her or his registration forms.
2. No engaging in sexual relations. Sexual relations are defined as inappropriate sexualized or intimate touching that is disrespectful to the community or event goals.
3. No bringing or using weapons, such as firearms, knives, fireworks, or any object that is intended to be a weapon.
4. No use of violence in words or action.

If there is reasonable suspicion of a violation of the Big Four, the youth’s personal belongings are subject to search by their parent or guardian. If evidence is found that the youth violated one of the Big Four, a spirit committee consisting of the SWIM staff, director, chaplain, and/or teen advisors will determine the consequences up to and including immediately sending the youth home at the cost to the parents.

Parents/guardians are expected to discuss with their teens SWIM behavioral expectations and their own expectations regarding appropriate behavior at SWIM.

PRINCIPLES OF THE UNITARIAN UNIVERSALIST ASSOCIATION



At SWIM, we subscribe to the Principles of the Unitarian Universalist Association, which form the basis for our concept of a loving, supportive community. The values and behavioral expectations of our community stem from these principles.

We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:

The inherent worth and dignity of every person;

Justice, equity and compassion in human relations;
Acceptance of one another and encouragement to spiritual growth in our congregations;
A free and responsible search for truth and meaning;
The right of conscience and the use of the democratic process within our congregations and in society at large;
The goal of world community with peace, liberty, and justice for all;
Respect for the interdependent web of all existence of which we are a part.

We live out these within a “living tradition” of wisdom and spirituality, drawn from sources as diverse as science, poetry, scripture, and personal experience. These are the six sources our congregations affirm and promote:

Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;

Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;

Wisdom from the world's religions which inspires us in our ethical and spiritual life;

Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;

Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit;

Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.

GETTING TO SWIM

Driving?

Cloverleaf 4 H Camp, 126 Cloverleaf Rd, Lake Placid, FL 33852



Cloverleaf Road runs west off US Highway 27, a north-south highway in the center of the state. Lake Placid is a small town south of Sebring and north of Moore Haven.

From the south, drive north about 1 ½ miles past Lake Placid to Lake June Road. Turn left and wind around the lake for about 2 ½ miles to Cloverleaf Road, where you'll take a right. The camp is on the left.

From the north, turn right on Cloverleaf Road, 7.7 miles south of the intersection of 98 and 27.

Continue till you get to the camp on the right.

Or you could always enter the address into your GPS! Or Google it!

Arriving Early? We will not be allowed on site until December 26, however, there are motels in Lake Placid and Sebring. If you're camping, Highlands Hammock State Park has overnight camping and there are other campgrounds in the area. **FOR MOTELS AND CAMPSITES, MAKE YOUR RESERVATIONS EARLY!**

Carpooling?

Great idea! Save resources while you get to know some SWIM folks! Follow the directions above. To find people from your area who are attending, contact our Registrar/Car Pool Coordinator, Jerry Elsenrath. He can help connect you with folks in your area.

Flying?

Well, the bottom line is that there is no Lake Placid International Airport! There are a number of major and small airports in the Central Florida area, but you'll be on your own from airport to camp... Except if you fly into Tampa (TPA). There will be some transportation between TPA and Cloverleaf. Contact Transportation Coordinator, transportation@swimuu.org. We will have a 15-passenger van to help transport you to Lake Placid, tentatively departing Tampa International Airport at NOON. The cost will be \$30 per person one way with a limit of \$60 per family to offset gasoline and van rental. You can also make arrangements at that time for a return trip to Tampa International Airport from Cloverleaf on January 1. The van will leave camp at NOON that day, so schedule your flight accordingly. Cost will be the same: \$30 per person for the return trip up to \$60 per family. MAKE THESE ARRANGEMENTS EARLY as it will be on a first come first served basis.

If you fly into Miami, Fort Lauderdale, or West Palm Beach, you will be complicating your travel. It is possible to get to Sebring from these locations by train, but it may not be easy! Check it out at <https://tickets.amtrak.com/itd/amtrak>.

By Rail?

It's slower, but less costly and provides an opportunity to relax and see the country. There is an Amtrak Station in Sebring, about 20 minutes north of camp. Depending on the need, we may be able to provide limited shuttle service at \$10.00 per person one way with a limit of \$20 per family. And there are cabs. If there's a need, we may be able to provide a shuttle back to the train station on Jan. 1 at the same rate. To request a ride from the train station to camp, contact Transportation Coordinator, transportation@swimuu.org.

WHAT TO BRING

Bring your own towels, pillow & bed linens. Remember that while we're still in Florida, it will be cool at night (and possibly even during the day), so a blanket and jacket are recommended. Even Florida gets cold in the winter on occasion. A few warm items of clothing would be a good idea. December is not our rainy season, but you never know! Think of the Boy Scout motto and Be Prepared!



Other items of clothing that may add to your comfort and fun are casual clothing that can get wet and be layered as the weather changes, and maybe some costumes and dressy clothes to wear on costume night and New Year's Eve.

Other useful items: a folding chair, a flashlight, your own toiletries in something you can carry to and from the bathhouse, musical instruments and games, etc.

Don't forget to bring any trip-required gear and workshop-related materials and a fun prize for our game of Peek.

And unfortunately, no pets! (For information on a nearby kennel, contact info@swimuu.com)

To meet the requirements of Florida state law, parents must provide car seats for children ages three and under.

Of course, all weapons and illegal items are strictly prohibited.

For tent campers~We will be in a level, grassy area near the cabins with no electrical hookups. You will need all the usual camping gear, like air mattress, sleeping bag, sheets, pillows, blanket, bathroom tote, chairs, flashlight, etc. You are limited only by your travel space and your creativity.

RV campers~better than ever! Hook ups and a dump station. HOWEVER there is a limited number of hook ups! Register EARLY to insure that you will get one of them

Suggested Packing List

This Catalog

Emergency contact information

Signed forms for minors

Confirmation NUUS

Mugbook

Prescription meds

Special diet needs

Water bottle

Sunscreen

Flashlight & Extra Batteries

Bed linens, Pillows, Blankets

Towels, Shower items, Toiletries

Insect repellent

Folding chair

Musical Instruments

Costumes

New Year's Eve Ball Attire

Games

Snacks

Favorite drinks

Add to this list as you sign up for trips & workshops and as you think of something else you want to be sure to remember to bring.

AFTER SWIM STOP TO SLEEP

We've had a fun week, and quite a busy one. And we've ended the week with a late night New Year's Eve party. Yes, we've had a fantastic time, but that fantastic time used a lot of energy and may have left us pretty worn. Keep that in mind as you leave camp on January 1 to begin your trip home. If you're too tired to drive, don't drive! There are members of our community who live along the way home and who are willing to make their homes available to weary travelers. We'll ask them to identify themselves at Closing Circle. Please take advantage of home hospitality along the way.

SEE YOU AT SWIM 2017!



CREATING

COMMUNITY
SWIM 2016

