Register early to assure your choices



Vacation with UUs

in Florida

Partner Yoga Happy Feet King Mango Strut Teen Night Sail Shark Valley Bike Well Loved Poems

December 26 to January 1 at Camp Owaissa Bauer Homestead, Fla., south of Miami



40th Anniversary of Woodstock "Community Sing-along"



SWIM Director's Greeting Bliss (blis) noun

1. Great joy or happiness 2. Spiritual joy; heavenly rapture, 3. Any cause of bliss At least, according to <u>Webster's New World College Dictionary</u>.

We have a sense of what bliss is, but how do we find it?

Director Susie Enright I believe we find our bliss by following our passions, by communing with like minds, by sharing our gifts, by being open to the gifts of others, or by striking out on one's own to try something new (& perhaps even a little scary).

I believe bliss is to be found in the comfort of a loved one's hand, in a satisfying meal with friends new and old, in a really good book, in the beauty of nature, and in the many small, unexpected, connections in the world that become apparent when we take the time to really be in the moment.

I believe all my notions of bliss, and maybe yours too, can be found in this community we call SWIM. I hope you'll join us this year as we gather to reshape our dynamic community. Each year is both different and the same as years before. Each is unique while a part of the greater whole, like each of its participants. Welcome to SWIM 2009, welcome to my bliss... -**Susie Enwright, Director 2008-2009**

President's Welcome -Welcome home SWIM!



After three years in the wilderness, we are so pleased to announce that SWIM is returning to Camp Owaissa Bauer in Homestead, just south of Miami, Florida. Not that we are averse to wilderness-our times at the Youth Conservation Camp in West Palm Beach, UU-in-the-Pines in Brooksville, and 4-H

Camp Cloverleaf in Lake Placid were all happy times for the most part, although they called for heroic efforts on the part of our volunteer staff, board, and community. AND WE DID IT! Although our numbers were reduced last year, we managed to break even and keep SWIM alive!

So now we return to a shiny new version of our home of nearly three decades, complete with weatherized cabins, attached bathrooms, refurbished and accessible bath house, plenty of camping, paved walkways, and major kitchen and dining hall improvements. Nearby are our favorite haunts: The bakery of legendary sticky buns, the Coconut Grove silliness and sailboat harbor, an array of ethnic and picturesque restaurants, state parks, beaches, the Everglades for (hiking, canoeing and airboat riding), and the Keys for offshore and river canoeing and kayaking. What remains unchanged, however, is that incredible loving and supportive SWIM community!

Meanwhile, SWIM is stirred but not shaken. The economic situation, cost of gasoline, and general craziness of our Odyssey has made it difficult for some of our family, both potential and established, to join us as easily as before. We have managed to stay afloat, but we very much need you! To help out, we not only offer the enticement of Greater Miami again, but we have sacrificed our face-to-face staff and board meetings in order to keep costs as low as possible. Thanks to Skype and other Internet technologies, as well as Camp Owaissa Bauer's help, we can now offer a RE-DUCTION in cost for SWIM 2009. Our full adult costs are reduced by twenty-five dollars (\$25), and other costs reduced accordingly. This is probably not something we will be able to continue indefinitely, so NOW IS THE TIME TO COME ABOARD! Where else can you have BLISS at such a bargain?

Vonnie Hicks SWIM BOT President

Volunteer Responsibilities:

We are an all-volunteer organization.

Every person, ages 13 and up, volunteers to do at least one job. This reduces the cost of SWIM, and working together helps to build our treasured sense of community. Each adult signs up for ONE volunteer shift serving before, during or after meals, helping with Serendipity or the New Year's Eve festivities. Volunteer jobs are a great time to socialize while getting the work done. When you register, you'll see a place to indicate your volunteer preferences on the registration form. For all three meals on Tuesday, we are in the excellent hands of our teen volunteers.

We will do our best to give you the jobs you ask for on a first-come basis. Preregistrants will have a better chance of getting their choice since our Sup Vol Sup tries to complete a schedule for volunteers before SWIM. You can also volunteer for any job that you see needs doing. There's no limit to the number of helpful things you can do. Also, there's no limit to the thank-you hugs we can give.

Please keep in mind that staff members serve at the information table and are all
volunteers, too! More information online.

Let's work and play together!

Vonnie Hicks, President, Susie Enright, Director 2008-2009 Mary Ann Somervill, Secretary & Director Emerita Pete Leary, Director-Elect 2010-2011 swimdirector1011@swimuu.org Marty Springer, Webmaster, Online Registrar, At-Large Trustee through 2009 Doug Hughes. Treasurer Meredith Machler, Florida District Rep through 2010 Kama Ward, At-Large Trustee through 2011 Kiah Ring, Youth Rep through 2009 Marc Robinson, South Florida Cluster Rep through 2009 Note on SWIM elections: One at-large and one youth rep will be elected by attendees of SWIM 2009. Details will be in Confirmation NUUS. VOTE on day 4 Your SWIM Staff Director: Susan Enwright 828-450-5319 director2008-09@swimuu.org Director Emerita/Ms. Information: Mary Ann Somervill info@swimuu.org Director Elect 2010-11: Pete Leary Brochure/Coffeehouse/Acoustic Music Maven. director2010-11@swimuu.org Chaplain: Ann Marie Alderman Co-Registrar & Carpool: Jerry Elsenrath registrar@swimuu.org 8708 N. Lvnn Lane Tampa FL, 33604-1316 Co-Registrar/Website: Marty Springer registrar@swimuu.org SWIM Store: Laura Somervill store@swimuu.org Mugbook/Community Time/Media Master: Vonnie Hicks mugbook@swimuu.org Auction: TBA

Your SWIM Board of Trustees

Equipment: Cory Cockerham & Bob Jacober Health & Safety: Angela Dublanko Serendipity Music: TBA Serendipity Service: Jerry Elsenrath Workshop Coordinator: Sharon Beecher workshops@swimuu.org SWIM NUUS: Charlie Somervill, nuus@swimuu.org **Outdoor Adventures Co-coordinators:** Meredith Machler & Cay Cahalin outdooradventures@swimuu.org **Outdoor Adventures Staff:** Chuck Harty, Ernie Wilson, Marc Robinson, & Laura Hadden Van/shuttle Coordinator: Tara Adinolfi shuttle@swimuu.org First Timers and Hospitality : Cay Cahalin Christmas Dinner: Janice McArthur xmasdinner@swimuu.org 12/25 Home Hospitality: Bob Jacober 305-234-0610 homehospitality@swimuu.org YA Coordinator: Dana Stubkiaer youngadult@swimuu.org Youth Program Co-Coordinators: Kathy Smith youth@swimuu.org Phoenix Cockerham Youth staff: Pepi Acebo & Rebecca Robertson Teen Program Coordinators: Erin Robinson. Grant Enwright teens@swimuu.org Teen Staff: Kerry Keys & Mark Harris Fire Keeper: Sean Adinolfi Sup Vol Sup: TBA Vol Sups: TBA Kitchen Deity & Manager: Romer Taylor **Breakfast and Assistant Cook** Mary Ellen Miller Kitchen Minions: Andy Acebo, Dee Medley, Alex Smith, Greg Wheeler, & Sharon Zens. Karma Monitor: TBA

SWIM'S MISSION

Southeast Winter Institute in Miami (SWIM) is a one-week Unitarian Universalist intentional community which provides religious, inspirational, educational, growth oriented programming. SWIM was founded and continues to celebrate the spirit, to promote community, and to nurture connections among people of diverse ages, backgrounds, abilities, and interests. In so doing, SWIM strives to promote our Unitarian Universalist principles.

SWIM's VISION

SWIM is a gathering to form an intergenerational, intentional community based on Unitarian Universalist principles and values. It nurtures open communication, inclusiveness, spirituality, and growth. It is an inspirational and safe place to play, grow, and take risks in a supportive environment; encouraging self awareness and personal responsibility unhindered by limiting societal expectations.

SWIM is an all-volunteer organization of participants who are enthusiastic, talented, diverse, and committed to creating a joyous experience. SWIM celebrates diversity both within and outside our community, and expects all participants to demonstrate personal responsibility and respect for self and others, as well as our environment. SWIM offers a myriad of experiences and opportunities which are challenging and nourishing to mind, body, and soul. Some of our activities are workshops, outdoor adventures, worship, art, dance, music, campfire, and athletics.

ARRIVING IN MIAMI 12/25?

We have a treat in store that afternoon and evening. The Miami UU Church has agreed to prepare a Christmas Dinner for early SWIM folks at the UU Congregation of Miami 7701 SW 76th Avenue, Miami, FL 33143. Chefs Janice McArthur at xmasdinner@swimuu.org

& Bob Jacober will prepare a traditional dinner of turkey and all the trimmings and desserts. All entrees except the turkey are vegan/vegetarian. We also extend an invitation to members and friends of all local UU churches to join us. The church will open at 2 p.m. for our Social hour. Dinner will be served at 6 p.m. We are working on arrangements for home hospitality the night of December 25. Check online at swimuu.org **NOTE:** It is important that we know how many to expect both for dinner and for home mended. Other items that may add to your hospitality. You must register in advance for the dinner and for sleeping accommo-

dations. If you need transportation to the camp the next day, please indicate that on your registration form.

The cost of the meal is \$20.00 per adult and \$10.00 per teen, free 12 and under. The home hospitality cost is \$20 per person. We can camp or sleep at the church for a \$5 per person/\$10 per camper donation.

These amounts *must* be included in your advance payment.

MOTEL ACCOMMODATIONS ON YOUR OWN

If you need to stay off-camp, you may do so. However you will need to make the arrangements yourself. Google Homestead FL motels, and you will find many places.

SWIM is offering Shuttles

from Miami Airport and the South Dadeland Metro-rail station. If you are planning on taking a shuttle, read ALL of the following information BEFORE making flight reservations. On 12/26/09 there will be 2 SWIM shuttles at \$30/person or \$60 family from The Miami Airport. One will leave by 12p.m. and one will leave by 2p.m. There will be shuttles available from the Metro-rail South Dadeland station for \$15 person or \$30/family. The SWIM shuttles will head to the train station from the airport, arriving by 1p.m. and 3p.m.

(family members must register & arrive together) 1/1/10: There will be several vans leaving for Metro-rail station and Miami airport on the 1st. The earliest shuttle departure from camp will be 11a.m, with estimated arrival at the Metro-rail station by 11:45a.m, and the airport by 12:30p.m. The last shuttle will leave camp at 1p.m, arriving at the Metro-rail by 1:45p.m. and the airport by 2:30p.m. Pricing is the same as shuttles to camp. If you are planning to take the SWIM shuttle, please indicate it on your registration form AND email Tara by December 15th at shuttle@swimuu.org with your travel plans and shuttle questions. If you are unable to use email or do not receive confirmation of your shuttle reservation from Tara, call her at 828-682-7045 BEFORE 12/15/09.

WHAT TO BRING

Bring your own towels and bed linens. Remember that while we're still in Florida, it will be cool at night, so a blanket and jacket would probably be necessary. Even Florida gets cold in the winter on occasion. A few warm items of clothing are recomcomfort are casual clothing that can get wet and be layered as the weather changes, fun

clothes to wear out to dinner or on New Year's Eve and other fun nights, a folding chair, a flashlight, your own toiletries in something you can carry back and forth to the bathrooms, and books, etc. Don't forget to bring any trip-required gear and workshop-related materials.

Also the only animals allowed are seeingeye dogs and the local wildlife. To meet the requirements of Florida state law, parents must provide car seats for children ages three and under participating in youth programs or off-site activities. Of course, all weapons and illegal items are strictly prohibited.

FOR TENT CAMPERS

We will be in a level, grassy field with no electrical hookups. You will need all usual camping items like air mattress, sleeping bag, sheets, pillows, blanket, bathroom tote, chairs, flashlight, etc. You are limited only by your travel space and your creativity.

PACKING CHECK LIST **Emergency contact information** □ Signed forms for minors Confirmation Newsletter **Mugbook & Hitchhiker's Guide** □New Year's Eve Ball Attire Add to this list as you sign up for trips & workshops

This brochure	Bed linens & nillows
□	
□	
□	
□	

Music & instruments **Prescription meds** Special diet needs Water bottle Sunscreen **Bath items**

Toiletries **Batteries** Costumes Snacks Flashlight **Blankets** Insect repellent Games **Favorite drinks Campfire chair**

Also if tenting Tent Sleeping bag Air mattress & pump LED lantern



SWIM c/o UUFR 3313 Wade Avenue Raleigh, NC 27607

Non-profit org. **U.S. POSTAGE** PAID Raleigh, NC PERMIT NO. 24



After SWIM: Stop to Sleep!

Yes, it will all come to an end on New Year's Day. We hope that you will leave SWIM revitalized and refreshed but, for many of us, New Year's morning is not a time characterized by energy and wakefulness. Many members of our community live not far from camp or from the main roads we take to drive home. Some will offer their homes for muchneeded sleep. At closing circle we will ask those who have homes to share to step forward.

We do not want anyone to drive when they are tired and sleepy, so please take advantage of the kindness of those UUs offering home hospitality! We have space on the registration form for you to volunteer your home, and the SWIM NUUS will

Arriving December 25? When you register, sign up for **Christmas Dinner** UU Congregation of Miami 305-667-3697 7701 SW 76th Avenue

Miami, FL 33143-4125

Social hour 2-6 p.m. Dinner 6 p.m.

\$20 home hospitality

See inside back cover for details

GETTING TO SWIM at Camp Owaissa Bauer

17001 SW 264 Street, Miami, FL 33031 Camp phone (305) 247-6016 Camp opens 1:30 p.m. 12-26-2009 **FLYING INTO Miami?** take SWIM shuttle Details inside back cover or by a car (with food stops) via I-95 to US1 south to 264th St. Turn right on 264th Street

CAM

BAUER

GROUP CAMP BY RESERVATION ON

17001 SW 264 STREET

MIAMI

Register early to assure your choices

FIRST-TIMERS

Yes, SWIM is one of the best bargains for enjoying Florida in December, but it's so much more than that. If this is your first SWIM, you'll be tempted to sign up for trips and workshops in every time slot. **Resist!**

You don't need every time slot filled. You'll want to allow time to just hang out and enjoy the wonderful people who are a part of the SWIM Community. Spontaneous gatherings are likely to occur to chat, play or listen to music, create a trip not in the schedule, or just spend time getting to know one another. For your first SWIM, try to limit yourself to 5 to 6 trips and workshops so you can relax. You're on vacation, after all.

CAMP OWAISSA BAUER

The camp has been renovated over the last three years and is totally handicapped-accessible with paved walkways. The large dining hall has heat and air-conditioning, including a very modern commercial kitchen. Four of the six cabins have been renovated and are handicapped-accessible, have AC, lavatories, new beds & mattresses, and new windows with drapes. The remodeled bathhouse has all-new fixtures, shower controls that stay on until turned off and a new handicapped-accessible addition. There is **tent camping** in the large grassy field.

Go to the website for photos.

ACCESSIBILITY

Camp Owaissa Bauer is generally flat, with paved walkways between buildings. There are four handicapped accessible cabins with lavatory in the cabin, and the dining hall building and bathhouse are handicapped-accessible as well.

Health Concerns

Please use common sense about hand washing, pacing yourself, getting enough sleep, limiting sun exposure, and drinking water. SWIM is more fun when you are healthy!

SWIM makes every effort to provide a healthy, safe environment, and some of our staff are familiar with basic first aid. Our first aid and safety coordinator, **Angela Dublanko**, addresses these issues. However, we are not in a position to support someone with serious illness. We cannot supply nor prescribe medication but there is a pharmacy nearby. There is a hospital to which we can refer and transport you if necessary. You must have your own insurance. Should you have any condition requiring emergency medication, please be sure you have such medication with you on site and on trips. Inform companions and trip leaders of the whereabouts and use of such medication in the event you are unable to do so.

Minors with special medical needs must carry on their person and provide staff a copy of pages 2–4 of our registration forms showing medical needs and information.

12 STEP GROUPS

Our procedure is to set up a time and a place for an initial meeting on Registration Day and attendees make their own arrangements for subsequent meeting times and places. Please check the Confirmation NUUS for updates.

SWIM 2009 CHAPLAIN

Rev. Ann Marie Alderman, is the



minister of the UU Congregation of Greenville, North Carolina. She serves as the ministerial liaison on the national board of CUUPS, Inc., and is a trainer for the UUA's Beyond Cate-

gorical Thinking workshops. She loves UUs, camping, dogs and being outdoors.

SWIM NUUS

Editor: Charlie Somervill Each day at dinner you will be greeted with a brand-new edition of the SWIM NUUS, full of schedules, reminders, human interest stories and humor -but only if you put it there! The first edition will be the Confirmation NUUS in your confirmation packet or by e-mail. We will collect all contributions each day by lunch. On Day 3, we'll feature the views of candidates for the SWIM board.

Staff: To publish important pre-SWIM information, send write-up to <u>Swimnuus@gmail.com</u> by 12/1.

SWIM STORE

Attention Swim Shoppers: The SWIM Store will be located in the dining hall and open daily. SWIM 2009 clothing items (based on theme art) will be available in limited quantities. **Please preorder your SWIM wear when you register to guarantee availability.** Books, music, and handcrafts from SWIM artists will also be available at the store. If you would like to sell anything, please contact: Laura Somervill at

Store@swimuu.org

The **SWIM Thrift Shop Boutique** is back by popular demand. No time to visit thrift shops in the area? Not to worry, as we bring the thrift shop to you! You are invited to bring used garments to sell, as well as to stop and shop. We will be using a new system for the thrift store this year. Please contact Laura Somervill at <u>store@swimuu.org</u> to get directions on how to prepare your stuff for the thrift store ahead of time.

SWIM receives 20% of all sales.

SWIM MUGBOOK & HITCHHIKER'S GUIDE

Order a SWIM Mugbook and you will have pictures and contact information for SWIM participants at your fingertips so that you can keep in touch all year – or visit with SWIM friends while traveling. We recommended you pre-order on the registration form. Vonnie Hicks is back doing Mugbook, so don't forget to stop at the mugging station during Registration so he can take your picture. Note: We do not share this information outside the UU community.

COMMUNITY TIME 4.00 - 5.30

If you're not involved with a late afternoon workshop this time is great for board games, ping pong, or just chilling out together after a busy day. **Day 4** is **Pack-up and Clean-up Time**. If your stuff has started to sprawl it may be time for you to pull out just what you'll need today and tomorrow and begin putting the rest away! We're hoping you'll pitch in and help clean the whole camp too! **Day 5,** we'll have kites for flying!

EVERY DAY AFTER DINNER

WORSHIP 7:00 – 7:45

Registration Day: welcome service led by our director, Susan Enwright.

Days 1, 2 & 4: The worship will be presented by our chaplain, Ann Marie Alderman.

Day 3: Teens present the worship. **Day 5:** Mary Ann Somervill, Kip Barkley, & Ann Marie Alderman will lead our traditional intergenerational Wiccan Ritual of Transition.

CAMPFIRE

After worship the entire SWIM community gathers around our campfire for an evening of community sharing.

Registration Day Schedule December 26, 2009

11:00 - 2:00 Staff Only for Set-up
2:00 - 4:00 Arrive, Register, Move In
5:00 - 6:30 Dinner
7:00 - 7:30 Youth Orientation with Parents/Guardians! <u>Required!</u>
7:45 - 8:30 Orientation & Welcome Service <u>Recommended</u>
8:45 - 10:00 Meet Your Neighbors!
9:00 - 9:30 Orientation, Teens & Parents/Guardians! <u>Required!</u>
10:00 - 10:30 Orientation, YA Program
9:30 - 12:30 Serendipity and Campfire

SWIM's Daily Schedule

December 27 – 31, 2009

7:30-9:00 Breakfast

9:00 - 12:00 Youth Program

- 10:00 12:00 Morning Workshops
- 12:00 1:00 Lunch / SWIM NUUS Deadline
- 1:00 4:00 Youth Program
- 2:00 4:00 Afternoon Workshops
- 4:00 5:30 Late Afternoon Work-
- shops
- Chill Time, **Day 4** Pre-Packing /Clean Up!
- 5:00 6:30 Dinner / SWIM NUUS Release/Announcements

7:00 - 7:45 Worship

- 7:45 8:45 Family Campfire & Storytelling
- 9:00 10:00 **Day 3** Auction
- 8:30 10:00 Day 4 Coffeehouse,
- 8:00 9:00 **Days 1, 2, 3** Evening Workshops
- 8:45 10:00 Campfire Music
- 9:00 10:45 Serendipity -Dance Mu-
- sic
- 10:45 -12:30 Serendipity -Club Music
- 11:00 –1:00 Film Festival
- 11:30 1:00 Nights 1 & 3 Moonlight Grill

Special Evenings

- Day 3, Auction,
- Day 4, Coffeehouse
- Day 5, 10pm 2am -
- New Year's Eve Ball

January 1, 2010 8am – 9am Out of the Tents & Cabins! Camp Cleaning! 9:15 – 9:30 Closing Circle!

11am – 11:45 Annual Meeting of the Board

Campfire continued from pg1

We tell stories, sing sing-along songs, roast marshmallows, tell jokes (present ears appropriate), play music, and get to know each other in the glow of the campfire and underneath the stars.



The first hour of campfire is specifically set aside to help our younger generation feel part of the shared campfire experience. During this time, we encourage our youngsters to share their thoughts, songs, jokes, and stories.

Pete Leary, our campfire UU Troubadour, invites everyone to bring their voices, instruments, and talents to share with the gentle kindred spirits of campfire. He has been known to tell a children's story. Experience this primal return to the ancient ways of community celebration. Campfire schedule may vary at the discretion of Mother Nature.

SERENDIPITY 9:00 - 12:30

We at SWIM like to have fun. Serendipity is where we dance the night away. We're following our schedule of the last couple years of starting earlier and adding more variety.

9:00–10:45 – Dance Music/Music We Remember

10:45–12:30 – Club Music & Requests. As usual, beverages will be available for donations. The Dining Hall at Camp Owiassa Bauer has space for cards, dice, puzzles, plus your favorite classic board games. Have a song request?

Email swim.dj.2009@gmail.com .

FILM FESTIVAL '09

Each night, from 11pm to 1am, you can join our volunteer cinemaphiles as they continue the tradition of showing movies at SWIM. Each title will be lovingly selected from the local video store or our own private collections. Do you have a DVD of a great movie?

SINGLE EVENING OFFERINGS: 8TH ANNUAL AUCTION

Day 3 Tuesday 9-10:30 pm Always a crowd pleaser, the Auction is where we donate gifts and services and boost SWIM and our scholarship fund. And whether you bid or not, the Auction is always a lot of fun! Packed with great goods and services, donated by you, the SWIM community! In the past we've offered a private plane ride, fine handmade crafts, homemade candies, musical serenades and home hospitality from Key West to Canada. You never know what great surprises await you! Some items will be put out early in the week for silent auction. So pack the items you have to donate and tell us at Registration or early in the week.

ANNUAL COFFEEHOUSE

Day 4 Wednesday 8:30-10:30 pm It's at Coffeehouse that we discover the amazing talent within our group! This is our night to perform and enjoy the performances of many of our talented SWIM friends. **Pete Leary** will again coordinate the Coffeehouse, so let him know early in the week how you plan to entertain your fellow SWIMers!

New Year's Eve Ball!

Day 5 Thursday 10pm – 2am -Our gala New Year's Eve Party! Our hall has been transformed, and we are in our creative costumes, or fancy dress best! **Think Bliss,** at SWIM we always bring in the New Year most joyously!



Youth Program (Ages 3–13)

Parents/guardians of youth at SWIM <u>MUST</u> attend a brief Orientation Meeting in the youth room at 7:00 on Registration Day.

Programming for the SWIM children is a flexible combination of play, art, hugs, adventure, music, stories, nature activities, and field trips -- beach day, fruit-picking, even a wildlife hunt. Youth gather at 9 for morning activities, which run until noon. Afternoon activities go from 1 till 4. This year our theme will be Hogwarts Academy, giving all our activities a Harry Potter twist of fun! A guardian is expected to pick up and sign out their youth at noon and at 4pm. There is a parent co-op available for time outside of Youth Programming.

Parents are encouraged to join us for youth activities and trips, and children are welcome to join parents for many workshops and outdoor adventures as well.

Sturdy shoes are a must for the safety of our children, and play clothes that can get dirty will give children freedom and comfort to enjoy the activities.

Feel free to contact our Youth Program Co-Coordinators, Kathy Smith and Phoenix Cockerham, <u>swimyouth@gmail.com</u> with any questions. Watch for additional information in the Confirmation NUUS which will be sent to all pre-registrants.

Florida state law states: Parents must provide car seats for children ages three and under.

CHILD CARE CO-OP

All adults staying in cabins or tents with children are asked to sign up for childcare co-op shifts for one evening during the week and one hour on New Year's Eve. Please mark your preferences on your registration. The registrar will make preliminary assignments based on requests and co-op needs.

FAMILIES

Parents and guardians of young children (and individuals offering childcare outside of the regular youth program schedule) should take the opportunity to meet one another on the first evening during and after the 7pm mandatory Youth Program Orientation in the Youth Room. Families with young children are generally housed in the same area, which provides families the opportunity to arrange bedtimes, share and coordinate late-night childcare, and possibly hire care during times when parents are not able to be present outside of the youth program schedule. Although SWIM does not provide specific programs for youth under the age of 3, there are usually people willing to volunteer to provide a childcare break for parents of very young children.

There are lots of activities to do together and separately each day. We work hard to avoid conflicts and make all of our programs work well for families. Here are a few examples.

The youth program starts each day at 9am with a half-hour transition time. Parents

may stay for this time and still attend the morning workshops.

Many trips during the week are ideal for families. Although it's good for all youth to have some time on their own, parents are encouraged to join youth program activities.

Time without parents is more significant for teenagers who are establishing their own separate identity among their peers and in the larger society. Parents who want to spend more time at SWIM with their teenagers should ask their teenager to help pick out a trip or activity during the week that they can do together.

All parents and guardians of teenagers should also set a specific time each day to touch (not just wave at) their teenagers.

SWIM GUARDIANS

If you chose to become a temporary Guardian for any minor at SWIM, we certainly appreciate your assistance to the SWIM Community; however, you are also assuming responsibility for this young person. In awareness of this responsibility you should:

• Limit the number of youth/teens for whom you are responsible.

• Stay in touch with your charge/s during the week.

- Attend any meetings pertinent to your charge/s and their activities.
- Know where they are and let them know where you will be.
- Have detailed contact information for the parents or legal guardians for yourself and available to SWIM in case contact with them is necessary.

• Be aware that should illness, injury, or behavior require removal of your charge from SWIM, YOU MAY BE REQUIRED to accompany them back to their parents or guardians.

SWIM TEEN PROGRAM

Mandatory Orientation: 9PM Registration Day 12/26. All parents/guardians of teens at SWIM <u>MUST</u> attend with their teens. We'll go over the expectations of the teen dorm and take questions, followed by a teens-only discussion of gender, sex, and the week's schedule. **See page 11**

The SWIM Teen program is a 24-7, tightly-knit community which comes together within the sphere of the larger SWIM community to have fun, to relax, to adventure, to learn about ourselves, to learn about each other, to challenge our ways of thinking, create ideas about the world, and to grow.

While we have made every effort to keep costs low, some trips are optional paid trips. It would also be useful for teens to have some pocket \$ for Thrifting, possible 7-11 runs, and the Mystery Trip. Some of the week's highlights & trips you'll want to sign up for include: **Sunday, Day 1:** Exploring Owaissa Bauer, Hanging out, Getting to know each other, Teen Night Sail 6:30p-12:30 am (this is an opt-in trip, cost: \$16, sign up for trip #542) **Late night coffee-talk (this will be happening every night after Serendipity is**

over-- It's a teen dorm check-in, coffee not required!)

Monday, Day 2: Thrifting, Worship planning, Funky Formal Bowling.

Tuesday, Day: 3 Teen Volunteer Day! This is when we help out the SWIM community! We'll help out in the kitchen for breakfast, lunch, and dinner! Teens who aren't volunteering can alter their thrift store finds during DIY digs, work on planning the Teen Worship. <u>Teen-led Worship</u> <u>7-7:45pm</u>. Teen Night Canoe 11pm-4am (this is an opt-in trip, cost: \$16, sign up for trip #742).

Wednesday, Day 4: Teen Mystery Trip - all teens, all day.

Thursday: Day 5: Teen Beach Day, Then, a pre-emptive dorm clean up, and the New Year's Party.

1/1/2010: Conclusions and departures Feel free to contact our Teen Program Staff, Grant Enwright,

<u>grantenwright@gmail.com</u> or Erin Robinson, with any questions. Watch for additional information in the Confirmation NUUS which will be sent to all pre-registrants.

YOUNG ADULTS

Young Adults interested in the YA program should meet in the Young Adult dorm at 10 p.m. on December 26th, Registration Day. How do we use the time we have at SWIM as Young Adults? Many of us work on staff during the day, but at night, we tend to come together, sharing our lives as YA's within the SWIM community. Young Adult programming is not a mandate and should not exclude participation in other SWIM activities, but is an opportunity to come together and experience what each of us has to offer. Mix in the plans we'll make together with your own pick of Workshops, Outdoor Adventures, & Evening Programming.

Registration Day Orientation in the Young Adult dorm at 10 p.m., then our first night together. We'll get to know each other & talk about how to get the most out of our week at SWIM! If you'd care to make suggestions before SWIM for trips or activities, or if you have questions, email YA Coordinator, Dana Stubkjaer at

swimya09@gmail.com

Look for the following workshops offered by, or of potential interest to, YAs: #013 Web 2.0 Programming W/GWT #021 Making Mobiles, #112 Stuffed Animal ER, #123 Croquet & Tea ala Alice, #132 Happy Feet, #212 Chain Maille for your Wrist, #221 Using iMovie & iPhoto, #222 Bocce, #311 State of the Universe.

Day 2: Make sure to sign up for the lunch and dinner volunteer slots on this day so we can all work together. See you at SWIM!

WORKSHOPS

We have workshops of almost every description for you to learn, grow, enjoy, play, and share while you are at SWIM. Adults, Youth, and Teens are encouraged to sign up for workshops. Many workshops are intended for all ages. Workshops with age limits may be open to younger ages if accompanied by an adult (who may not have to be a parent - please check with instructor).

All of our workshop leaders are actually volunteers, so SWIM participants can experience fantastic workshops at little or no cost. If you have something you'd like to share next year, please contact:

Pete Leary, SWIM Director 2010-2011 at swimdirector201012@gmail.com

Workshop leaders get lots of appreciation and a SWIM T-shirt! Multi-day workshops are numbered and

listed according to the first time they meet.

- Day 1 000's Dec. 27
- Day 2 100's Dec. 28 Day 3 - 200's - Dec. 29
- Day 4 300's Dec. 30 Day 5 - 400's - Dec 31

Outdoor Adventures #code

- Day 1 500's Dec. 27
- Day 2 600's Dec. 28
- Day 3 700's Dec. 29
- Day 4 800's Dec. 30
- Day 5 900's Dec. 31

Please check http://www.swimuu.org for more information and add/changes

WORKSHOPS

Day 1, Sunday

Morning

011 Knitting With Dee

Want to knit with friends? Want to learn to knit? Have lace questions? Want to try continental style? This workshop starts with an official time, then continues all week whenever and wherever somebody is knitting. Some yarn and needles for beginners will be available for purchase, otherwise bring your own project.

Dee Medley started knitting when she was about 6, and although she's taken some breaks from knitting, she's still at it. Day 1, Sunday 10-12 Free

012 Investing in the Stock Market

There are many successful investment clubs with large amounts of assets. Most members of these clubs had no previous stock market experience, limited funds, and limited time. They used the principles recommended by the National Association of Investment Clubs, practiced by successful clubs since the 1950s.

Marianne Davis retired 24 years ago and is able to live comfortably, which she attributes to following the principles from the National Association of Investment Clubs. She would like to share her knowledge and experience. Day 1, Sunday, 10-12 Free

013 Web 2.0 Programming with GWT

Are you curious about the technology behind Gmail and Google Maps? Have you done some web programming and want to add interactivity to your site? This is the workshop is for you! We'll use Google WebToolkit (GWT) and Java to build our own Web 2.0 applications. All software is provided, just bring your CD-drive-equipped laptop (Windows, Mac or Linux.) In the first session, we'll install GWT, review the tutorial, and pick a mini-project to work on during the week. In the second session (see # 412), we'll get together and share the masterpieces we've created.

Marty Springer is a Software Engineer. He wrote SOAR, the online registration system for SWIM using GWT.

Day 1, Sunday, 10-12 Free

Afternoon

021 Making Mobiles Are you intrigued by mobiles? They're not just kid stuff you know! We'll talk a bit

about these lovely bits of whimsical, kinetic art & try a hand at making our own! Susan Enwright loves almost anything artsy & 041 Wine Tasting will share that passion & a touch of craftiness. Free- using wire & found objects – feel free to

bring materials & ideas Day 1, Sunday 2-4 pm Free

022 Well-Loved Poems

This is an opportunity for people to share their favorite poems by their favorite poets. Bring a copy to share and read aloud. There will be time for comments.

Elizabeth Norval hails from South Africa where her education involved a considerable amount of poetry study. Day 1, Sunday 2-4 pm Free

023 Life Fulfillment

This class, led by a life coach, will share information that anyone can apply in life. Peter Freeman is a retired British engineer who has trained at the "Coach for Life" School of Coaching. Day 1, Sunday 2-4 pm Free

024 Beadwork Rings, Part I

Come play with Sharon and her beads while learning to make a ring with the peyote stitch technique. Equipment and materials provided; bring your creative spirit. On Tuesday, day 3, we will make a bead bezelled stone to add to your ring. Sharon Beecher lives to bead and wants to teach you to love this joyous craft. Day 1, Sunday 2-4 pm Materials Fee \$7, Age 12+, Enrollment limit 12

Late Afternoon **Community Time 4-5 pm**

031 Beadwork Help Session

See 024. Informal help for bead workers who have started a project with Sharon. Sunday, Day 1 4-5 pm Free

032 40th Anniversary of Woodstock **Community Sing-along**

We could not let this pass without enjoying some nostalgia and great music! Leadership will likely be a group effort with many of SWIM's super musicians.

Song sheets available.

Sunday, Day 1 4-5 pm Free

033 Beer Tasting

A popular favorite returns! Is your favorite yeasty beverage an epicurean eyeful, does it titillate your taste buds, or even cause an olfactory orgasm? If not, help is available! Required - One six-pack per person will admit you to all 4 beer tasting sessions. Jon Hoskin is a home brewer with a Ph.D. in food science.

Bring a favorite (unusual & interesting) six-pack, Ages 21+.

Sunday, Day 1 4-5 pm Fee: 6-pack,

Evening

Come carouse with the deities and bring your inner Bacchus. Required: One bottle per person will cover admission to all 3 wine tasting sessions.

Jon Hoskin has a Ph.D. in Food Science. He has been a university faculty member in Dairy and Food Science Departments and a member of nutrition programs. Jon loves to taste beverages.

Sunday, Day 1 8-9 pm, Bring wine, Age 21+



051 Moonlight Grill Cookout

Great food (veggies included!), good talk, lots of fun!

Susie Enwright (with the help of friends) is SWIM's Oueen of BBO!

Sunday, 11 pm-1am (Mon), Ages 13+ \$5.00

Day 2, Monday

Morning

111 Spindle Spinning, Part I Ever wonder how yarn is made? You, too, can be mesmerized by a spinning spindle of fluffy varn! Come and play with fleece almost straight from the sheep (or goat) and make some varn that you can use to knit or crochet or just admire. Please register in advance so that enough fiber and spindles are available. The first day we'll spin and the second day you'll learn how to ply your handspun into a balanced yarn and, as time allows, how to prepare fiber for spinning

Dee Medley started spinning several years ago and now searches out fibers and dyes to make her own yarn.

Monday, Day 2 10-12, \$15 for 2-session workshop. See below for Part II, #121.

112 Stuffed Animal ER

Bring a stuffed creature that needs fixing up. Reconstructive or creative surgery, outsides in or insides out, the choice is yours. There will be a stockpile of stuffed animals' empty, lifeless bodies just waiting to donate organs and parts. Or we can sew the original part back on (in the same place, if you insist). You bring the patient - Laura will bring the tools.

Laura Somervill is a potter and scarf maker by trade, a crafter of fun by sanity and is always looking for a way to give new life Monday, Day 2, 2-4 pm, Free to old things through recycling. Monday, Day 2, 10–12, Free

113 Women Writing Wickedly

(Women only) Based on Annie Earle's SUUSI workshop, in a safe space we will create and explore our sensual selves on paper. Structured exercises will guide us

to generate delightful, titillating images. Share secrets and laughter. Bring pen, paper or journal and pillow for floor seating (optional).

Elle' Long has been leading workshops at UU camps around the country. She loves to liberate the writer within!

Monday, Day 2 10-12, Free, Age 18+, Enrollment limit 10.

114 Fitness for the Not so Physically Fit Female

This series of exercises will stretch and strengthen almost every muscle in the body. Women only, bring a blanket or mat. Jean McCauley is a licensed physical therapist who developed this set of exercises Women only Monday, Day 2 10 - 12, Free

Afternoon

121 Spindle Spinning, Part II See #111 above. Monday, Day 2, 2-4 pm

122 Partner Yoga

There are many yoga positions that can be done with a partner. Come to this workshop to stretch, meditate and rejuvenate. Bring a partner, or find one at the workshop. Grant Wilson and Diana Stevens practice and teach yoga in Tampa. Monday, Day 2, 2-4 pm, Free

123 Croquet & Tea a la Alice

"They don't seem to have any rules in particular; at least, if there are, nobody attends to them."- Alice in Wonderland. "I'm always red." -Heathers. We'll keep our clothes on and everyone keeps their head but I'd consider wearing elbow gloves...tea can be hot. Big hats and fake accents optional. Join us for tea, cucumber sandwiches and a delightful afternoon of croquet.

Laura Hadden is awesome; she has been coming to SWIM for her whole life and enjoys nothing more than being silly. Monday, Day 2, 2-4 pm, Free

124 Conspiracy Theory 101, Part I

Learn what you are not supposed to know. Dirty secrets about who is really running the show. Discuss Larry's unique take on world politics and economics. Sure to be a lively debate.

Larry Crandall is a union pipe fitter part time and a part time political activist.

Late Afternoon **Community Time 4-5pm**

131 Tarot Reading

Join our veteran Tarot reader for insight and reflection.

Mary Ann Somervill is a gifted tarot reader.

Monday, Day 2, 4-5 pm, Free

132 Happy Feet

We will ceremonially wash and anoint one another's feet prior to painting marvelous designs on our toes. If your feet are happy, you are happy.

Doug Hughes and friends have led this workshop numerous times, and usually wear happy feet (and smiles!). Monday, Day 2, 4-5 pm, Free

133 Beer Tasting See #033 above Monday, Day 2, 4-5 pm, Age 21+

Evening

141 Wine Tasting See # 041 Monday, Day 2, 8-9 pm, Age 21+

Day 3, Tuesday

Morning

211 Creating Rituals for Empowerment and Prosperity

Be it a ceremony, designing an amulet, hugging an old friend, or ignoring an unpleasant acquaintance, there are things that we can do for ourselves. Bring chants, invocations, blessings, etc. if you wish, and we can put them together to create magick. Kip Barkley and Mary Ann Somervill have been creating rituals and doing workshops together at SWIM and SUUSI for more years than you can imagine! Both are long time UUs and CUUPS members.

Tuesday, Day 3, 10-12 am, Free

212 Chain Maille for Your Wrist

Learn to make a simple chain bracelet with sterling silver links. Bring your own chain nose pliers and bent-nose pliers if you have them. Please register early so that sufficient materials will be available.

Making jewelry is one of Dee Medley's favorite hobbies, and a week at the William Holland School of Lapidary Arts learning how to make chain maille was a delightful experience. Tuesday, Day 3, 10-12 am, Materials Fee: \$25

213 Science and Religion

How do they fit together? Evolution vs. Creationism, Intelligent Design. Are there solutions to the problems created by this debate? Come join in this interesting discussion.

Sid Kere was born in India and brought up in a multi-religious milieu. He is a Ph.D. in physics, and a nuclear engineer by profession. Tuesday, Day 3, 10-12 am, Free

214 Beginning Ikebana

Learn the beginning steps of Ikebana, a

Japanese art form using flowers and plants in a container, with special regard for balance, harmony and form. After a discussion of the basic principles, you will create your own arrangement of flowers and plant material in a small glazed ceramic bowl and fitted kenzan (frog) to hold the flowers in place. The container will be yours to keep to make more arrangements. This workshop is suitable for anyone who has the strength to impale a stick on a pin. The cost of the workshop covers materials (pottery flower bowl, frog and plant material). (\$20.00) Elizabeth Norval studied Ikebana under a teacher in Zimbabwe 25 years ago. She has been using the concepts to arrange flowers for her home, church and school ever since. Her goal is to empower you to create something of beauty with confidence and joy.

Tuesday, Day 3, 10-12 am, Materials fee: \$20



Afternoon

221 Using iMovie & iPhoto

Want to remember your SWIM experience by taking all those photos and videos you made into something to share? Well this workshop is for you! We will be using iPhoto '09 and iMovie '09 which comes on all Macintosh computers to make custom made photo albums, calendars, and holiday cards, as well as taking those recorded videos and putting them together to make a wonderful DVD to share. Bring your Macintosh computer with iLife '09 installed to follow along or just bring yourself to learn! We will be using a projector so that everyone can see!

Greg Wheeler teaches this for a living! So don't be afraid to ask any kind of question. Tuesday, Day 3, 2-4 pm, Free

222 Bocce Ball

This ancient game, whose modern adaptation most closely resembles bowling, requires skill, strategy and just a little luck. Bocce ball is a great game to play outside on a beautiful day. Look for tournament play later in the week.

Carolyn and Steve Baker are experienced Bocce players and would love to share the **game with you!** Tuesday, Day 3, 2-4pm, Free

223 Beadwork Bezels, Part II Create a beaded bezel around a stone to embellish the peyote ring you made Sunday (see #024). \$7 fee covers materials for both sessions. Tuesday, Day 3, 2-4pm

esday, Day 5, 2-4pm

Late Afternoon

Community Time 4-5pm

231 Beadwork Help Session Work on projects started this week. See #031. Tuesday, Day 3, 4-5 pm, Free

232 More Woodstock Music See #032.

Tuesday, Day 3, 4-5 pm, Free

233 Beer Tasting See 033. Tuesday, Day 3, 4-5 pm, Age 21+

Evening

AUCTION 9:00-10:00

241 Wine Tasting See #041. Tuesday, Day 3, 8-9 pm, Age 21+



251 Midnight BBQ See #051. Tuesday, Day 3 11pm-1am (Wed)

Day 4, Wednesday Morning

311 State of the Universe

What happened last year? How did the universe begin? How will it end? What is the answer? What is the question? Some scientific toys – and much, much more. **Ron Edge is a Distinguished Professor of Physics Emeritus at the University of South Carolina and Past President of the American Association of Physics Teachers.** Wednesday, Day 4, 10-12 am, Free

312 Broadway Show Tunes Sing Along & Quiz Show

Cay Cahalin and Tom Tenor are offering this perennial favorite. It will get competitive with an undisclosed prize at stake. Come to sing along, enjoy the competition, and laugh a lot.

Cay and Tom will be there in great voice. Wednesday, Day 4, 10-12 am, Free

313 Massage with Jean

Jean will share her professional skills in massage with the SWIM community.

Workshops Continued on page 7

COSTS

The Basic full week Cost

(Program, 6 Nights Lodging, 17 meals) \$425 for adults ages 18 and up

\$157 program, \$145 lodging, \$123 meals. \$298 for teens 13–17

\$110 program, \$102 lodging, \$86 meals. **\$194 for youth** ages 3–12

\$72 program, \$66 lodging, \$56 meals. FREE for Infants, under three years of age

- Deduct lodging costs if you sleep off-site.
- Deduct meal costs if you dine off-site.
- Does not include optional activity fees.
- Families with more than two children should contact the director for a possible discount.

Add \$25 service charge after December 10

Single meals: Breakfast \$8.00, Lunch \$10.00, Dinner \$12.00

Per-Day Cost

You must preregister for per-day attendance (Includes program, one night lodging, 3 meals)

\$103 for Adults, ages 18 and up

\$38 program, \$35 lodging, \$30 meals. **\$73 for Teens,** ages 13-17

\$27 program, \$25 lodging, \$21 meals.

\$48 for Youth, ages 3-12

\$18 program, \$16 lodging, \$14 meals. FREE for Infants, under three years of age

Stay all week and save over **\$190**!

• Enter days attending on the registration form *add \$10 per night after December 10th*

New Years Eve Party only

\$45.00 per Adult person (Includes dinner, party, and overnight lodging) You must be the one guest of a Full time ADULT SWIM participant.

REFUNDS

If you need to cancel your registration, please email the <u>registrar@swimuu.org</u>. We will refund your fees less a \$25 service charge plus any additional expenses incurred by SWIM.

ONLINE REGISTRATION

We are proud to be using the SWIM Online Activities Registration (SOAR) system developed by co-registrar, Marty Springer. For your convenience, go to

www.swimreg.org

and complete your full registration for yourself and your family online! You can select your workshops and trips, your volunteer task, order SWIM wear, and even pay for SWIM. Electronic ease; no wasted trees!

SCHOLARSHIPS

See page 11 Guidelines are also available online.

www.swimuu.org

Step 1: Who's Sending in the Form? (Only one copy of this page per address)

Use separate Registration Forms for different address, but submit them together.

Your Name	Home Phone
Address	Work Phone
City/State/ZIP Code	Email Address

Are you willing to have weary travellers stay at your home January 1st ? Yes / No

Step 2: Who's Coming to SWIM together?

This form has space for five people at the same address registering together. Enter each participant's subtotals from Step 3 on pg 4 of this form.

Participants Names	1st SWIM?	Gender F/M	Dorm Choice		Birthday or Date of Birth	Age on 12/26/09	Adult Fees	Activity Fees Step 3, Page 4	Teens 1 Fees	Youth Fees
							\$	\$	\$	\$
							\$	\$	\$	\$
							\$	\$	\$	\$
							\$	\$	\$	\$
							Φ	Φ	_ Ф	э
Cabins: (C)amping, (W)omen,	(M)en. (O)uiet Co	ed Adu	t. (N)oisv	Coed Ac	ult. (Y)oung A	dult. (T)eer	\$ n. (F)amilv	\$	\$	\$
ood Choices: (V)egetarian, (N			, (.t <i>)</i> 515 j	0000710		, (1)00.	., (.)			ta Teens Tota
Step 4: How Are You	Getting To S	WIM?							Activity 10	
n Dec. 5th, Jerry Elsenrath	•		l info and	l email c	arpoolers. Ca	III or email	for last m	iinute needs.	\$	\$
arpool? 🗅 Need 🗅 Offe	er a ride betw	veen SV	VIM and _					·	Adult Tota	Youth Tota
plan to leave on						-	-			
think 🗆 I can/ 🗆 I cannot 🕻	⊒ldo/⊡ldono	ot need	l help dri	ving. Ve	hicle		Space	s	\$	\$
lying? Please expect me o	n 🗆 10am 🗆 2::	30pm [Dec. 26th	n SWIM S	Shuttle (\$30/	′person) 🗆) my own	transportation	Shuttle Fee	- bs Mugs & T's
Vhen I leave, please expect	me on 🗅 10am	D Noo	n Jan 1st	SWIM S	Shuttle (\$30/	person) 🗖	my own t	ransportation		Step 3, Pg
Arrive Airline	Flię	ght # _	D	epart	Airline		F	light #	\$	\$
On December 25th I wou	ld like to Join C	hristm	as Dinner	(\$20 a	dult, \$10 chi	d) at Miam	ni UU Chur	ch	Hospitality	
Request Home Hospitality	v (Deadline Dec.	10th,	\$20/pers	son) 🗆 (Offer Home H	ospitality,	l live in th	ne Miami area.	Xmas Dinne	er
Do you have any special Ho	me Hospitality n	eeds?							\$	
Vhile I'm thinking about it, I	want to be sure	e to							CU2C2	CU2C2
❑ Join CU2C2 for \$35 to su	pport UU camps	s and re	etreats as	s a whol	e and receive	special dis	scount of	fers.		
Dontate \$	to the SW	/IM Sch	olarship F	und to	help others g	o to SWIM	•		\$	\$
Step 7: Checklist Befo	-								Donate	Donate
I've filled out every spa			-							
□ I've enclosed a check p	-					-		C: 1	\$	\$
Each adult has filled in	workshop, adve	enture	, t-shirt,	mugbo	ок, & volunt	eer pretei	rences in	Step I.		•

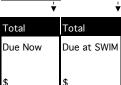
□ I've enclosed signed Parent's Release for ALL minors.

- □ I've enclosed notarized Release for Children Attending SWIM With Someone Other Than A Parent for each such minor.
- □ I've enclosed signed Emergency Release for ALL participants.
- $\hfill\square$ l've used separate forms for different addresses.
- \square I'm mailing these forms so they will arrive before Dec. 19th.

 $\hfill\square$ For Priority Mail/FedEx, I've signed the "waiver of signtature".

 Mail Registration Forms, with check, to...
 S.W.I.M.
 c/o Jerry Elsenrath, Registrar
 8708 N. Lynn Avenue

Tampa, FL 33604-1316



Travel Cell Phone#

Step 5: Fill Out the Emergency Release Form & First Aid Information

* please make copies or additional printouts of this page (online at swimuu.org) for EVERY participant!

Please fill out a COPY of this page for EVERY participant – Adults & Children – making copies as needed Please fill out ALL SPACES on form – If a line is not Applicable, please write in "N/A"

Signed Emergency Release Form – Please have form filled out and signed in all places for each participant All registrants must complete this emergency release form and submit it with the completed registration.

Registrant's Name:		Date of Birth (MM/DD/	YY):
In case of emergency notify (some	one not at SWIM):		
Contact Name:		Contact's Phone Numb	er:
SWIM medical/nursing volunteers are a to state my preferences. I hereby relea			necessary should I be ill or injured and unable at camp or on SWIM sponsored trips.
Signature:	Date:	Witness:	Date:
board are all committed to compliance	with these laws and, ige of 18 to possess t	in fact, may not allow violators tobacco products and for anyon	arms shall not be permitted. The staff and to remain at SWIM. Please note that Florida law e older to provide such items for them. See Page 11.
Signature:	Date:	Witness:	Date:
First Aid Information Sheet - This is for SWIM STAFF use in case of e Primary Physician:			corrections during Registration on Dec. 26th.
Pharmacy:		Pharmacy's Phone Num	ber:
Insurance Company Name / Phone Num	nber/ Policy Number :		
Medical Conditions:			
Allergies:			
Medications:			
Any Other Medical Information (Attach	Additional Sheets As	Needed):	

Step 6: Fill Out Releases For Minors

* please make copies or printouts of this page (online at swimuu.org) for each participant under age 18!

Parent's Release For Children Under 18 Years of Age must be Signed.

Parent's Release For Children Attending SWIM with Someone Other Than A Parent must be Notarized.

Parents and guardians of teens ages 13 to 17 participating in the Teen Program MUST attend orientation in the Teen Dorm at 9PM, December 26th. Parents and guardians of children ages 3 to 13 participating in the Youth Program MUST attend orientation in the Activity Room at 7PM, December 26th.

Signed Parents Release For Children Under 18 Years of Age

the parent/legal guardian of

(parent's/legal guardian's full name) (child's full name) a minor, hereby grant my child/minor permission to participate and attend any and all activities associated with the Southeast Unitarian Universalist Winter Institute, Inc., at Camp Owaissa Bauer (hereunder, "SWIM") from December 26, 2009 through January 1, 2010. My child/minor has permission to participate in SWIM activities both on and off site of the Camp Owaissa Bauer location including, but not limited to the following: attendance at field trips anywhere in or outside of Dade County, Florida; participation and attendance in any and all sporting activities and games that include swimming, canoeing, sailing, and bicycling; participation and attendance at any and all religious or spiritual consciousness raising activities; and transportation to any of said activities by any means; provided that my child/minor will be under the care and supervision of a SWIM staff member while participating in said activities. I give my child/minor permission to participate in said activities regardless of whether such activities continue past local curfew provided that my child is under the care and supervision of a SWIM staff member. When my child/minor is not participating in said activities, he/she will be under the care and supervision of either myself or his/her guardian appointed by me. In giving this permission to my child/minor to participate in the activities associated with SWIM, I realize that the risk of injury to my child/minor resulting from participation in said activities is minimal but that risk cannot be completely eliminated, therefore, I hereby release SWIM from any liabilities associated with my child's/minor's participation in said activities provided that such liabilities did not result from gross negligence on the part of SWIM or any of its staff in the supervision of my child/minor during the course of said activities. I have reviewed the SWIM brochure and understand the activities schedule for my child's/minor's programs. I understand that a parent or guardian for my child/minor is required to attend all listed and announced meetings at SWIM for parents and guardians. I will alert staff immediately about any special issues or concerns regarding my child/minor at SWIM.

Signature of Parent/Guardian

Notarized Parent's Release For Children Attending SWIM with Someone Other Than A Parent

is	hereby authorized to act as guardian with full authority to act for health, medical,
(legal guardian's full name)	
care, and deeds for my child/children	
	(child's/children's full name(s))
from December 26, 2009, through January 1, 2010, while attending SWIM	activities for said child/children and traveling to and from SWIM
Signature of Parent/Guardian	State/Province, Country, & Date
Before me.	personally appeared and presented
(Parent's/Legal guardian's full name)	percentary appear of and provident of
as identification or is personally known to me and did not take an oath, this	s day of , 2009.
	(month & day)
Notary Public	My Commission Expires
	(month, day & year)

Attention SWIM Guardians: If you chose to become a Guardian for any minor at SWIM, we certainly appreciate your assistance to the SWIM Community; however, you are also assuming responsibility for this young person. In awareness of this responsibility we suggest that you:

- Limit the number of youth/teens for whom you are responsible.
- Attend any meetings pertinent to your charge/s and their activities.
- Know where they are and let them know where you will be.

• Have detailed contact information for the parents or legal guardians for yourself and available to SWIM in case contact with them is necessary.

• Be aware that should illness, injury, or behavior require removal of your charge(s) from SWIM, YOU MAY BE REQUIRED to accompany them back to their parents/guardians.

By signing below, I agree to be responsible for this child/children while attending SWIM and I am aware that this means that I will be entirely responsible for this child/children in case of illness, crisis, injury, or dismissal from SWIM, and during any time when the child/children is/are not involved in supervised youth programs or teen programs. I have reviewed the SWIM brochure and understand the activities schedule for these programs and the responsibilities of being a guardian. I understand that a parent or guardian is required to attend all listed and announced meetings for parents and guardians during SWIM and I will alert staff immediately about any special issues or concerns regarding my child/minor at SWIM.

I have read the above statements and I understand and agree with the policies stated therein.

Signature of SWIM Guardian	State/Province, Country, & Date		
Before me,	personally appeared and presented		
(Parent's/Legal guardian's full name)		(form of ID)	
as identification or is personally known to me and did not take an oath, this day of			, 2009.
	(month & day)		
Notary Public	My Commission Expires		
	(month, day	& year)	

Please see page 11 for Behavior Policy

State/Province, Country & Date

• Stay in touch with your charge/s during the week.

Step 3: What Do You Want To Do At SWIM?

* please make copies or additional printouts of this page (online at swimuu.org) for EVERY TWO participants!

My Name is	My Email Address is		
While I'm thinking about it, I want to be sure to get			
SWIM Mugbooks: The SWIM photo directory (\$8/each due at SWIM) I would Hoodie (Hooded Sweatshirt): I would like: XXLXLL Long-sleeve T-shirt: I would like: 3X XXLXLL	_ M S Y (\$2 M S Y (\$	7/each due at SWIM) 22/each due at SWIM)	Mugs & T's
□ Women's Vee Neck: I would like: 3X XXLXL L □ Regular T-shirt: I would like: 3X XXLXL L M			\$
Workshops & Outdoor Adventure Trips for Me			
Number Workshop or Trip Name	Days	Times	Fees
			\$
			\$
			\$
			\$
			\$
			\$
			\$
			\$
Volunteer Shift (1 per adult) Co-op Shift (adults in Family Dorm) Alternate Alternate	Shift Codes: Use these the set of	Sat Sun Mon Tue Wed Thu	Activity Fee Subtotal
Hmm, I think \Box I can help with trips! \Box I can drive on trips!	Lunch 11:30am - 2:30pm	B1 B2 2 B4 B5 L1 L2 2 L4 L5 D0 D1 D2 D4 D5	\$
My Driver's License Number is	Dinner 4:30pm – 7:30pm Serendipity1 8:30 – 11:30	S0 S1 S2 S3 S4 S5	Activity Fees and Mugbook
My Auto Insurance Company is	Serendipity2 10:30 - 1:30	C0 C1 C2 C3 C4 C5	& T-shirt
Please read the Refund Policy and watch for conflicting activities.	Childcare Co-op shifts for ad Dorm Watch 9pm – 12am Staff are asked to cover an	W0 W1 W2 W3 W4 W5 nfo desk shift if they can.	Fees will be totaled on page 1.
My Co-Registrant's name is	Info Desk 9am – 12:30pm Info Desk 12:30 – 4:30pm	M1 M2 M3 M4 M5 A1 A2 A3 A4 A5	
Co-Registrant's Email is	Info Desk 4:30pm - 8pm	E0 E1 E2 E3 E4 E5	
While I'm thinking about it, I want to be sure my friend/family member gets SWIM Mugbooks: The SWIM photo directory (\$8/each due at SWIM) I would Hoodie (Hooded Sweatshirt): I would like: XXLXLL Long-sleeve T-shirt: I would like: 3X XXLXLL Women's Vee Neck: I would like: 3X XXLXLL Regular T-shirt: I would like: 3X XXLXLL	_ M S Y (\$2 M S Y (\$ M S (\$17/each	7/each due at SWIM) 22/each due at SWIM) due at SWIM)	Mugs & T's
	· 3 · (\$12/e		*
Workshops & Outdoor Adventure Trips for My Co-Registrant Number Workshop or Trip Name	Days	Times	Fees
	Days		
			\$
			\$
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			\$
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			\$
			\$
			\$
Volunteer Shift (1 per adult) Co-op Shift (adult in Family Dorm) Alternate Alternate	While I'm thinking about Can help with trips! DL# is	can drive on trips!	Activity Fee Subtotal
If offering to drive, please have your driver's license copied at registration.	Insur Co is		\$

Jean McCauley is a licensed physical therapist who has taught at SWIM many times.

Wednesday, Day 4, 10-12 am, Free

BEACH DAY 9:00 until 1:30

Afternoon

No scheduled afternoon workshops

Late Afternoon Community Time 4-5pm

331 Beer Tasting See #033. Wednesday, Day 4, 4-5 pm, Age 21+

COFFEEHOUSE 8:30 to 10:00 pm

Day 5 Thursday

Morning

411 Poncho's Never Ending...Meaning of Life...Workshop

This is one of SWIM's most popular workshops. Come with an empty string and gather pearls of wisdom from Poncho and your fellow Swimsters. The theme this year is "The Meaning of Life- Various Points of View".

Poncho Heavener doesn't like to brag about himself, so he hasn't given us any biographical information in years. We love him anyway.

Thursday, Day 5, 10-12 am, Free

412 Native Plants for Florida Gardens Learn what Ernie suggests for Florida gardens. Ernest Wilson has led nature trips at SWIM for many years. You will find him knowledge-

able, interesting, and fun! Thursday, Day 5, 10-12 am, Free

413 Web 2.0 Programming with GWT, Part II See #013. Thursday, Day 5, 10-12 am, Free

Afternoon

421 From Perfectionism to Excellence Have you ever felt that your best was not good enough? If so, you may be a perfectionist. Participate with us in an interactive workshop geared towards shifting our focus away from perfectionism and towards excellence. Making a mistake can be seen as an opportunity instead of a failure. Let's move forward together. **Stephanie Schleider is a teacher and academic coach. She has led workshops in communication for the past 9 years.** Thursday, Day 5, 2-4 pm, Free

#422 Conspiracy Theory, Part II See #124 Debate continues. What can we do? Thursday, Day 5, 2-4 pm

Late Afternoon Community Time 4-5pm

431 Kite Flying

Show up. Have Fun! Kites will be there thanks to our SWIM Director, **Susan Enwright.**

She Rocks! Thursday, Day 5, 4-5 pm, Free

432 Rumor...Bocce Ball Tournament? See #222. It could happen. Check it out. Thursday, Day 5, 4-5 pm, Free

OUTDOOR ADVENTURES

We're very excited to be back at Owaissa Bauer and have planned many exciting activities in the Homestead/Miami area. Some trips are quite adventurous while others are tame, so read the descriptions carefully to ensure the trip matches your abilities.

Space on trips is limited and some trips require advance reservations, so be sure to sign up early to get your space reserved. Once a trip is full, please contact **Meredith Machler, Cay Cahalin,** or the registrar to see if there are other options for that trip. If you're willing to drive your own car (and take others with you), SWIM will reimburse you but you **must** get a voucher from Meredith or Cay **prior** to the trip departure. You may add a trip until the time it leaves, if there is room. **Drivers must** refrain from use of alcohol and must provide their driver's license and proof of insurance.

For most off-site trips, sturdy, comfortable walking shoes should be worn. For all canoe and kayak trips, sandals/flip flops or **Crocs are not allowed and shoes must be ones you can get wet or muddy.** Cheap water shoes with a rubber sole are great or anything that can be tied or closed securely with Velcro will be accepted. **Please read the "Safe Trip Box" page 10 and trip descriptions carefully and come prepared, as we can't take you with us if you do not have the appropriate footwear, gear, and clothing at the scheduled departure time.** We will provide life jackets which must be worn on water trips.

In South Florida, in December, the weather can range from hot to cold and anywhere in between. We'd love sunshine and temperatures in the 70's, but be prepared for anything from 32° to 90°, sunshine to heavy rain. Bring clothing that can be layered for warmth and protection from wind, rain, and sun, and which can be shed as the temperatures and your physical efforts increase.

Trips leave on time - the time listed in

the brochure. Please arrive early and at least 10 minutes prior to departure time. Be sure to bring all required clothing, equipment, and water. If you are not there by the time the vans are loaded, your space may be given away. A light breakfast will be available for the trips that leave early. Some trips leave before or during breakfast - be sure to have breakfast BEFORE departure time. We will not wait for you to eat.

Children are welcome on many of our trips. Age restrictions are included in the trip descriptions. Florida law requires the use of car seats for children under the age of 3 and strongly suggests the use of booster seats for children 3-5 years old. You must supply your own child seat. If you are leaving children at camp, they must be under the care of a responsible adult. If your trip will extend beyond the times for Youth Programming, you must arrange for their care and supervision.

Day 1 Sunday 12/27

511, 12, 13 Shark Valley Tram Tour 8:30am-12:30pm

A 2 hr. guided tour through the northern most section of the Everglades National Park. You may see alligators and other native Florida wildlife, including the endangered Snail Kite. Along the way, you'll stop at an observation tower that provides a spectacular view into the "River of Grass".

All ages. Limit 11.

511 Seniors. (62+) **\$20** 512 Adults **\$21**

513 Youth (<12) \$16

514 Owaissa Bauer Walk

9:30-11:30 am

See Safe Trip Box page 10 Join our resident botanist, Ernie Wilson, on a walking tour of our camp. Discover the biologically diverse areas of the park and learn about the plants and animals that reside here. You'll also descend into a sink hole and see some very rare ferns. All ages. No limit.

\$3

515 Youth Trip to Knaus Berry Farm 10:30am-12:00pm

The Youth and Youth staff will visit Knaus Berry farm and may pick strawberries &/or tomatoes (if they're ripe) or may buy some to make goodies with later in the week. *This is a planned activity for youth enrolled in the Youth Program. Your child will be automatically signed up for this trip.* **Erroe**

Free

521 King Mango Strut 12:30-5:30pm

Miami's most outrageous mock-parade

provides a surreal and comical all-ages afternoon of entertainment. Bring your kazoos and craziness! You'll have time to shop in Coconut Grove too!

All ages. Limit 22. \$7

522 Thai Buddhist Temple

1:00-5:00pm

Visit a local Theravada Buddhist Temple for a period of meditation and conversation with the monks. Please visit their website. WatMiami.org, ahead of time to be sure to observe the temple guidelines for dress and appropriate behavior. Ages 13+. Limit 6.

\$4

523 Youth Owaissa Bauer Walk 3:00-4:00 pm

See Safe Trip Box page 10

Ernie will take the Youth and Youth Staff on a walk around the camp to introduce them to the diverse plant and animal life and to familiarize them with the landscape of the camp.

This is a planned activity for youth enrolled in the Youth Program. Your child will be automatically signed up for this trip. Youth & Youth Staff only. Free

531 Shark Valley Bike 8:30am-4:00pm

See Safe Trip Box page 10

Bike on a paved trail (15 miles round trip) to an observation tower, in the scenic heart of the River of Grass. You'll see the diverse geography of the area, birds, and other wildlife. Bikes can be rented for \$6.25/hr. and the trip takes approximately 3 hrs. Helmets are required and are available at no extra cost. Lunch included. Ages 13+. Limit 6. \$8 + \$\$ for rentals.

532 Day Sail (clothed) 9:00am-5:00pm

See Safe Trip Box page 10 Sail the warm, protected waters of Biscayne Bay with an experienced captain. Lie back and enjoy the sun or try your hand at the wheel and trimming the sails. We'll anchor for lunch and a swim break. This trip is "clothed" (a "clothing optional" trip will be offered on Monday - 635). We'll stop for beer, wine, and munchies on the way to the docks. Bring money for snacks. Lunch included.

Ages 13+

\$42 + \$\$ for snacks

541 Dinner Out @ Tap Tap & Driving **Tour of South Beach** 5:30-8:00 pm

Part restaurant, part art gallery, and part cultural center, Tap Tap is a South Beach favorite. It features authentic classic Haitian \$3 + \$\$ to shop/admission into park food and a collection of culturally interpretive art. After dinner, we'll take a driving tour of South Beach and the Art Deco district. Entrees range from \$7-20 (with some slightly higher due to Market Price). All ages. Limit 23.

\$7 + \$\$ for dinner & drinks

542 Teen Night Sail

6:30pm-12:30am We'll sail around Biscayne Bay, under the stars and moonlight. We'll stop on the way to buy munchies. Bring money to buy snacks. Teens only. \$16 + \$\$ for snacks

Day 2 Monday 12/28

611 Birding at Catellow Hammock 8:00-11:30 am

See Safe Trip Box page 10 Catellow Hammock is a 112-acre park and preserve with a mature tropical hardwood forest and a ¹/₂-mile self-guided trail. There is also a butterfly and hummingbird garden in front of the nature center and hummingbird sightings are common. Painted buntings frequent the area from Fall to Spring. Ages 10+. Limit 6.

\$4

612, 13, 14 Fruit & Spice Park 9:30am-12:30pm

This 32-acre park is the only tropical botanical garden of its kind in the US. It features over 500 varieties of exotic fruits, vegetables, herbs, spices, nuts, and other commercially important plants from around the world. The 45 minute tour starts at 11. Wear comfortable walking shoes and bring money to shop in the gift shop. Visitors are invited to munch at their tasting counter inside the store. Bring \$\$ for shopping.

All ages. Limit 11.

612 Adults (>12) \$11 613 Children (6-12) \$5 614 Children (<6) \$4

621 Local Bike Tour 1:00-4:00pm

See Safe Trip Box page 10 Self-guided bike tour from our camp, heading first to Knaus Berry Farm, the German Baptist bakery and market (try the cinnamon buns or a milkshake). Continue to the Fruit & Spice Park (admission is \$7/adult, \$1.50/child 6-12, and children under 6 are free) and walk around or take the 3pm tour. Bring money to shop. You supply the bike or maybe you can borrow one from a friend at the camp. Helmets are required.

Ages 9+ (or younger if in a child seat not provided). No limit.

622 Teen Thrifting

1:00-5:00pm

This is a planned activity for teens enrolled in the Teen Program. Your teen will be automatically signed up for this trip. See Teen section for details.

Free + \$\$ for shopping.

631, 32, 33 Flamingo Boat Tours 8:00am-4:00pm

See Safe Trip Box page 10 Choose between the Back Country tour that takes you deep into the Everglades National Park or the Florida Bay tour that takes you into the open waters of Florida Bay to explore the Keys off the southern-most portion of the Glades. Lunch included. All ages. Limit 11.

631 Adults (>13) \$36 632 Children (5-13) \$22 633 Children (<5) \$9

634 Get to Know/Re-know Homestead 9:00am-5:00pm

Visit some of our old favorites with Cav Cahalin. You'll start the morning at Knaus Berry Farm, a German Baptist bakery and market (try the cinnamon buns or have a milkshake), then on to the famous Robert is Here fruit and vegetable market. You'll have $1\frac{1}{2}$ hrs. of free time in downtown Homestead to do a little antiquing and eat lunch (maybe Mexican or some of what you bought at the markets?). Your next stop is a visit to Pine Ridge Orchids, a commercial nursery that sells wholesale to the public. You'll finish up at the Schnebly Redlands Winery. Shop in their Tropical Farmer's Market, where you can purchase any of their wines or local Redland's fresh fruit. Wine tastings are \$6 or \$7 (keep the glass and bring back for more tastings for \$5). Tours are \$7.

Ages 18+. Limit 6.

\$7 +\$\$ to shop and for lunch and wine tasting.

635 Adult Sail (Clothing Optional) 9:00am-5:00pm

See Safe Trip Box page 10 See trip 532 for full description. The only difference is this trip is clothing optional, so if you're modest, you will want to go on the "clothed" trip (532) instead of this one. Lunch included.

Ages 18+. Limit 6. **\$42 + \$\$ for snacks.**

641 Dinner Out at Casavana

5:50-8:00pm

A local family restaurant serving home-

style Cuban favorites. The environment is chic and comfortable. Entrees range from \$7-13.

All ages. Limit 17. \$4 + \$\$ for dinner & drinks

642 Night Sail 6:30pm-12:30am

See Safe Trip Box page 10

Sailing at night is very different – the sea is black, the stars are bright, the world is quiet. Bring your musical instruments and strong voices and we'll fill the air with music, storytelling, and laughter. We'll stop for beer, wine, and munchies along the way so bring money to buy snacks.

Ages 18+. Limit 6. \$42 + \$\$ for snacks

643 Teen Funky Formal Bowling 8:00-11:00pm

This is a planned activity for teens enrolledParkin the Teen program. Your teen will be2:00-automatically signed up for this trip.The YSee Teen section for details.nature

Free + \$\$ for snacks

Day 3 Tuesday 12/29

711 Thrifting

8:30am-12:00pm

Shop for trinkets and treasures at local thrift shops. Maybe even find that perfect outfit and/or accessories for the New Year's Party.

Ages 13+. Limit 11. \$4

712 Everglades Pineland Walk 8:30am-12:00pm

See Safe Trip Box page 10 Join Ernie Wilson on an interpretive 4-mile walk in the Long Pine Key area of the Everglades National Park. The pinelands are the most diverse habitat in the park. It consists of a slash pine forest, saw palmetto, and over 200 species of subtropical plants and is one of the last refuges for the elusive Florida Panther. Wear sturdy, comfortable walking shoes.

Ages 13+. Limit 6. \$8

721,22,23,24 Coral Castle

1:00-4:00pm

Built single-handedly, mysteriously, and secretly by one man, Ed Leedskalnin, to impress the woman who jilted him at the altar, the Coral Castle is an engineering feat that may rival the building of the pyramids. The castle and its contents are all carved from 1000's of tons of coral rock.

All Ages. Limit 11. 721 (Adults>12) \$13 722 (Children 6-12) \$8 723 (Seniors 62+) \$9 724 (Children <6) \$3

725, 26 Everglades Alligator Farm and Airboat Tour

1:00-5:00pm

Take a "fast and furious" airboat ride into the Everglades and see wildlife exhibits, an alligator show, and other shows. Learn the difference between alligators and crocodiles and what's involved in alligator farming. **Caution: airboat speeds may make contacts uncomfortable and the noise may scare some children so please use discretion in bringing children on the airboat ride.** *Bring money to shop in the gift shop.* **Ages 4+. Limit 6. 725** (Adults >12) **\$27**

726 (Children 4-12) \$19

727 Youth Trip to Catellow Hammock Park

2:00-4:00pm

The Youth and Youth Staff will visit this nature preserve and will explore the ¹/₂ -mile trail, visit the nature center, and check out the butterfly and hummingbird gardens. *This is a planned activity for youth enrolled in the Youth Program. Your child be automatically signed up for this trip.*

Free.

731, 32 Pennekamp Snorkel 7:45am-2:00pm

See Safe Trip Box page 10 The living, shallow-water coral reefs of the Florida Keys National Marine Sanctuary are vibrant with color and activity. The 2 ½ hr. tour includes some instruction about the reef and how to use your snorkel. You'll have 1 ½ hrs. in the water. Mask and fins can be rented for \$2 and snorkels can be purchased for \$5 (yours to keep). <u>Only</u> <u>competent deep water swimmers are al-</u> <u>lowed on this trip.</u> Bring money for rentals and purchase of your snorkel (or bring your own equipment). Lunch included.

Ages 10+. Limit 6. 731 (Adults >18) \$40 732 (Children <18) \$35

733, 34 Pennekamp Glass Bottom Boat Tour

See Safe Trip Box page 10 7:45am-2:00pm

Enjoy a unique glimpse into the serene underwater world of a living reef in style and comfort aboard a glass bottom boat. You'll visit various areas of the Florida Keys National Marine Sanctuary including shallow reefs teeming with wildlife. Lunch included. **All ages. Limit 6.**

733 (Adults >12) \$32

734 (Children <12) \$25



735 Indian Key Canoe 8:00am-5:00pm

See Safe Trip Box page 10 Only a short paddle out, but Indian Key is both a historical site, with ruins of a village, and an excellent shallow water snorkeling location. We'll take a self-guided tour of the island then spend the rest of the day sunning, snorkeling, exploring on your own, or just hanging out in the sun. *Bring your mask, fins, and snorkel.* Lunch included.

Ages 13+. Limit 12.

\$32

741 Dinner Out at Sundowner's 4:00-8:00 pm

Enjoy a fresh seafood dinner, <u>on</u> the beach of Key Largo, as you watch the sun set over glorious Florida Bay. **This trip leaves early so you'll have time to sit down at your table and watch the sun set as you eat** (sun set is at 5:42pm). Entrees range from \$12-36.

All ages. Limit 17. \$8 + \$\$ for dinner and drinks.

742 Teen Night Canoe

11:00pm-4:00am

Canoe under the moonlight and explore the mangroves of Steamboat Creek. Maybe even stop for a moonlight swim! We'll stop on the way to buy munchies. *Bring money for snacks*.

Teens only. Limit 12. \$16 + \$\$ for snacks.

Day 4 Wednesday 12/30

811 Community Beach Trip 9:00am-1:30pm

See Safe Trip Box page 10 Everyone is invited to join us for a fun day on the beach. All the Youth and Youth Staff will be going (and transportation will be provided for them) and we encourage their families to join them. Child seats must be provided for children under 3 y/o. We'll swim, play, hang out, and have a picnic together. This trip is free and because everyone is invited, we'll have to carpool to get everyone there. A volunteer sign-up sheet

will be available at registration and the Information Desk. There is a \$1.25 toll to cross the Rickenbacker Causeway and a parking fee. Because it is a community trip, if you volunteer to drive, you'll be responsible for the toll and parking fee and will not be reimbursed for gas for this trip. Crandon Beach is located on Key Biscayne and is consistently named one of the nation's Top 10 beaches. Located within Crandon Park, there are a promenade, concession stands, changing rooms, showers, rest rooms, bicycle and walking paths, and an amusement center with an outdoor roller-rink, a carousel, a splash fountain, and a playground. Bring your swim suit, towel, beach blanket/chairs, sunscreen, musical instruments, and fun beach games or cards to share or maybe just a good book. Also bring some money if you want to visit the amusement center or buy anything from the concession stands. Lunch included.

Note to parents: Please have your youth ready to go, with their gear, at breakfast and check them in at 9:00am at the vans. All ages. No Limit. Free \$\$ for shopping

821 9-Mile Pond Canoe 12:15-6:00pm

See Safe Trip Box this page

A great trip for the not too experienced paddlers, although ingenuity and resourcefulness will be required. Some paddling instruction will be included. This is not your ordinary canoe trail. Your leader, Chuck Harty, will guide you through twists and turns through mazes of mangroves and saw grass. This is an excellent place to experience the alligators, birds, and other wildlife of the Everglades.

Ages 13+. Limit 12. \$32

822 Women In Water 1:30-4:30pm

See Safe Trip Box this page Relax in the congenial company of SWIM women while enjoying a lovely pool and hot tub of a local SWIM friend. For women only. Clothing optional – privacy assured.

Ages 18+ (women only). Limit 6. \$7

823 Nature's Cathedral Swamp Tromp 1:30-6:30pm

See Safe Trip Box this page Join Ernie Wilson on a journey through saw grass, into a Cypress Dome, with water up to your hips. You'll see ferns and orchids in the most beautiful part of the Everglades. This trip is recommended for anyone who

really likes to be wet and dirty. Wear sturdy shoes you don't mind getting wet and muddy and long pants and bring a dry change of clothes. Ages 13+. Limit 6. **\$8**

831 Teen Mystery Trip 8:00 am-5:00 pm See teen section for details. Free + \$\$ for snacks/drinks & whatever else along the way

841 Dinner out at Miyagi's

5:30-8:00pm

Enjoy a traditional Japanese dinner or fresh sushi made by an award-winning sushi chef. Entrees range from \$9-23 and individual sushi rolls range fro \$4-20.

All ages. Limit 6.

\$4 + \$\$ for dinner and drinks.

842 Night Canoe 8:30pm-1:30am

See Safe Trip Box this page We'll canoe under the stars and moonlight in Steamboat Creek, through the mangroves between Card and Barnes Sounds. Listen for alligators and flying fish and watch for natural phosphorescence that occurs in these waters.

Ages 13+. Limit 12. \$32

Day 5 Thursday 12/31

911, 12, 13, 14 Fairchild Tropical Botanical Garden

8:30am-12:00pm

One of the world's preeminent botanical gardens, with extensive collections of rare tropical plants including palms, cycads, flowering trees, tropical fruit trees, vines, and succulents. An international leader in tropical plant conservation, Fairchild Tropical Botanic Garden plays an important part in preserving the biodiversity of the tropical environment. Take the 45- minute Tram Tour, one of the $1\frac{1}{2}$ hour walking tours, or just explore on your own. Bring money to shop in the gift shop.

All ages. Limit 11.

911 (Adults 18+) \$24 912 (Seniors 65+) \$19 913 (Children 6-17) \$14 914 (Children < 6) \$4

915 Youth Wildlife "Hunt"

9:30am-12:00pm

The Youth and Youth staff will take a guided tour on the Anhinga Trail, in the Everglades National Park. Their guide, Tara Adinolfi, will lead them on a boardwalk trail and will introduce them to the wildlife of the Everglades. They may see

alligators, turtles, and many varieties of birds and plants.

This is a planned activity for youth enrolled in the Youth Program. Your child will be automatically signed up for this trip. Free

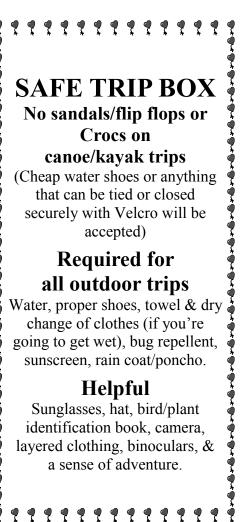
921 Hot Tubbing

12:30-4:30pm

One of our most popular trips. We will be returning to Magic Waters, a lavish and immaculately maintained hot tub center. Tub rooms accommodate 6-8 people and the "executive" tub holds 12 and has a sauna adjacent to it. They provide towels, showers, hair dryers, and stereo music. No glass containers, soap, shampoo, or oils are allowed in the tubs. Bathing suits are optional and unlikely. Bring money for snack/drink machines and tips for the towel custodians.

Ages 18+. Limit 23. \$36 + \$\$ for tips and drinks

922 Teen Beach Day 10:00am-3:00pm See Teen section for Details Free



SWIM Community Behavioral Expectations

SWIM has long asked participants to sign a brief statement regarding appropriate behavior at SWIM, but we believe that expanding and clarifying that statement is in order. Our behavioral expectations are for the entire community, with specifics for teens.

SWIM is an intentional community. We expect behavior that contributes to the spirit of community rather than detracting from it.

Drug use by anyone and alcohol use by minors will not be tolerated. Florida law prohibits use of tobacco by minors and distribution of tobacco to minors. Distribution of drugs to anyone, and of alcohol to minors is unacceptable. Firearms are not permitted at camp. Sexual harassment is demeaning, abusive of our community, and is thus not tolerated. Violation of these behavioral expectations, depending on the severity of the infraction, may result in removal from SWIM. In addition, all gathering places and entrances are smoke free.

Our Teen Program, too, is grounded in a community of love and respect. Exclusive relationships detract from the teen community. Sexual activities are to be avoided. Infraction of these behavioral policies will result in disciplinary action appropriate to the offense and will be determined by the teen community, teen staff, and SWIM director. Consequences may include but are not limited to removal from the teen dorm, expulsion from SWIM, or a private discussion with the teens involved, teen co-coordinators, SWIM director, and parents.

Parents/guardians are expected to discuss with their teens SWIM behavioral expectations and their own expectations regarding appropriate behavior at SWIM.

Revised & adopted by the SWIM board 9-2009

SCHOLARSHIPS

First priority will go to requests received by Thanksgiving weekend, since we want to respond by December 1st. If you are requesting a scholarship or more information, please note this on your registration form and contact any member of the scholarship committee, Susan Enwright, Pete Leary Doug Hughes, or Mary Ann Somervill. Guidelines are available online.

www.swimuu.org

CU2C2

SWIM is a member in good standing of the Council of Unitarian Universalist Camps and Conferences, an Independent Affiliate of the UUA, which was formed to provide support for our efforts in establishing and running programs for UU intentional communities. Part of SWIM's registration fees goes toward our annual membership dues to support CU2C2.

Post press time:

For up-to-date Information, Corrections, or Cancellations go to the SWIM website at www.swimuu.org and to Register Online go to www.swimreg.org

THE PRINCIPLES OF THE UUA

- We, the member congregations of the Unitarian Universalist Association, covenant to affirm and promote:
- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.
- The living tradition which we share draws from many sources:
- Direct experience of that transcending mystery and wonder, affirmed in all cultures, which moves us to a renewal of the spirit and an openness to the forces which create and uphold life;
- Words and deeds of prophetic women and men which challenge us to confront powers and structures of evil with justice, compassion, and the transforming power of love;
- Wisdom from the world's religions which inspires us in our ethical and spiritual life;
- Jewish and Christian teachings which call us to respond to God's love by loving our neighbors as ourselves;
- Humanist teachings which counsel us to heed the guidance of reason and the results of science, and warn us against idolatries of the mind and spirit.
- Spiritual teachings of earth-centered traditions which celebrate the sacred circle of life and instruct us to live in harmony with the rhythms of nature.
- Grateful for the religious pluralism which enriches and ennobles our faith, we are inspired to deepen our understanding and expand our vision. As free congregations we enter into this covenant, promising to one another our mutual trust and support.

 Passed by majority vote at the Unitarian Universalist Association's 1984 General Assembly

	Day 1, 12/27	Day 2, 12/28	Day 3, 12/29	Day 4, 12/30	Day 5, 12/31
Morn 10-12	011 Knit With Dee 012 Stock Investing 013 Web 2.0 Pro- gramming With GWT	 111 Spindle Spinning, pt 1 112 Stuffed Animal ER 113 Women Writing Wickedly 114 Fitness for the Not So Physically Fit Female 	211 Creating Rituals for Empowerment & Prosper- ity 212 Chain Maille for Your Wrist 213 Science and Religion	 311 State of the Universe 312 Broadway Sing- Along & Quiz 313 Massage with Jean BEACH DAY until 1:30 	 411 The Meaning of Life (at least for today) with Poncho 412 Florida Gardening 413 Web 2.0 Programming
After- noon 2-4	021 Making Mobiles 022 Well Loved Po- ems 023 Life Fulfillment 024 Beadwork Rings, pt 1	121 Spindle Spinning, pt2 122 Partners' Yoga 123 Croquet & Tea ala Alice 124 Conspiracy Theory 101	221 Using iMovie & iPhoto 222 Bocce Ball is Back 223 Beadwork Bezels, pt 2	Good time to Pre-pack or Practice for Coffeehouse	421 From Perfectionism to Excellence 422 Conspiracy Theory 101, pt 2
			THANK YOU TEENS For volunteering all day	VOTE today For SWIM Board	
Late After- noon 4-5	031 Beadwork Help Ses- sion 032 40 th Woodstock Anniversary Sing-Along 033 Beer Tasting	131 Tarot Reading132 Happy Feet133 Beer Tasting	231 Beadwork Help Session232 More Woodstock Music233 Beer Tasting	331 Beer Tasting	431 Kite Flying 432 RumorBocce?
Eve 8-9	041 Wine Tasting	141 Wine Tasting	241 Wine Tasting AUCTION 9:00-10:00	COFFEEHOUSE 8:30 to 10:00 pm	Gala New Years Eve Party

ONSITE WORKSHOPS Carefully read your confirmation newsletter for changes to workshops and trips

11-1 am BBQ

11-1 am BBQ

OUTDOOR ADVENTURES

You can register online at WWW.SWIMREG.ORG

	Day 1, 12/27	Day 2, 12/28	Day 3, 12/29	Day 4, 12/30	Day 5, 12/31
Morn	511/12/13 8:30-12 Shark Valley Tram Tour 514 9:30-11:30 Owaissa Bauer Walk 515 10:30-12 Youth Trip to Knaus Berry	611 8-11:30 Birding at Catellow Hammock 612/13/14 9:30-12:30 Fruit & Spice Park	711 8:30-12 Thrifting 712 8:30-12 Everglades Pinelands Walk	811 9-1:30 Community Beach Day	911/12/13/14 8:30-12 Fairchild Tropical Botanical Garden 915 9:30-12:00 Youth Wildlife "Hunt"
After- noon	521 12:30-5:30 King Mango Strut 522 1-5 Thai Buddhist Temple 523 3-4 Youth Nature Walk with Ernie	621 1-4 Local Bike Tour 622 1-5 Teen Thrifting	721/22/23/24 1-4 Coral Castle 725/26 1-5 Everglades Alligator Farm & Airboat Tour 727 2-4 Youth Trip to Catellow Hammock Park	821 12:15-6 9-Mile Pond Canoe 822 1:30-4:30 Women In Water 823 1:30-6:30 Nature's Cathedral Swamp Tromp	921 12:30-4:30 Hot Tubbing
All Day	531 8:30-4 Shark Valley Bike 532 9-5 Day Sail (Clothed)	631/32/33 8-4 Flamingo Boat Tours 634 9-5 Get to Know/ Re-know Homestead 635 9-5 Adult Sail (Clothing Optional)	731/32 7:45-2 Pennekamp Snorkel 733/34 7:45-2 Pennekamp Glass Bottom Boat 735 8-5 Indian Key Canoe	831 8a-5p Teen Mystery Trip	
Eve	541 5:30-8 Dinner Out at Tap Tap 542 6:30-12:30 Teen Night Sail	 641 5:30-8:30 Dinner out at Casavana 642 6:30-12-30 Night Sail 643 8-11 Teen Funky Formal Bowl 	741 4-8 Dinner Out at Sundowner's742 11-4 Teen Night Canoe	841 5:30-8:30 Dinner Out at Miyagi's 842 8:30-1:30 Night Canoe	Gala New Years Eve Party